

# Transformations

IN NURSING & HEALTH

**LIVE WELL**

IT'S WHAT WE TEACH, IT'S WHAT WE DO

WELLNESS-FOCUSED  
INNOVATE  
LIFE-LEAD  
NO LONG  
EXECUTE  
LEARNERS  
VISION  
EVIDENCE-BASED  
LIGHTS FOR THE WORLD

**LIVE WELL**

# Announcing a new online interdisciplinary master's program at Ohio State

## Master of Applied Clinical and Preclinical Research

As research protocols and the global expansion of medical product development have become increasingly complex, the responsibilities of clinical and preclinical research professionals have increased significantly.

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Applications to the MACPR program are being accepted on a rolling basis. Students may be admitted to the program for entry in fall, spring, or summer semester. Application for fall is due by July 1.

Learn more about MACPR curriculum, requirements or applications at [macpr.osu.edu](http://macpr.osu.edu).



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The Ohio State University College of Nursing

Spring 2014

# Transformations

## IN NURSING & HEALTH

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Cover: Graphic by Sanford Meisel

## Advanced practice nurses needed as preceptors



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For more information about Ohio State's online **DNP Nurse Executive** option, please visit **nursing.osu.edu/dnp**



**Tim Porter-O'Grady** DM, EdD, ScD(h), APRN, FAAN Senior partner, Tim Porter-O'Grady Associates, Inc.; Leadership Scholar, The Ohio State University College of Nursing. **DNP Nurse Executive Co-Director**



**Mary Nash** PhD, RN, FAAN, FACHE Chief Nurse Executive, Ohio State's Health System; Assistant Dean, The Ohio State University College of Nursing. **DNP Nurse Executive Co-Director**



**Kathy Malloch** PhD, MBA, RN, FAAN President, KMLS, LLC, clinical professor, The Ohio State University College of Nursing. **DNP Nurse Executive Co-Director**

## The Ohio State University College of Nursing

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## DEAN'S MESSAGE

BERNADETTE MAZUREK MELNYK

# The College of Nursing's first 100 years: Reflecting back, looking ahead

*In our Centennial year, we honor our 100 Alumni Transformers in Nursing & Healthcare—and look ahead to a sensational future*

**T**he future belongs to those who believe in the beauty of their dreams" is a quote by Eleanor Roosevelt, which depicts a key element

that has contributed to the tremendous success of our college over the past 100 years. However, vision without execution does not lead to results. Our college has had visionary leaders, alumni, faculty, staff and students who have dreamed big dreams, believed in those dreams, and persisted until their dreams came to fruition, resulting in extraordinary outcomes. These achievements are especially embodied in the phenomenal accomplishments of the 100 pioneering individuals honored at our hugely successful Centennial Gala and our college's innovative deans and leaders who have provided visionary leadership and execution over the past century.

I am very blessed to be



**Bern Melnyk**

dean of our College of Nursing during this landmark Centennial year. We have so much to be proud of during the past 100 years due to the great foundation for superb nursing education, impactful research, and evidence-based practice established by our predecessors, which now propels us to think and do the impossible—a phrase that is central to the vision of our college. Our future is amazingly bright, and I am exceedingly confident that we will continue to take risks and pioneer new discoveries to transform healthcare in Ohio, the nation, and the world over the next 100 years.

At Ohio State, we prepare our graduates to LIVE WELL—to Lead, Innovate, have Vision, Execute, and to be Wellness focused, Evidence-based, Life-

long learners and Lights for the world, locally and globally. In this edition of *Transformations*, you will read about our high-caliber students across all academic programs who are shining examples of these attributes.

Through the generosity of our alumni and donors, we are establishing two new professorships, which will allow us to recruit nationally renowned faculty to our college. I am extremely appreciative for a landmark gift by FloAnn and John Easton to establish the FloAnn Sours Easton Professor of Child and Adolescent Health. In addition, generous gifts by our alumni and donors have been instrumental in the establishment of our college's Centennial Professor of Nursing.

I am continually impressed by the tremendous impact of our alumni and their love for our alma mater as they emulate OH-IO across the globe. There truly is no passion like that of Ohio State

faculty, staff, students and alumni. We are forever bonded through such deep and abiding Buckeye spirit and a profession that is vital to the health and wellness of people throughout the world. As we move forward into our next 100 years, let's dream even bigger dreams and garner a deeper passion for transforming health and transforming lives. Here's to world of wellness, one that is free from disease and filled with the highest quality of life. Go Bucks!

Warm and well regards,

Bernadette Mazurek Melnyk, PhD, RN, CPNP/PMHNP, FNAAP, FNAP, FAAN  
*Associate Vice President for Health Promotion; University Chief Wellness Officer; Dean and Professor, College of Nursing; Professor of Pediatrics & Psychiatry, College of Medicine*

# LIVE WELL

*The letters in this phrase stand for something: how the College of Nursing teaches and prepares its students—and differentiates itself.*

By Jill Jess

**W**hen Bernadette Melnyk, dean of the College of Nursing, says “We prepare our students to live well,” she means it—both literally and figuratively.

“When we sat down to define what differentiates the College of Nursing at The Ohio State University, it came down to ‘live well,’” said Melnyk, PhD, RN, CPNP/PMHNP, FNAP, FAAN, also associate vice president for health promotion and university chief wellness officer.

But how does the college define “LIVE WELL” to capture its strengths? It emphasizes the preparation of students across all academic programs to:

**Lead**  
**Innovate**  
**Vision**  
**Execute, and to be**

**Wellness-focused  
Evidence-based  
Lifelong learners, *and*  
Lights for the world**

College of Nursing students, faculty, and alumni shared their stories of how these attributes add up to an exemplary academic experience and lifelong skills to make a positive impact in transforming health and transforming lives.





# Lead

Cindy Zellefrow, RN, BSN MS.Ed, CTS, currently in the Doctor of Nursing Practice (DNP) program, realized she had an opportunity last year to try something different. As the vice president of the Ohio Association of School Nurses, she turned the annual convention from a time of passive learning into a call for action.

A call for action: Create a statewide team to promote evidence-based practice.

“EBP [evidence-based practice] is the perfect thing to bring to the table,” Zellefrow said. “School nurses see kids 180 days a year for 6-7 hours a day. That’s a lot of time and exposure.” Zellefrow will soon complete her DNP at the College of Nursing. Her leadership with the school nurses association is a direct result of her DNP work.

“Last year, as part of my immersion, one of my goals was to develop my leadership skills,” she said. “I ended up as the vice president.”



Cindy Zellefrow

As she and others prepared for the conference, Zellefrow reached out to the national association to see what she could learn from others who had set up EBP teams.

“Come to find out, no one else in the country was doing it,” she said. “We are the first in the country to create a school nurse-based EBP team.”

The team has begun with about 75 people across the state of Ohio. But Zellefrow isn’t stopping there. Working with Erin Maughan, director of research for the National Association of School Nurses, the effort has begun to spread EBP into schools across the nation.

“The goal was to provide leadership and create a statewide team, but we are now really working with the national organization to make this bigger,” Zellefrow said. “It’s been a very exciting late winter/early spring!”



Mary Howard, DNP, RN, is the chief nursing officer at Ohio State’s University Hospital East

Renea Caudill also had an exciting spring, traveling to Ethiopia as part of a study abroad program with the College of Nursing and University of Gondar. For an undergraduate, these types of educational opportunities can be life-changing.

“To be the leaders of tomorrow, it is important to know where we have been, where we are, and where we need to go,” said Caudill, who earned her bachelor of science in nursing in spring 2014. “I encourage all those undergraduate nursing students to go outside their comfort zone and challenge themselves—you learn a lot about yourself when you are the minority, or you are the one that can’t understand the language being spoken around you.”

Mary Howard believes in leading by setting the example for her staff and showing them that if she can do it, they can too.

Howard, DNP, RN, is the chief nursing officer at Ohio State’s University Hospital East and recent doctoral graduate of the College of Nursing. Howard knew that in order to advance her leadership role, she would need to further her education. And she believes that by doing so, she has set an example for other nurses.

“It’s all about helping staff connect. I can walk that talk,” she said. “I hold regular roundtable sessions with staff,

hearing what’s on their minds, what can we do to make it better for them. I’m able to intertwine in those responses and get them to realize they are the ones with the keys to the answers.”

She ties that personal responsibility message to her own advocacy and activism, which was spurred by her DNP work. She believes nurses need to be advocates in ethics and government relations work.

