

**The Ohio State University
College of Nursing**

Health and Wellness Innovation in Healthcare (HWIH)

College of Nursing
1585 Neil Avenue
Columbus, OH 43210

Through the Health and Wellness Innovation in Healthcare minor, students will be able to develop the health and wellness promotion and coaching skills necessary to succeed in an increasingly complex healthcare environment. They will be able to integrate the dimensions of wellness to address one's personal health needs and those of other individuals across the healthcare continuum. The HWIH minor will provide students with the knowledge and skills needed to design effective wellness strategies and programs to improve health and reduce chronic disease across the lifespan. They will learn to use evidence-based practice to support organizational transformation towards a culture that values and supports a healthy work environment. Upon completion of the HWIH minor, students will be eligible to sit for the National Board Certified Health and Wellness Coaching certificate (NBC-HWC examination).

Required courses:

- HWIH 2200 Introduction to Health Literacy – 3 hrs
- HWIH 2210 Dimensions of Wellness and Resilience – 3 hrs
- HWIH 2220 Wellness in Chronic Conditions I – 5 hrs
- HWIH 3220 Wellness in Chronic Conditions II- 4 hrs
- HWIH 3230 Coaching for Health Improvement – 3 hrs

Health and Wellness Innovation in Healthcare (HWIH) program guidelines

Required for graduation No

Credit hours required A minimum of 18 credit hours of coursework. Students are required to take courses in HWIH.

Transfer and EM credit hours allowed A student is permitted to count up to 6 total hours of transfer credit and/or credit by examination.

Overlap with the GE A student is permitted to overlap up to 6 credit hours between the GE and the minor.

Overlap with the major and additional minor(s)

- The minor must be in a different subject than the major.
- The minor must contain a minimum of 12 hours distinct from the major and/or additional minor(s).

Grades required

- Minimum C- for a course to be counted on the minor.
- Minimum 2.00 cumulative point-hour ratio required for the minor.
- Course work graded Pass/Non-Pass cannot count on the minor.
- No more than 3 credit hours of course work graded Satisfactory/Unsatisfactory may count toward the minor.

Approval required The minor coursework must be approved by the academic unit offering the minor.

Filing the minor program form The minor program form must be filed at least by the time the graduation application is submitted to a college/school counselor.

Changing the minor Once the minor program form is filed in the college office, any changes must be approved by the academic unit offering the minor.

