

Health + Wellness Design Document

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Appendix

- Integrative Design Charette: Health + Wellness - Meeting Notes
- Integrative Design Charette: WELL v2 + Site Analysis - Meeting Notes

Health-Oriented Mission

The following document details the project's health-oriented mission and has been produced in consultation with all stakeholders.

Two integrative design charrettes were held to discuss health and wellness – a Health + Wellness Charrette held on 10/18/2018 and a WELL v2 Charrette held on 11/06/2018. The outcomes of those charrettes have been summarized to create this document.



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- I. Project Goals for Health and Wellness:
 - Stress reduction / support mental health and emotional well-being
 - Daylight / optimal daylighting
 - Social connections / connectedness
 - Exercise / activeness
 - Good air quality
 - Sensory richness - soundscape, textures, natural materials, air movement, sense of life outside
 - Enhanced cognitive function
 - Artificial lighting temperature affects
 - Access to healthy foods/snacks
 - Being outdoors
 - Space that promotes movement, positive mental health, natural light, social interaction if appropriate
 - Varied, to accommodate a variety of personalities and activities
 - Safety
 - Groundedness
 - Respond to deeply seated human desire for complexity in space, material, form, light, etc.
 - Execute the design in the field

- II. College of Nursing Objectives:

The project objectives outlined above align with the health-oriented mission and core goals of The Ohio State University College of Nursing, which specifically address the promotion of health and wellness through education and research. This project not only supports the functions necessary for those goals to be achieved, but also directly enhances the health and wellness of each occupant through various design strategies.

Vision

The world's leader in thinking and achieving the impossible to transform health and improve lives.



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Mission

We exist to dream, discover, and deliver a healthier world.

Core goals

- Produce the highest caliber of nurses, leaders, researchers and health professionals who LIVE WELL (Lead, Innovate, Vision, Execute, and are Wellness Focused, Evidence-based, Life Long Learners, and Lights for the World, making a local to global impact) and are equipped to effectively promote wellness, impact policy, and improve health outcomes across multiple settings with diverse individuals, groups and communities.
- Sustain innovative high quality educational programs that epitomize student-centered interprofessional learning, which yield exceptional diverse graduates across all levels as evidenced by:
 - pass rates on NCLEX above 95%;
 - advanced practice nursing certification exam pass rates above 95%; and
 - U.S. News & World Report Rankings in the top five.
- Increase sponsored award dollars by at least 15% each year to move to the top 10 in NIH funding for colleges of nursing by conducting innovative transdisciplinary research that leads to the discovery and testing of interventions that improve the health and wellness of diverse populations across the life-span.
- Empower faculty, staff, students and alumni to achieve their highest career aspirations by enhancing an institutional culture that supports dreaming, discovering and delivering, and an inclusive environment that embraces respect, diversity, positivity, civility and wellness.
- Strengthen our partnerships, locally to globally, to improve the health and wellness of people throughout the university, community, state, nation and world.
- Improve the health outcomes of diverse populations, which also accommodates growing enrollment in the College of Nursing's nurse practitioner (NP) programs, by increasing the number of nurse practitioner practices or expanding current practices by at least one each year.
- Ensure financial security for the College of Nursing and additional funding for expanded high quality space and key strategic initiatives.
- Increase student and alumni engagement in the College of Nursing's strategic initiatives.
- Enhance healthcare quality, health outcomes and academic programming through the Helene Fuld Health Trust National Institute for Evidence-based Practice.
- Differentiate the College of Nursing as a national and international leader in:
 - interprofessional education,
 - intervention and translational research,
 - evidence-based practice,

- wellness,
- innovation and entrepreneurship,
- community engagement, and
- global impact.

Core values

- Excellence
- Collaboration and authenticity
- Curiosity and intellectual rigor
- Integrity and personal accountability
- Openness, trust, respect, and civility
- Innovation and change
- Diversity in people and ideas
- Empathy and compassion
- Personal and professional wellness
- Transformational leadership
- Positivity
- Healthy discourse



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III. Site Analysis:

The project's health-oriented mission accounts for building site selection and/or conditions, including the following site considerations:

- Parking is an ongoing challenge; include as many modes of transportation as possible.
- Can entries and exits from building allow connection or views to existing outdoor spaces? Or views / fenestration?
- Security is important. Building needs to be secure when not open.
- Can an outdoor kitchen, including fire/BBQ pit, be considered? Possible tailgating events.
- Wellness activities should be visible to Neil Avenue and outside surroundings.
- Exterior spaces want to be both inviting and reserved. Private spaces are more important. Large interior spaces should open up to outside.
- Need to consider reusing rainwater – look at Grange Audubon, Cunz Hall, and Jennings gardens.
- Need to consider planting, probably not on the ground – in planters.
- Where does Percent for Art occur? Inside, outside or both? “Active” art?

IV. WELL Building Standard:

Based on the project objectives and specific site factors, the project has incorporated the ten WELL concepts – Air, Water, Nourishment, Light, Movement, Thermal Comfort, Sound, Materials, Mind and Community – with emphasis on air quality, movement and activeness, mental and emotional well-being, and connections through community.



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- V. Operations and Maintenance Plans
Integrates operations and maintenance plans for facility managers and personnel managing policy requirements related to health and well-being.

<insert O&M plans>

This Document to be included in the WELL Feature Guide established for Feature C01: Health and Wellness Awareness.



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