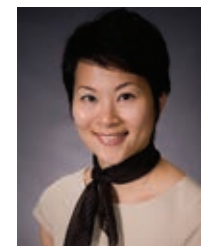
“Those things in my mind were sharpened as a part of the DNP program,” she said. “It broadened my knowledge that as leaders and nurses, we need to be more involved in those programs.”

As chair of the Community Relations Commission for the City of Columbus, she applies that passion to help others outside of the nursing profession. The board focuses on issues of ethnic, racial and cultural diversity.

“It’s not only what I do in my work life but what I do outside in my community,” Howard said. “Advocating as a nurse and a leader will help improve lives.”

## Innovate

When students in traditional classrooms do a community project, they go out into the community around them, looking to



Rita Kaspar



Alice Teall

The community for an online class was the online community. And that group was reached through social media. Thus, Project ReachOut! was born.

“The overall purpose of the project is to give students an opportunity to apply the foundational principles learned in their community health course to their developing role as an advanced practice nurse,” said Teall. “Students are expected to create an educational intervention that can impact the health of the community. For the purposes of this project, students specifically look at the online community as their community, and use social networking as the basis for their educational intervention.”

make a difference.

So, what do students do in an online classroom?

Exactly the same thing.

Assistant Professor, Clinical Nursing Rita Kaspar, PhD, FNP, and Clinical Instructor Alice M, Teall, MS, FNP, PNP, struggled at first to determine the best way to develop such a project for their FNP 7268 online course. But they got innovative and thought:

This year, the students completed three projects:

- An online application aimed at management of symptoms of polycystic ovary syndrome, providing education and support for those with PCOS

- A series of videos for the Area Agency on Aging that addresses important information for seniors, including proper disposal of medication, crutch and cane walking, and caregiver fatigue
- A Facebook page on melanoma that included a video to guide teens and adults regarding the risk of skin cancer related to sun exposure

Students were expected to have a working knowledge of social networks in healthcare and be familiar with the CDC’s Social Media Toolkit as a basis for their education intervention. All use of social media was required to meet the ANA and NCSBN policies to protect patients’ confidentiality, privacy and inherent dignity.

Teall and Kaspar also create an online community among their students. Classes meet each week in an interactive environment. The innovative “flipped classroom” includes discussions of lecture video and readings the students are expected to complete before class sessions. Friends and family members are enlisted to act as patients during video exams, which are observed by instructors.

Teall and Kaspar, along with Awais Ali, the college’s director of information



This student-made video was created for the Central Ohio Area Agency on Aging, with master’s student Nathan Jenkins discussing proper medication disposal

technology and business systems, recently presented at Ohio State’s Innovate Conference, discussing testing strategies in online education.

“Our students will tell you,” Teall said, “that just because they are distance students doesn’t mean they are distant from the faculty.”

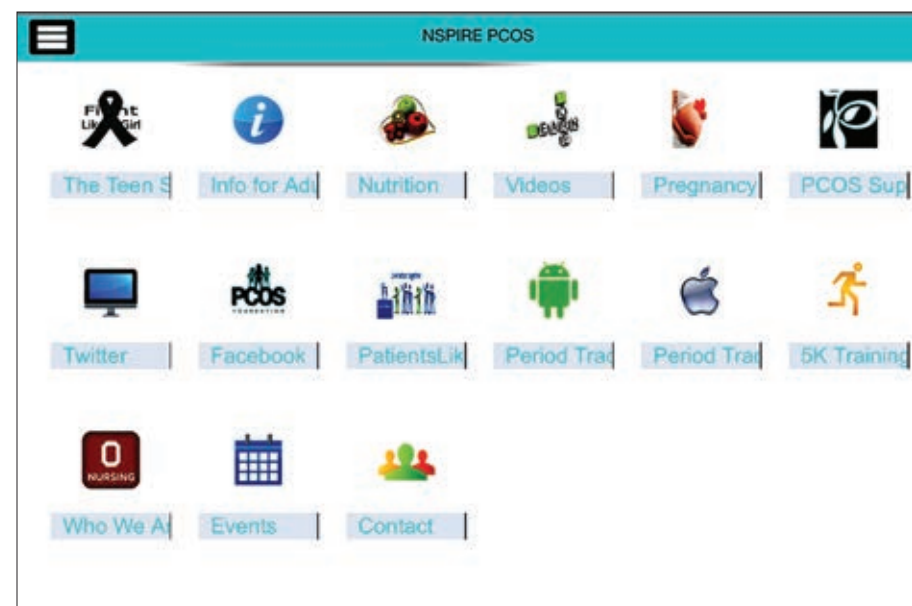
Mary Howard agrees: “I loved the virtual classroom studies. We were online but not like the typical lecture. We could hear each other and have rich conversations. Our cohort talked about how much we learned from each other. We had nurse practitioners, administrators and educators. It made the program very rich.”

The College of Nursing also has come up with innovative solutions to challenges presented by the healthcare community.

Its Technology Learning Complex has developed and hosts an interprofessional simulation lab so students can learn to work in the team environment that has become common in acute-care settings. Lisa Rohrig, RN, BSN, director of the TLC, said the program was developed based on recommendations from governing bodies for different health care professions, which encourage the team approach.

As the only university in the United States with seven health science colleges— Dentistry, Medicine, Optometry, Nursing, Pharmacy, Public Health, and Veterinary Medicine —on one campus, Ohio State is uniquely positioned for this innovative program.

The simulation lab includes human patient simulators—high-tech, computer-controlled mannequins—and a live “patient.” The team conducts rounds with



A screen shot from the PCOS online application



both and then each team member contributes, based on his or her field of study. The cases do not lead to simple answers.

“It gets them talking and discussing these problems,” said Rohrig. “They’re pretty complex cases and we’re always revising them.”

## Vision

Many schools and employers have vision statements. But how many of them are determined to conquer the “impossible”?

The College of Nursing’s vision statement reads: “The Ohio State University College of Nursing is the world’s preeminent college known for accomplishing what is considered impossible through its transformational leadership and innovation in nursing and health, evidence-based practice and unsurpassed wellness.”

Sum that up? Students at the college are taught to “Dream big, Discover—take risks, and Deliver.” They are told to live life as if you cannot fail, and as Melnyk says “Persist through the character-builders until those dreams come to fruition.”

Cindy Zellefrow has taken that lesson to heart.

“I’ve always been one who has dreamed big,” Zellefrow said. “But the DNP program at Ohio State really pushed us to step out of our comfort zone and gave us exposure to a bigger picture— the view from the 10,000-, 20,000-, 30,000-foot ceiling.”

As she looked at her EBP team of school nurses, she used that philosophy to ask: Why stop at the state level?

“By dreaming big and in color, that’s what helps these initiatives come to life,” she said. “You make a positive impact on patients, the world of healthcare and the direction that it takes.”

Ashley Weber is completing her PhD at age 26. Not only is she achieving an advanced degree at a not-very-advanced age, but her biobehavioral research in premature infants is fully funded, despite its vast expense. She credits the positive outlook of the faculty at the College of Nursing with helping her reach her goals.

“I don’t need someone telling me



**David Persinger at NSPIRE’s 5k Race to Heal**

‘you can’t, you can’t, you can’t,’” Weber said. “You need to decide what you need to do; and only you can decide that.”

## Execute

David Persinger was ready to get busy when he arrived at the College of Nursing.

“There are so many opportunities here,” said the second-year graduate student. “The world basically is your oyster.”

After earning an undergraduate degree in political science and working as an insurance underwriter, Persinger knew he wanted something different. He went so far as to become accepted and pay tuition for law school, but that gnawing feeling told him he was headed in the wrong direction.

“I was lucky in that I worked with several nurse case managers,” he said. “They suggested I shadow a nurse practitioner to get a sense of what the profession was about and whether I would like it. I loved it.”

Ohio State’s graduate entry option gave him an accelerated pathway to that career switch and the ability to get in and get active quickly. In his time at the College of Nursing, he has been active in

several student programs that reached out into the community to offer care. As part of the student group NSPIRE, Persinger has worked at monthly wellness clinics for underserved populations in the Weinland Park Neighborhood of Columbus.

“A lot of the area residents have uncontrolled diabetes,” he said. “We check glucose, blood pressure. We’ve been able to offer referrals for free care.”

