# BRICS NINR Self-Efficacy

BRICS NINR Self-Efficacy for Managing Chronic Disease

**BRICS Main and Form Administration**

## Main

1. **Global unique identifier number**
   
2. **Subject identifier number**
   
3. **Age in years**
   
4. **Vital status**
   - Alive
   - Dead
   - Unknown

5. **Visit date**

6. **Site name**

7. **Days since baseline**

8. **Case control indicator**

9. **General notes text**

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**Form Administration**

10. **Context Type**
    - Follow-up 1
    - Follow-up 2
    - Follow-up 3
    - Follow-up 4
    - Follow-up 5
    - Other, specify

11. **Context type other text**
12. Data source
   ○ Participant/subject
   ○ Friend
   ○ Chart/Medical record
   ○ Family, specify relation
   ○ Physician
   ○ Other, specify

13. Data source other text

Self-efficacy for managing chronic disease

14. How confident are you that you can keep the fatigue caused by your disease from interfering with the things you want to do?
   ○ 1, Not at all confident
   ○ 2
   ○ 3
   ○ 4
   ○ 5
   ○ 6
   ○ 7
   ○ 8
   ○ 9
   ○ 10, Totally confident

15. How confident are you that you can keep the physical discomfort or pain of your disease from interfering with the things you want to do?
   ○ 1, Not at all confident
   ○ 2
   ○ 3
   ○ 4
   ○ 5
   ○ 6
   ○ 7
   ○ 8
   ○ 9
   ○ 10, Totally confident

16. How confident are you that you can keep the emotional distress caused by your disease from interfering with the things you want to do?
   ○ 1, Not at all confident
   ○ 2
   ○ 3
   ○ 4
   ○ 5
   ○ 6
   ○ 7
   ○ 8
   ○ 9
   ○ 10, Totally confident

17. How confident are you that you can keep any other symptoms or health problems you have from interfering with the things you want to do?
   ○ 1, Not at all confident
   ○ 2
   ○ 3
   ○ 4
   ○ 5
   ○ 6
   ○ 7
   ○ 8
   ○ 9
   ○ 10, Totally confident

18. How confident are you that you can do the different tasks and activities needed to manage your health condition so as to reduce you need to see a doctor?
   ○ 1, Not at all confident
   ○ 2
   ○ 3
   ○ 4
   ○ 5
   ○ 6
   ○ 7
   ○ 8
   ○ 9
   ○ 10, Not at all confident
19. How confident are you that you can do things other than just taking medication to reduce how much you illness affects your everyday life?

○ 1, Not at all confident
○ 2
○ 3
○ 4
○ 5
○ 6
○ 7
○ 8
○ 9
○ 10, Totally confident

20. Mean Score, Managing Chronic Disease 6-Item Scale