

Bachelor of Science in Health and Wellness (HW)

Sample four-year curriculum

Year 1: Fall Semester Coursework		Year 1: Spring Semester Coursework	
1	General Education Launch Seminar	3	English Prerequisite* [^]
4	Biology Prerequisite* [^]	3-5	Physiology Prerequisite*
3	Sociology Prerequisite*	3	Anatomy Prerequisite*
3	HDFS 2400 Human Development		General Education Course
1	HW 1100 General Education Course		
Year 2: Fall Semester Coursework		Year 2: Spring Semester Coursework	
3	HW 2102 Evidence-based Strategies to Optimize Health, Happiness and Well-being	3	HW 2200 Introduction to Health Literacy
3	HW 2210 Dimensions of Wellness and Resilience	3	HW 2780 Scholarship for Evidence-based Practice
4	HW 2220 Wellness in Chronic Conditions	3	SOCIOL 3306 Sociology of Poverty
3	PUBHHBP 3510 Role of Behavior in Public Health or PUBHLTH 2010 Intro to Global Public Health	3	NUR 2367 Writing About Healthcare Issues in the United States
3	HUMNNTR 2410 Science of Human Nutrition or 2310 Fundamentals of Nutrition	2	NUR 4150 Epidemiology Concepts in Nursing and Global Healthcare
		3	BUSMHR 2500 Business Entrepreneurship
Year 3: Fall Semester Coursework		Year 3: Spring Semester Coursework	
3	Psychology 2303 Positive Psychology	3	HW 3230 Coaching for Health Improvement
3	HW 3430 Integrating Culture in Healthcare	3	HW 3220 Health Promotion Strategies for People with Chronic Conditions
3	HW 3240 Health Program Planning & Evaluation	3	HW 3490 Technology-based Health Promotion Strategies
	General Education Course	3	HW Elective
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Year 4: Fall Semester Coursework		Year 4: Spring Semester Coursework	
5	HW 4300.01 Practicum I	5	HW 4300.02 Practicum II
	General Education Course	4	SOCIOL 4629 Health Disparities in Social Context
3	HW Elective		General Education Course
3	HW Elective		General Education Course
		1	General Education Reflection

*Required prerequisite course. These courses must be completed with a C or better in order to be considered for admission.

[^]Fulfills a General Education requirement and a prerequisite or major requirement.

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