NSPIRE also planned and directed the 5K Race to Heal to benefit the student group as well as for Ohio State Total Health & Wellness at University Hospital East. This year’s race attracted over 225 runners and walkers and raised more than \$7,000. *[see story on page 33]*

The Total Health & Wellness clinic is a nurse practitioner-led comprehensive primary care practice. It offers an interprofessional approach and provides integrated physical and mental health care.

Vision plus execution results in positive outcomes; it is what the college and its faculty, staff, students, and alums emulate.

## Wellness-focused

When the dean of the college is also the chief wellness officer for the university, it sends a powerful message.

Melnyk is committed to ensuring Ohio State is the healthiest university in the world. She and a university-wide team have begun strategic efforts toward that vision, creating a culture and environment in which students, staff, and faculty can have fun while being healthy.

“As nurses and educators, we owe it to our students to help them live a wellness-focused life,” Melnyk said. “They need to take care of themselves so that they can provide the best evidence-based care to others.”

And although Ohio State is determined to be the healthiest university, Melnyk and others still want to help the overall academic community embrace wellness. In April 2013, Ohio State convened more than 300 leaders from



**Kim Weirick (second row, wearing royal blue), nurse manager at Ohio State’s Wexner Medical Center at a Nurse Athlete program.**

93 institutions of higher learning for the inaugural Building Healthy Academic Communities National Summit. Shortly following the Summit, Melnyk and Megan Amaya, director of health promotion, launched the National Consortium for Building Healthy Academic Communities, which has its first founding members.

The College of Nursing also is home to the Health Athlete/Nurse Athlete program, derived from “The Corporate Athlete” program developed by psychologists Dr. Jim Loehr and Dr. Jack Groppe during their work with elite Olympic athletes to improve performance.

Based on a metaphor comparing health workers to elite athletes, the program focuses on balancing energy levels and promotes training to maximize energy through proper eating and exercise but also recovery from stress. Many participants have said that the program has truly affected them.

“I dug really deep into myself, and it’s a life changer,” said Kim Weirick, nurse manager at Ohio State’s Wexner Medical Center and a DNP student. “It’s not just about eating differently, but I do eat differently. I feel differently because I eat better. I want to be healthy. I want to be

here to take care of my mom.... just looking at where I want to be in my life and who I want to be.”

The program is offered to healthcare providers across the nation and also is presented as a course to Ohio State students.

## Evidence-based

What’s the best solution? The way it’s always been done? Trial and error? Or an innovative intervention that employs research and evidence to determine what actually works?

Evidence-based practice isn’t just a mantra at the College of Nursing, it’s the way things are done. The way students and faculty innovate to best serve patients’ needs.

At the College of Nursing, the Center for Transdisciplinary Evidence-based Practice (CTEP) has the vision to bring EBP to all health professionals and healthcare systems. In addition to instilling EBP in nursing students, CTEP reaches out to offer immersion programs

for healthcare professionals and educators.

Cathleen Opperman experienced the five-day immersion course for CTEP in spring 2012, and it spurred her to stop “thinking” about going back to school and actually apply for the DNP program.

“The immersion course laid the groundwork for my approach to problem solving for work issues as well as coursework in the curriculum,” said Opperman, RN, MS, CPN, who is a professional development nurse specialist at Nationwide Children’s Hospital. “I start most dilemmas with a literature search now and our librarians are weekly ‘connects’ of mine. CTEP made me aware of needs we have at my institution with developing clinical inquiry with our nurses. As a result, we have initiated EBP logs, and EBP Scholar Workshops, EBP information sessions and almost 40 interdisciplinary staff have



**Nationwide Children’s Hospital’s Cathleen Opperman at a CTEP immersion**

participated in CTEP to become EBP Mentors in our system.”

CTEP has given me a boost in my energy for our profession. As nurses, we can and should be essential in the decision making about the healthcare delivery of the future. Evidence is the key. Every DNP and graduate student should participate in the first part of the curriculum.”

The college is a leader in EBP expertise. Melnyk is a pioneer in EBP and a co-author of a leading textbook on the topic. Most recently, she and director of



the Center for Transdisciplinary EBP, Lynn Gallagher-Ford, conducted a national EBP survey with 270 chief nursing executives (CNEs) across the country and held a national forum with more than 160 CNEs at the American Organization of Nurse Executives' national conference in Orlando, Florida to share the summary of findings from this survey and strategize future directions and tactics to enhance quality and safety in healthcare systems through EBP.

Mary Howard says EBP also adds to job fulfillment.

"It's one of the creative and innovative pieces spurred by the program. Going through the literature and seeing what other folks do helps spur our creativity and leads us to think differently. Innovation and creativity are offshoots of EBP—looking at so many pieces of evidence,

coming up with other modalities of care," she said.

## Lifelong learners

Ashley Weber laughs at the idea of being a "lifelong learner."

"When I think of lifelong learning, it's the concept of what do you do after school," said the 26-year-old doctoral student. "I'm still in school and have been literally my entire life."

But during that time in school, including her years at the College of Nursing, Weber has realized that even when the formal education for her PhD ends, her desire to challenge and question will go on. Her dissertation involves biobehav-

ioral research in premature infants and pulls in information from neuroscience, molecular biology and MRI technology.

"I signed up for a life of learning to generate the best evidence for practice through research. That drive to change practice and to understand why a certain intervention helps or another intervention doesn't do anything," Weber said.

Mary Howard also praised the College of Nursing for reminding her of the benefits of lifelong learning.

"The more education one has, particularly in the field of nursing and science, the more it adds to the leadership. I've always been a systematic thinker, a strategic thinker. And I see that as part of my lifelong learning. I'm continuing to hone my skills and develop my skills in every aspect. Another key is cultivating relationships."



College of Nursing students and faculty at the University of Gondar in Ethiopia, from left: Usha Menon, vice dean; Renea Caudill; Anelise Zamarripa-Zoucha; Jennifer Dush, clinical instructor (rear); Abby Hall; Megan Kavanaugh; Mengesha Admasu, president of University of Gondar; Brittany Hunka; Olivia Sutter and Jennifer Kue, assistant professor



College of Nursing students and faculty as well as other health sciences students at the 2013 Honduras mission trip. Professor Emeritus Kathleen Stone, PhD, RN, FAAN, center in white jacket, and Associate Professor of Clinical Nursing Elizabeth Barker, PhD, CNP, FAANP, FACHE, FNAP, FAAN and director of the Office of World Health Outreach, behind Stone, led the trip.

## Lights for the world

The College of Nursing reaches beyond borders to bring best practices and generate new knowledge through research from local to global partners.

Faculty, undergraduate, and graduate students have joined with Ethiopian students, faculty, healthcare providers, and policymakers to focus on the health of their country. The project reflects the principles of "One Health," which the Centers for Disease Control and Prevention defines as a worldwide effort to "attain optimal health for people and animals by promoting global collaboration between human and veterinary medicine while engaging the principles of public health and ecosystem health."

Ohio State's large community of health science colleges powerfully positions the university to improve the health of the world.

"Ohio State is in a great position to

do this in Ethiopia," said Jennifer Kue, PhD, assistant professor and cervical cancer researcher at the College of Nursing in a video produced by Ohio State. "We want to have this global impact."

The work officially began in summer 2013 during the One Health Summer Institute in Gondar, Ethiopia. It has continued as Ohio State has collaborated with the African nation on teaching, research, and outreach. This spring, the College of Nursing and the University of Gondar offered a short-term study abroad for undergraduates to focus on assessing healthcare needs and understanding healthcare challenges in other cultures.

"Traveling to Ethiopia with the College of Nursing really solidified the importance of incorporating skills of cultural awareness, sensitivity and acceptance into my nursing practice," said Renea Caudill. "Study abroad programs such as these are so important in broadening our ideas of global healthcare, health disparities, and where our systems fit into the big picture. I have learned not to take what we have in the United States

for granted; for example, even something as simple as basic immunizations. The immunizations we receive in the US prevent various infectious diseases that in developing countries, where people don't get immunized, cause complications and even death to thousands."

The College of Nursing also has a special relationship with Honduras, with a longtime nursing mission, which has grown from a group of three people conducting community assessment to a full-fledged healthcare mission, working with a large non-governmental organization (NGO) to offer a safe, hands-on experience.

