

# Alzheimer’s Association Programs

**Please visit website to travel options and eligibility requirements**

Table 1. Ohio Chapters of the Alzheimer’s Association

Association	Website	Phone Number	Counties Served
Central Ohio	<a href="https://www.alz.org/centralohio">https://www.alz.org/centralohio</a>	614.457.6003 or 800-272- 3900	Delaware, Fairfield, Fayette, Franklin, Hocking, Licking, Madison, Marion, Morrow, Perry, Pickaway, Pike, Ross, and Union.
Cleveland Area	<a href="https://www.alz.org/cleveland">https://www.alz.org/cleveland</a>	216.342.5556 or 800-272- 3900	Ashtabula, Cuyahoga, Geauga, Lake, and Lorain.
Greater Cincinnati	<a href="https://www.alz.org/cincinnati">https://www.alz.org/cincinnati</a>	513-721-4284 or 800-272- 3900	Adams, Brown, Butler, Clermont, Clinton, Gallia, Hamilton, Highland, Jackson, Lawrence, Pike, Ross, Scioto, Vinton, and Warren.
Greater East Ohio	<a href="https://www.alz.org/eastohio">https://www.alz.org/eastohio</a>	330-996-7343 or 800-272- 3900	Belmont, Carroll, Columbiana, Coshocton, Guernsey, Jefferson, Mahoning, Medina, Muskingum, Portage, Stark, Summit, Trumbull, Tuscarawas, and Wayne.
Miami Valley	<a href="https://www.alz.org/dayton">https://www.alz.org/dayton</a>	937-291-3332 or 800-272- 3900	Champaign, Clark, Darke, Greene, Logan, Miami, Montgomery, Preble, Shelby
Northwest Ohio	<a href="https://www.alz.org/nw ohio">https://www.alz.org/nw ohio</a>	419-537-1999 or 800-272- 3900	Allen, Ashland, Auglaize, Crawford, Defiance, Erie, Fulton, Hancock, Hardin, Henry, Huron, Knox, Lucas, Mercer, Ottawa, Paulding, Putnam, Richland, Sandusky, Seneca, Van Wert, Williams, Wood and Wyandot

Ohio has six Alzheimer’s Association chapters, and they are an excellent source to locate information about symptoms, disease progression, and available treatments. Through this regional chapters, the Alzheimer’s Association provides a wide array of support services that can help individuals living with dementia and their family and friend caregivers. The strength of these support services is that the majority are available to people living anywhere in the state of Ohio, since most of them are delivered by telephone or online. Alzheimer’ Association services include:

- An 24/7 online and telephone helpline and emergency support
- In-person and/or virtual educational programs and support groups
  - An online community forum, and
  - A community resource finder.

Some Alzheimer's Association chapters also provide care consultation or care navigation services that help families locate needed services and resources.

### **Alz Talks Virtual Events**

Webinars that provide education, information, news, and resources on a variety of dementia and caregiving topics. Examples of past webinars include: *Navigating a Dementia Diagnosis*, *Unconditional Care*, and *Understanding New Alzheimer's Treatments*.

### **Alz Connected**

An online community that provides resources and tools. Members can post questions about dementia-related issues, get and offer support, and create public and private groups around specific topics.

### **Awareness Initiatives and Presentations**

Presentations last around 15-20 minutes each and the topic is tailored to the specific audience. The Alzheimer's Association considers ADRD a public health crisis and, therefore, seeks to educate on risk reduction and early detection as well as to reduce stigma.

## **Care Consultation**

Designed to help people navigate through the difficult decisions and uncertainties people with Alzheimer's and their families face at every stage of the disease through our Care Consultation services. Services include: assessment of needs, assistance with planning and problem solving and supportive listening.

## **Caregiver and Care Partner Support Groups**

A consistent, caring place for discussion of the challenges of caregiving. Caregivers come to share experiences, tips, information, and offer support.

## **Early-Stage Social Engagement Programs**

Offers a comfortable way to get out, get active, and get connected to others who are living in the beginning stage of Alzheimer's disease or other dementias. Activities can include bowling, attending a baseball game, or speaking candidly and confidentially via telephone with others living with dementia.

## **Early-Stage Support Groups**

Offers support for those demonstrating signs and symptoms of Alzheimer's disease or other dementias, but the groups do not diagnose dementia nor determine the stage of dementia (Many locations offer specialized groups for children, individuals with younger-onset and early-stage Alzheimer's, adult caregivers, and others with specific needs).

## **Education Center**

Alzheimer's and dementia courses and programs available online, 24 hours a day. Examples include: *Understanding Alzheimer's and Dementia* and *Effective Communication Strategies*. Resources fall into three categories: Clinical Education, Research Webinars and Public Health.

### **LiveWell Online Resources**

Resources that help empower individuals to take steps to live well for as long as possible, find the confidence to face challenges ahead, and ensure they have a voice in how to live their best life with dementia.

### **Virtual Library**

An online resource center devoted to increasing knowledge about Alzheimer's and other dementias. Tools include: resource lists, databases, publications, and links. Topics include: *About Alzheimer's, Other Dementia Related Conditions, Caregiving, Financial and Legal, Living with Dementia, Medicare-Specific Topics Safety, The Alzheimer's Association, Treatment, Clinical Trials and Prevention and Visiting a Doctor.*

### **24/7 Wandering Support**

A nationwide emergency response service that facilitates the safe return of individuals living with Alzheimer's disease or another dementia who wander or have a medical emergency. This includes 24/7 emergency response, comprehensive health profile, family notification and community help.