\* \* \*

Buckeye nurses set themselves apart by learning to LIVE WELL and accomplishing what is considered impossible. The lessons learned, the dreams achieved and the advances reached are helping to make the world a healthier place. ■

*Jill Jess is senior director of marketing and strategic communications for the College of Nursing.*



# *Celebrating the Centennial*



*The evening of March 29, 2014, was a celebration 100 years in the making. Here's how the College of Nursing got there.*

By Diane Sheets and Laurel Van Dromme

Photography by AJ Zanyk





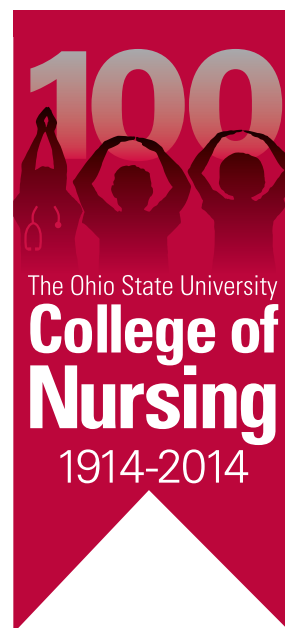
capacity crowd filled the Archie M. Griffin Ballroom at the Ohio Union on March 29 to celebrate the 100th anniversary of the nursing program at The Ohio State University. The black tie-optional event brought together alumni of all ages, current and past faculty, students, staff, and guests to enjoy the evening. A cocktail reception preceeded the sit-down dinner, which featured a conversation with special guests Congresswoman Gabrielle Giffords and Captain Mark Kelly.

Historical photographs were shown during the meal and a special Centennial video was premiered for the audience. After dinner, guests enjoyed dancing to music from several decades.

The Centennial Gala was years in the making. Here is how it came together—and how many parts of it can still be experienced.

## Centennial planning

In 2010, Kitty Kisker, BSN 1966, MS 1967, and Carol Kennedy-Jones, BSN 1967, MS 1970, started discussing plans for The Ohio State University College of Nursing Centennial celebration to be held in 2014. With then-Dean Elizabeth Lenz's encouragement, they drafted a plan for the centennial celebration to focus on four initiatives: a special alumni reunion, including recognition of 100 notable alumni; a lecture to be given by someone nationally known in nursing; a year-long College of Nursing celebration to include alumni, faculty and students; and the creation of an updated history of the college. In December of 2010, Lenz appointed Diane Sheets (MS 1991), clinical instructor and a dedicated alumna, to be chair of the Centennial Committee in conjunction with Kitty and Carol, who came to be recognized as honorary co-chairs. After Dean Bernadette Melnyk arrived at the college in September 2011, she appointed Laurel Van Dromme, chief of strategic partnerships, to co-chair. In a few short months, a full committee was identified and a Centennial strategic plan was drafted, which retained the four original initiatives and expand-



ed the scope of planning. Alumni were recruited to serve on all initiative subcommittees.

A Centennial logo with three people spelling out 1-0-0 was proposed by Van Dromme as a spin-off of the now famous and beloved O-H-I-O group pose for pictures. The Centennial logo, designed by Sanford Meisel, the college's director of marketing and communications, including the college name and 1914-2014, was soon embedded everywhere—printed on college stationery; silk-screened on T-shirts worn by students, faculty and staff; and hanging on lamppost banners surrounding Newton Hall. A growing collection of nursing students' pictures of themselves in the "1-0-0" pose were posted in classroom lectures and on the centennial website. One goal was clearly reached: that all current nursing students know they are enrolled during this special year, the college's Centennial.

Kisker spearheaded the history subcommittee to produce a comprehensive assembly of facts and events that tell the college's story over the past 100 years, including the program's curriculum, research, alumni, faculty and students, and leadership. With the help of experts at University Archives and the Medical Heritage Center at Ohio State, as well as many alumni, much of what was collected was entered into a database for safekeeping with many highlights charted on a Centennial timeline illustrat-

*"The entire weekend was beyond my expectations. Former students as well as others I interacted with raved about the events. I sat at a table with two graduates of the class of 1944 and several students—who were fantastic. I am so proud to be an OSU alumna."*

—Edna Menke, MS 1968—Associate Professor Emeritus and Alumni Transformer



At the podium, left to right: Dean Bernadette Melnyk, Alumni Society President Linda Johnson, Interim Ohio State President Joe Alutto, and master of ceremonies Jeff Hogan of WBNS-10TV



Jim and Mary Hamilton with Jennifer and Ralph Watts



Nursing students, from left: Lauren Zamborsky, Abby Bloomfield, Anelise Zamarripa-Zoucha, Chelsea Howell and Sydney Alexander



Congresswoman Gabrielle Giffords (far left) and her husband Captain Mark Kelly (far right) joined past College of Nursing deans Grayce Sills, Elizabeth Lenz, and Carole Anderson, and current dean Bernadette Melnyk



From left: Margaret Carey Randolph, Kathy Lopez Hummel, Janice Diner Goodman and Barbara Carroll LaRose, all members of the Class of 1976



From left: Jean Murrer, Kathy Nameth, Randy Nameth, and Martin Murrer



## Centennial Gala Weekend welcome reception



The Centennial Gala weekend kicked off on Friday, March 28 with a casual, catered reception co-sponsored by the college and the College of Nursing Alumni Society. See the Alumni column on page 39 for photographs and a complete account of the reception.

ed in the Gala's printed program and available on the Centennial website at [nursing100.osu.edu/centennial-timeline](http://nursing100.osu.edu/centennial-timeline).

Many alumni have answered the call to share memories, pictures and artifacts, some of which have been shared in past issues of *Transformations* and on the Centennial website. Class composite photos, which had been hanging in frames in Newton Hall's lobby, were digitized and can be found online at [nursing100.osu.edu/class-photographs](http://nursing100.osu.edu/class-photographs). With the exception of the classes of 1980, 1994, 1997, 1998 and 1999, every graduating class is represented from the first in 1917 until 2007, after which composites were no longer produced. (The college is seeking copies of the missing years to complete the photo collection. Please e-mail [nursing100@osu.edu](mailto:nursing100@osu.edu), if a print may be borrowed and scanned.) The original composites are now archived at the Medical Heritage Center in Prior Hall.

The Centennial column of *Transformations* magazine, beginning with the Autumn, 2012 issue, have featured "Remember When" sidebars, personal alumni recollections of their student days. These pieces are also posted at [nursing100.osu.edu/remember-when](http://nursing100.osu.edu/remember-when). While the Centennial column will come to an end with the Autumn 2014 issue, we are pleased that the "Remember When" series will continue as an important means to continue to recognize our history. Please contact Megan Denison, alumni and donor relations coordinator, at (614) 292-2658 or [denison.22@osu.edu](mailto:denison.22@osu.edu), with ideas for future topics to be considered. Finally, on Twitter, you can read historical facts for the College of Nursing and all of the health sciences colleges celebrating 100 years in 2014 by following @OSUMHC. Kristin Rodgers, MLIS, collections curator of the Medical Heritage Center and member of the Centennial Committee, tweets about nursing every Tuesday.

The events subcommittee—led by Danette Birkhimer, BSN 1986, MS 1994; Megan Denison; and until last November, Kathryn Kelley—planned and coordinated the gala as well as other related events.

The first Centennial event was the Centennial Winter Olympics, which took place February 24-28, following the Winter Olympics. Leslie Schmidt, Class of 2014, student ombudsperson at the college, collaborated with five nursing student organizations

to arrange a different activity each day including an NCLEX Trivia Contest and Hit the Target—with syringes in a bio-hazard bin. Prizes were awarded and the fun helped break up the "polar vortex" winter experienced in Central Ohio.

## The Centennial Gala

An objective of the Centennial Committee was to create a special celebration with the Gala that would be remembered for a lifetime by everyone attending. An attendance goal of 400-500 guests was set with the location at the Ohio Union, knowing that many alumni had still not visited the relatively new building on campus. The Gala weekend was to be a homecoming of sorts.

The final registration number, which topped 820, far exceeded expectations. Generous donations sponsored 102 students to attend. Mary DiGeronimo, a sponsored student from the class of 2016 said, "It was truly so inspiring to be in the presence of so many people who have immeasurably contributed to the nursing profession. It will definitely be a fond memory I carry with me into my practice and the rest of my life."

The evening began with a cocktail reception where guests mingled with one other and alumni reconnected. A jazz trio provided music. Guests then moved to the Archie M. Griffin Ballroom, where Jeff Hogan, morning news anchor for WBNS-10TV News and Commit To Be Fit spokesman, served as master of ceremonies.

100 Alumni Transformers in Nursing and Healthcare were honored throughout the evening for their lifelong accomplishments to the nursing profession. Of the 100 Transformers, 82 attended the event, as well as family members of two of the Alumni Transformers in memoriam. [See sidebar on page 20]. Many of the attendees were accompanied by family members and friends.

The program's centerpiece was an inspirational conversation featuring Congresswoman Gabrielle Giffords and her husband, Captain Mark Kelly with Dean



From left: Carol Prince, Garth Essig, honorary Centennial co-chair Kitty Kisker, Carol Baker, honorary Centennial co-chair Carol Kennedy-Jones

# Special guests Gabrielle Giffords and Mark Kelly move and inspire the gala audience

The invitation to Congresswoman Gabby Giffords and Captain Mark Kelly to be guests at the Centennial Gala was part of the college's goal to celebrate nursing at its finest and most critical time in a person's life. Their conversation with Dean Melnyk along with Congresswoman Giffords' closing remarks of encouragement brought a few tears to guests and much applause, as did Kelly's remarks about her recovery and his comments about life as an astronaut.

**Mark Kelly:** "We had to make a lot of decisions with regards to Gabby's care. The nurses were very instrumental as a part of our team...I really personally connected with the nurses: the nurses in the ICU, the nurses that would be ultimately in the operating room months later."

**Bern Melnyk:** "Is your recovery a process of discovering a new Gabby Giffords or a fight to reclaim the old Gabby Giffords before your tragedy?"



**Gabby Giffords:** "A new one: better, stronger, tougher."

**Gabby Gifford's closing remarks:** "Thank you for inviting us here today. It's been a long, hard haul, but I'm getting better. I'm working hard; lots of therapy: physical therapy, speech therapy, and yoga too. But my spirit is strong as ever. I'm still fighting to make

the world a better place. And you can, too. Get involved in your community. Be a leader. Set an example. Be passionate! Be courageous! Be your best. Thank you very much."

To view and hear the complete conversation with Gabrielle Giffords, Mark Kelly and Bernadette Melnyk, visit [nursing100.osu.edu/conversation](http://nursing100.osu.edu/conversation).

Bernadette Melnyk [see sidebar, above]. Following the premier showing of the Centennial video "100 years of transforming lives, transforming health," Melnyk provided remarks about the college's history and the deans who were present that evening: Grayce M. Sills, Carole A. Anderson and Elizabeth R. Lenz. Melnyk also honored recent fundraising achievements and announced two new professorships for the college [see page 38]. She concluded with the encouragement to transform the future of



After dinner, Gala guests were "Dancing through the Decades" to the music of the Lenox Avenue Express.

nursing and healthcare. A surprise performance by members of The Ohio State University marching and athletic bands and the singing of Carmen Ohio concluded the official program. The evening continued on "Dancing through the Decades" with the music of the Lenox Avenue Express. ■

Diane Sheets is a clinical instructor of practice and

Laurel Van Dromme is chief of strategic partnerships for the College of Nursing. They are co-chairs of the Centennial Committee.

See following pages for the College of Nursing's 100 Alumni Transformers in Nursing & Healthcare



# 100 Alumni Transformers in Nursing & Healthcare

The Alumni Transformers are truly representative of all our 12,500 alumni. These distinguished alumni have transformed nursing and healthcare throughout their careers—at the bedside or in community-based healthcare settings; as leaders in healthcare and professional organizations; and/or in academia as faculty, researchers, authors, deans and/or outstanding

advocates of the college and its alumni society. The 100 Alumni Transformers in Nursing & Healthcare were selected from nominations submitted by fellow alumni, work and professional colleagues, college faculty and staff, and family members. Over the course of reviewing the nominations, the committee identified three categories of recognition: **Alumni Lead-**

**ers, Transformers of Nursing and Healthcare Practice, and Transformers in Nursing Education.** In addition, after reviewing the college’s history, the committee chose to recognize eight additional Alumni Transformers posthumously. The Alumni Transformers were recognized in the above three groups during the Centennial Gala on March 29 with their profiles

featured in the commemorative Gala program. Each Alumni Transformer received a Centennial pin specially designed for them as well as a certificate of honor. Listed here are the names of the Alumni Transformers with their nursing degrees from Ohio State. Please visit [nursing100.osu.edu/transformers](http://nursing100.osu.edu/transformers) to read their profiles.

### Alumni Leaders

*An Ohio State University College of Nursing graduate who has dedicated energy, Buckeye spirit and countless hours to building and enhancing the College of Nursing and its Alumni Society for students and all Ohio State nursing alumni.*

Carol Baker, BSN 1958, MS 1972  
Danette Birkhimer, BSN 1986, MS 1994  
FloAnn Easton, BSN 1962  
Mary Hamilton, BSN 1964  
Linda Johnson, BSN 1977, MS 1981  
Kitty Kisker, BSN 1966, MS 1967  
Karen Lane, BSN 1969  
Joan McCoy, BSN 1955  
Carol Prince, BSN 1960, MS 1962  
Connie Sharpe, BSN 1969  
Jennifer Watts, BSN 1974  
Barbara White, BSN 1967, MS 1970  
Eric Yap, BSN 1995, MS 1998

### Transformers of Nursing and Healthcare Practice

*An Ohio State University College of Nursing graduate who has provided excellent care and/or leadership in the delivery of healthcare in the community and/or for a*

*hospital, healthcare system and/or governing agency and/or has transformed nursing and healthcare in an innovative way.*

Angela Alston, MS 2006, DNP 2013  
Rachel Armstrong, BSN 1985  
Patrick Baker, BSN 1995  
Tod Brindle, BSN 2001  
Jacalyn Buck, BSN 1980, MS 1992, PhD 2000  
Esther Chippis, MS 1988 , PhD 2003  
John Chovan, MS 2007, DNP 2011  
Deborah Coleman, BSN 1976, MS 1980  
Sandy Cornett, BSN 1965, MS 1970  
Pamela Dickerson, MS 1978  
Brooke Faught, BSN 2001  
Elizabeth Fitzgerald, MS 1980  
Debbie Freece, BSN 1974, MS 1979  
Janet Fulton, PhD 1990  
Connie Gallaher, BSN 1978, MS 1987  
Christine Gregory, MS 1979  
Jill Kilanowski, PhD 2006  
Erika Kimble, BSN 2003, MS 2007  
Jerry Mansfield, MS 1991  
Maggie McKivergin, MS 1990  
Barbara Nash, MS 1987  
Bonnie Niebuhr, MS 1981  
Ann Overholt, BSN 2000, MS 2005  
Lea Ann Parsley, MS 1994, PhD 2003

Kathryn Peppe, BSN 1969, MS 1971  
Barbara Persons, MS 1996  
Elizabeth Pitorak, BSN 1960  
Nikki Polis, MS 1979  
Patrice Rancour, BSN 1973, MS 1978  
Nancy Rini, BSN 1973  
Kathrynn Thompson, MS 1985  
Brenda Vermillion, BSN 1985 MS 2003, DNP 2011  
Susan Voorhees-Murphy, MS 1991  
(Alice) Faye Wattleton, BSN 1964  
Rosa Lee Weinert, BSN 1972, MS 1975

### Transformers in Nursing Education

*An Ohio State University College of Nursing graduate who has achieved national or international recognition for transforming the discipline of nursing through groundbreaking research and/or exceptional teaching and may have served in a key administrative role within an excellent nursing degree program.*

Karen Ahijevych, BSN 1970, MS 1971, PhD 1992  
Linda Amos, BSN 1962, MS 1964  
Ann Cain, BSN 1956

### In memoriam

Lillian Flickinger Bernhagen, 1940 BSN  
Marilyn Green, 1976 BSN, 1980 MS  
Beverly Greenawalt Hampton, 1958 BSN  
Phyllis Kaldor, 1976 BSN, 1993 MS  
Ruby Martin, 1941 CGN, 1948 BSN  
Lucy Johanna Schneiter, 1941 CGN, 1950 BSN  
Sally Spencer, 1958 BSN  
Joanne Sabol Stevenson, 1963 BSN, 1964 MS

Martha Conrad, BSN 1975  
Linda Daley, 1979 MS  
Mary Patricia Donahue, BSN 1962, MS 1971  
Anne Fitzpatrick, MS 2003, PhD 2004  
Joyce Fitzpatrick, MS 1967  
Bonnie Garvin, BSN 1967, MS 1969  
Barbara Given, BSN 1964, MS 1965  
Davina Gosnell, MS 1970  
Elaine Haynes, BSN 1972, MS 1978, PhD 2003  
Marcia Hern, BSN 1972  
Colleen Keller, MS 1977  
Carol Kennedy-Jones, BSN 1967, MS 1970  
Judith Kimchi-Woods, MS 1982, PhD 1992  
Bonnie Kirkpatrick, 1992 MS  
Ada Lindsey, BSN 1959 MS 1960

Marie Lobo, BSN 1971  
Mary MacVicar, MS 1967  
Liz Madigan, MS 1988  
Jodi McDaniel, MS 2005, PhD 2007  
Edna Menke, MS 1968  
Jeri Milstead, BSN 1975, MS 1976  
Leona Mourad, MS 1966  
Jeanne Novotny, 1966, BSN 1976 MS  
Polly Owen, BSN 1975, MS 1988  
Sally Phillips, BSN 1973  
Oralea Pittman, DNP 2011  
Nancy Reynolds, PhD 1993  
Marilyn Rothert, BSN 1961  
Ellen Rudy, BSN 1958  
Nancy Ryan-Wenger, BSN 1970  
Pamela Salsberry, MS 1983  
Barbara Schaffner, PhD 1992

Ann Schiele, BSN 1962, MSN 1964  
Cheryl Schmidt, BSN 1973, MS 1975  
Kristine Scordo, MS 1980, PhD 1990  
Ethelrine Shaw-Nickerson, BSN 1955  
Diane Sheets, MS 1991  
Laureen Smith, BSN 1984  
Mary Lou Sole, MS 1979  
Marilynn Sommers, PhD 1990  
Deborah Steward, PhD 1998  
Kathy Stone, BSN 1972  
Gayle Timmerman, MS 1984, PhD 1994  
Toni Tripp-Reimer, MS 1973  
Fran Vlasses, MS 1974  
Barbara Warren, MS 1990, PhD 1995  
Clarann Weinert, MS 1974  
Elsie Williams-Wilson, MS 1959  
Patricia Yoder-Wise, BSN 1963

*“My entire family and nurse colleagues were thrilled with the entire program. I was humbled and touched and thrilled to be a part of such a phenomenal evening! My nurse sister who traveled from Maryland was amazed that so many nurses were honored in such a meaningful way. ‘How firm thy friendship O-H-I-O!’”*

—Debbie Freece, 1974, MS 1979—Alumni Transformer



Alumni Transformers in Nursing & Healthcare with current and past College of Nursing deans at the Centennial Gala March 29, 2014



# Innovative academic-clinical collaborations

## Partnerships boost learning, research and evidence-based care

*A thriving partnership between the College of Nursing and The Ohio State University Health System—one of many strong partnerships for the college—has made a lasting impact, earning a national award*

By Kathy Baird

The College of Nursing and The Ohio State University Health System have struck a model partnership, generating shared energy. The link forged between nursing education and clinical practice at Ohio State is backed by strong commitment and effort, and all sides share the benefits. Nursing and interprofessional students gain practical insights and career paths; the medical center operates efficiently as it draws from a well-educated resource; and ultimately, patients receive top-quality care, benefiting from the latest research discoveries. Other clinical partnerships with Nationwide Children's Hospital and community partners extend the impact even more broadly.

"The partnerships are critical, as they are a win-win situation," said Bernadette Melnyk, PhD, RN, CPNP/PMHNP, FAANP, FNAP, FAAN, dean of the College of Nursing, associate vice president for health promotion and chief wellness officer for the university. "There's no doubt that both of our missions synergize when we do things together. Our students benefit, the nursing and the healthcare community as well as the medical center benefit when we put our ideas and our execution tactics together."

The partnership between the college and the health system is drawing national and worldwide recognition. The two organizations were honored with the 2013 inaugural Exemplary Academic-Practice Partnership Award from The American Association of Colleges of

Nursing (AACN) and the American Organization of Nursing Executives (AONE) at the AACN semiannual meeting last October. The award recognizes institutions involved in highly productive and model academic-practice partnerships. Other testaments to success include worldwide speaking invitations to meetings such as the International Nursing Research Congress in Prague and Hong Kong.

Many shared initiatives were introduced over just two short years, as the strengthened academic-practice partnership between the college and the medical center rolled out. Soon after Melnyk arrived at Ohio State in September, 2011, she appointed Mary Nash, PhD, RN, FAAN, FACHE, chief nurse executive and associate vice president for The Ohio State University Health System, as the



Members of the College of Nursing/Ohio State University Health System partnership recognized with the AACN/AONE 2013 Exemplary Academic-Practice Partnership Award, from left: Esther Chipps, nurse scientist and clinical associate professor of nursing; Jackie Buck, administrator for health system nursing quality, research, evidence-based practice and education, and assistant clinical professor of nursing; Bernadette Melnyk, dean of the College of Nursing, associate vice president for health promotion and university chief wellness officer; Lynn Gallagher-Ford, director of the Center for Transdisciplinary Evidence-based Practice; and Mary Nash, chief nurse executive and associate vice president for The Ohio State University Health System, and assistant dean of clinical affairs in the College of Nursing. Not pictured: David Hrabe, associate professor of clinical nursing and executive director, Academic Innovations and Partnerships. The group was at Sigma Theta Tau International's Research Congress in Prague.

first assistant dean of clinical affairs in the College of Nursing and the two quickly found common ground.

"I have always viewed the academic-practice partnership as essential at a university and medical center," said Nash. "The uniqueness of our relationship is that we are all part of one university." "Bern embraced me as part of the team," Nash said. "There's something awesome about a partnership when there's synergy that Bern and I have. It leads to trust and opportunities to move things along collaboratively."

"Nursing practice education and research are strongly linked to quality of care. As a result of our relationship with the college's Center for Transdisciplinary Evidence-based Practice, our nurses are looking at evidence-based practice and

they are using best practices every day to impact patient outcomes," Nash added.

### RN to BSN program reaches out to medical center nurses

Research shows that a baccalaureate-prepared nurse can significantly impact quality of care. "We believe that there is a difference in the critical thinking level and the preparation of the baccalaureate-prepared nurse," Nash noted.

The Institute of Medicine report about the future of nursing recommends the share of baccalaureate-prepared nurses should be 80 percent by 2020. Ohio State's Wexner Medical Center is already better-situated with baccalaureate-trained nurses than many community hospitals. "We have about 60 percent," Nash said. "Our goal is to hit at least 80 percent."

Toward that goal, the partners launched an RN to BSN transition program.

"The college has made an effort to remove barriers for staff interested in entering the programs," Nash noted. "They were very personalized and very thoughtful, and the staff appreciate that. Once you finish your prerequisites, all subsequent courses are online."

As a result of this effort, "We were able to increase our BSN online enrollments significantly," Nash said. Overall, as of last summer, after less than two years, the number of Wexner Medical Center nurses enrolled in College of Nursing academic programs had more than doubled.

### Expanded enrollments in graduate nursing programs

As the Doctor of Nursing Practice (DNP)





**This recruitment brochure was mailed to 1,333 registered nurses at the Wexner Medical Center promoting information sessions for the College of Nursing's RN to BSN program. The overall 2012 campaign enrolled more than 100 nurses from the medical center.**

degree gains momentum nationally and at Ohio State, another shared goal was the creation of a new executive track in the College of Nursing DNP program with shared leadership and faculty.

“Our DNP numbers have increased tremendously and we have a lot of interest from many of our nurse administrators and nurse leaders,” said Esther Chipps, PhD, RN, nurse scientist and clinical associate professor of nursing, and chief of clinical research operations at the College of Nursing. “The DNP graduate is very well-prepared as a doctor of clinical practice, qualified to make changes within the healthcare organization, and very well-prepared in evidence-based practice. We will be looking to them to be well-schooled leaders and thinkers in our organization.”

“We are highly recommending that our leaders become doctorally prepared, either a PhD or a DNP,” Nash said. “We have a number of people who are enrolled in both of those programs, and most of our senior nursing leaders are doctorally prepared.”

In addition, nurse managers are being encouraged to pursue master's or doctoral degrees. “There's a lot of energy around that,” Nash said. “People see that it's an investment in them and their future and that it really makes an impact at the medical center to have highly educated

staff at all levels.”

As many nursing staff complete master's degree programs to become advanced practice nurses, the medical center has hired a new director of advanced practice nurses who continually monitors feedback from nurse practitioners to improve their practice and environment. “It's been very positively received,” Nash said.

### Nursing student transitions programs

Just as they help nurses become students, the college and medical system also help students transition into jobs as nurses at Ohio State's Wexner Medical Center.

The Transitions to Professional Nursing course matches senior nursing students to their preferred clinical units to encourage the transition from student to clinical nurse. They learn hospital procedures and protocols as they gain clinical experience.

That class was completed by 160 College of Nursing senior students in the class of 2013, and 50 of those students were already employed by the medi-

cal center in the three months following graduation.

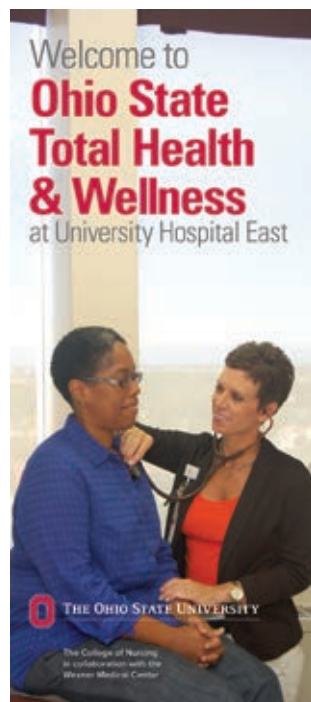
A nurse residency program continues that transition after the new graduates begin work. “We're capitalizing on the fact that they're OSU nursing students and they should already be familiar with some of the organizational policies and procedures,” Chipps said. “So we're fast-forwarding some of that general orientation. That required a lot of collaboration between the college and the medical center so that we could look closely at what was being taught.”

“The collaborative effort between the medical center and the College of Nursing has resulted in reduced orientation time and cost for these new graduate nurses,” said Jackie Buck, PhD, RN, NE-BC, administrator for health system nursing quality, research, evidence-based practice and education, and assistant clinical professor of nursing.

### A nurse practitioner-led health center

In a leading clinical collaboration, a nurse practitioner-led health center—Ohio State Total Health & Wellness at University Hospital East—run by College of Nursing faculty combines physical and mental health care for underserved populations. It also serves as a site for interprofessional education and practice for Ohio State

students in health professions including nursing, pharmacy, social work, psychiatric nursing, mental health counseling, and dietetics; with a physician available for consultation. The success of this center, which received funds from the Health Resources and Services Administration and the Medicaid Technical Assistance and Policy Program (MED-TAPP) Healthcare Access Initiative (HCA) offered



**A patient brochure from Ohio State Total Health & Wellness at University Hospital East**



**American Association of Colleges of Nursing past president Jane Kirschling (left) presents the AACN/AONE 2013 Exemplary Academic-Practice Partnership Award to Bernadette Melnyk and Mary Nash**

through the Office of Medical Assistance (Ohio Medicaid), has led to additional MEDTAPP funding of this type to start a second theme-based model of care.

### Putting research into practice

“It takes 17 years for a research study to make it into practice. Our goal is to do it a lot faster than that,” said Chipps, who holds appointments at both the College of Nursing and the medical center and facilitates research between the two.

To support this shared goal, “We are embedding some of our advanced practice nurses and senior staff within the research teams of College of Nursing research faculty,” Chipps said.

“As Bern is recruiting highly funded nurse researchers to build her research faculty, our staff want to be around

them because they are mentors and role models,” Nash said. “It gives staff the opportunity to see the linkage between what they do every day at the bedside and what impact that could have on patient outcomes demonstrated through research. Rather than just reading about things, they're actually living it—here at the Medical Center.”

Several clinical nurse specialists were given some release time from their clinical duties to assist with data collection for one of these highly-funded researchers, who is studying how critically ill patients on ventilators can use iPads for communication and more.

Results of another study, a clinical trial led by a nursing researcher and published in JAMA last June, are now being implemented for Ohio State's Wexner

Medical Center intensive care patients. The study shows that use of patient-selected music can reduce sedative requirements for critically ill ventilator-assisted patients, which led to the introduction of music selections for ICU patients here.

“We think we have the perfect laboratory over here for our faculty,” Nash said. “We have many ICUs. There are many other areas of research that the faculty are engaged in, including our outpatient settings, a very rich environment; a great opportunity for them to do data collection and make an impact.”

### The Center for Transdisciplinary Evidence-based Practice

Another program driving the speed of research being implemented into practice is The Center for Transdisciplinary Evidence-based Practice (CTEP) at the College of Nursing. This center was launched by Melnyk, who is an internationally recognized expert in evidence-based practice, shortly upon her arrival to Ohio State.

As evidence-based practice (EBP) is a rising focus in healthcare nationally, CTEP offers workshops to help healthcare faculty as well as professionals and systems implement EBP to improve the quality of healthcare and patient/family outcomes. The CTEP program has already educated transdisciplinary health professionals from institutions across the country, and from at least three other countries.

“Offering these programs would not be possible without the early partnership and commitment of the medical center's nursing leadership team,” said Lynn Gallagher-Ford, PhD, RN and director of the Center for Transdisciplinary Evidence-based Practice. “They have built a cadre of EBP mentors in their organization, realigned roles to support a strong EBP program, and implemented EBP practice change projects. Most importantly, medical center leaders have demonstrated the effectiveness of the ‘graduates’ of CTEP and shared that information with other organizations nationally and globally.”

### Innovative training programs

“At Ohio State, wanting to be the healthi-



**A Center of Transdisciplinary Evidence-based Practice (CTEP) workshop**



# Unleashing the future of nursing

*Robert Wood Johnson Foundations' senior advisor for nursing on how the Future of Nursing: Campaign for Action can change the face of healthcare*

est campus in the world, we have a focus on many different programs,” Nash said.

The Nurse Athlete/Health Athlete Program, for instance, helps nurses and health practitioners maintain their own health as they refocus and reenergize their personal and professional life. The program is available to all College of Nursing and health center employees, and workshops also have been conducted for outside groups such as Nationwide Children’s Hospital nurse managers. Since its inception less than three years ago, nearly 500 people from Ohio State, about one-third of them nurses, have now completed this program.

The Leadership Academy for Peak Performance (LAPP), another College of Nursing program, helps nurses at Ohio State’s Wexner Medical Center and elsewhere nationally develop strong leadership skills. In a testament to this program’s quality, the American Nurses Association (ANA) has partnered with the College of Nursing LAPP program to develop a collaborative program for nurse leaders nationally.

## Nationwide Children’s Hospital partnerships

Nationwide Children’s Hospital (NCH) is a strong partner on both the clinical and research sides, as well as in several key College of Nursing initiatives. “The leadership there has been very involved in participating in our Leadership Academy for Peak Performance,” Melnyk noted. “They also are really invested in EBP; they have nursing leaders who sit on the advisory board for the Center for Transdisciplinary Evidence-Based Practice.”

Faculty and students in the pediatric nursing, pediatric nurse practitioner and neonatal nurse practitioner specializations do their clinical work at Nationwide Children’s Hospital.

College of Nursing researchers are closely involved in collaborations with two major research centers at Nationwide Children’s Hospital: the Center for Innovation in Pediatric Practice and the Center for Biobehavioral Health, and that second center’s subsidiary, the Center for Perinatal Research.

Many current efforts aim to reduce

the hospital inpatient 30-day readmissions rate through education. Many of the inpatient efforts are supplemented by community-based initiatives to educate community residents to stay healthy.

A new training grant offers the opportunity for PhD students to work on issues of women, children, and youth. “Students have the opportunity to explore if their research interest matches something that is going on over at Nationwide Children’s Hospital, then we match that student with that faculty researcher and they can get a research residency and gain some experience,” said Kimberly Arcoleo, PhD, MPH, associate dean for research and transdisciplinary scholarship; associate professor; and director of the Center for Women, Children, and Youth at the College of Nursing.

Nursing researchers in the Center for Perinatal Research study factors leading to pre-term delivery and low birth weight, and are conducting a current study on the long-term cardiovascular consequences for mothers who have pregnancy complications such as preeclampsia and gestational diabetes.

## Community partnerships

Several key partnerships bring nursing screening and education to the community, locally and nationally.

The Million Hearts® initiative, a Department of Health and Human Services initiative to prevent one million heart attacks and strokes by 2017, has been fully embraced by Ohio State’s Colleges of Nursing, Medicine and Pharmacy, who have rolled out Million Hearts programs across the state and nation. “We started a national interprofessional education and practice consortium to advance Million Hearts, and we now have over 80 colleges participating,” Melnyk said. “We have screened over 23,000 people across the United States with that partnership.” A free online module on Million Hearts is used by all of these colleges in their academic programs to help to teach students about how to improve population health through Million Hearts.

Locally, Million Hearts partnerships with over 20 local churches have educated community ambassadors to inform and

screen others and help prevent heart attacks and strokes.

Another close partnership with a Columbus near-eastside community leader targets illnesses that disproportionately affect area residents through health screenings, community education, and wellness initiatives.

Perinatal work with Nationwide Children’s Hospital in the Weinland Park neighborhood supports pregnant mothers and their babies’ subsequent health.

A community partnership in Appalachian schools works to reduce teen overweight and obesity rates through a peer mentorship program for physical activity and nutrition.

## Moving forward

Future plans for collaboration between The Ohio State University Wexner Medical Center and the College of Nursing call for ongoing curriculum changes to match the changing needs of nursing practice in today’s world. “We have to make sure that we’re preparing the right grad for the future needs of healthcare,” Nash said.

Another focus is to leverage resources between the medical center and the college; for instance, to involve hospital nurses as guest lecturers and clinical instructors at the college. Nash also hopes to take nursing beyond the borders of Ohio State to provide professional education for other nurses and community service for underserved populations. Finally, she hopes to develop opportunities for staff nurses and college nurses to expand their work in global health through the university’s gateways in India, South America and China. “It’s a perfect leverage point for us,” Nash said.

“We look forward to growing our partnership even further with the OSU Health System as we take on many exciting future initiatives together to improve healthcare quality and patient outcomes,” Melnyk said. “As part of one university, we have a common vision and our shared futures are intertwined with one another, with the ability to innovatively create the future of healthcare.” ■

*Kathy Baird is a freelance writer based in Columbus.*

Imagine the future of nursing: A nurse develops a detailed care plan with frail patients and their families to help them transition from the hospital to their home or community. A nurse suggests ways to improve patient care during hospital and health care board meetings and at top policy-making summits. A nurse conducts innovative research that improves patient care and adds values to the health system. A nurse practitioner in rural America makes house calls and sees patients in a community without a doctor.

In pockets across America, nurses are taking on these and similar innovative roles and responsibilities that are transforming health and healthcare. Nurse practitioners in 17 states and the District of Columbia are starting to see patients who have signed up for health insurance, many for the first time. Corporate America is hiring nurses to promote wellness as a way to keep employees healthier and more productive.

As health providers experiment with new innovations such as accountable care organizations to improve quality and cut costs, nurses serve as critical team members, and



Susan B. Hassmiller

in some cases, team leaders. Nurses, who comprise the largest segment of the health care workforce and spend the most time with patients and families, are crucial to addressing the many challenges facing our society: an aging and sicker population, millions more insured, a primary care provider shortage, lack of preventive care and skyrocketing costs.

The Robert Wood Johnson Foundation (RWJF), the nation’s largest health and health care philanthropy, and AARP, the nation’s largest consumer organization, realized that nurses must be at the center of efforts to improve health and health care in our country. We partnered in 2011

to launch the Future of Nursing: Campaign for Action, a national initiative to improve health through nursing by implementing recommendations from the landmark Institute of Medicine report, “The Future of Nursing: Leading Change, Advancing Health.” Nurse leaders and their partners in 50 states and the District of Columbia have formed Action Coalitions (ACs) to spur implementation of the report recommendations in the areas of nursing leadership, practice, education, diversity and interprofessional collaboration.

## Nursing leadership

Nurses provide an important perspective in decision-making from the board room to our communities. The Campaign for Action is preparing more nurses to help lead improvements in health system quality, safety, access, and value. Nurses can offer insights on ways to reduce medical errors, increase quality of care and promote wellness. The Campaign seeks to get more nurses appointed to public and private boards. Currently, nurses account for only 6 percent of hospital board members, according to an American Hospital Association survey of 1,000 U.S.

hospitals. This contrasts with the number of physicians on boards, which is 20 percent; other clinicians make up about 5 percent. We lack data about nursing involvement on local and state boards of health, but anecdotal evidence suggests that nurses are underrepresented on those boards, too. Our goal is to make nurses see policy as something they shape, rather than something that happens to them. We believe that leadership must happen at every level and start in nursing school.

The Campaign has made strides with leadership. At the national level, the Leapfrog group requires nurses to be integrated into governance for hospitals to attain Magnet status. Thirty-one nurses have been appointed to various leadership boards based on ACs identifying and promoting nurses to positions of leadership within their state. New Jersey has set a goal of having a nurse serve on every hospital board in the state. North Carolina and Wyoming have established Nursing Leadership Institutes. Virginia offers a “40 under 40” program to recognize 40 outstanding nurse leaders under age 40 each year. Texas offers nurses



governance and leadership education to prepare them for board leadership through its partnership with Texas Health-care Trustees, an organization that provides education, resources, and leadership development to inspire excellence in health care governance. Other states are replicating these best practices. The Campaign's focus in 2014 will be to place more nurse leaders on boards.

## Practice

Primary care struggles to meet patients' needs, and staffing shortages are expected to worsen as millions of newly insured Americans seek care, the population continues to age, and more people grapple with chronic disease, especially in underserved and minority communities. Nurse practitioners provide an immediate and cost-effective solution to the primary care shortage. However, advanced practice registered nurses (APRNs) have full practice authority in only 17 states and the District of Columbia. In the remaining 33 states, outdated barriers block APRNs and other providers from expanding access to care. We need to remove these barriers and utilize all clinicians more efficiently and effectively so that patients can get timely access to care in their communities. APRNs provide effective, high-quality patient care. No studies suggest care is better in states that require an APRN to practice under the authority of a physician.

Since the Campaign began, eight states—Maryland, North Dakota, Kentucky, Nevada, Oregon, Iowa, Rhode Island and Utah—have removed major barriers to APRN practice and care. Fifteen

states in 2013 introduced bills to ensure that APRNs could practice to the full extent of their education without unnecessary and restrictive physician supervision, and more bills are expected to be introduced in 2014. Equally important, public opinion is shifting towards support for removing barriers to practice, and should accelerate as more providers are needed to care for newly insured individuals. A number of editorials, including those of the *New York Times*, Bloomberg, and the *Washington Post's* Wonkblog have called for the removal of scope-of-practice barriers.

## Education

The Campaign for Action strives to increase the overall education level of nurses, including meeting the IOM recommendation that 80 percent of nurses attain a baccalaureate degree or higher by 2020. Nurses will be in a better position to meet future health system challenges if the nursing field is more prepared to take on more complex roles in the community, home, and public health settings. Nurses with advanced degrees are needed to teach the next generation of nurses and provide primary care.

Nursing schools turn away more than 75,000 qualified candidates each year because of a lack of faculty available to teach them.

The Campaign has made progress in strengthening education. In 2013, RWJF launched the Academic Progression in Nursing program. RWJF chose nine leading states to test at least one of four promising models to get more diverse nurses to obtain a baccalaureate degree and higher. Many

states are starting to adopt these four promising models to spur academic progression. For example, community colleges and four-year institutions are implementing articulation agreements and RN-to-BSN programs to make it easier for nurses to continue their education without repeating courses, and nursing faculty are stressing to students the importance of continuing their education.

At the national level, Medicare will pay for Graduate Nurse Education in five pilot states—Arizona, Illinois, North Carolina, Pennsylvania, and Texas. Community college and nursing education leaders endorsed academic progression for nurses in a joint position statement. RWJF in 2013 launched a Future of Nursing Scholars program to develop a new generation of nurse leaders. The program will create a diverse cadre of PhD-prepared nurses who are committed to long-term leadership careers that advance science and discovery through research, strengthen nursing education, and bring transformational change to nursing and health care.

## Diversity

This Campaign wants to promote a diverse nursing workforce. Approximately a third of the population was part of a racial or ethnic minority group in 2008, yet only 18 percent of our nursing students were from racial or ethnic minority groups. By 2050, African Americans, Asians, Latinos and American Indians/Alaskan Natives will comprise a majority of our population. Our profession should reflect the people it serves, and all nurses should deliver culturally competent services.

Thirty-four Action Coalitions are working on diversity initiatives. Texas is increasing diversity nursing student enrollment in baccalaureate programs by partnering with the University of Texas and other local stakeholders to provide scholarships, increase enrollment opportunities, and provide mentoring to minority nursing students. Rhode Island established the country's only new charter school devoted to graduating students who want to be nurses. The school has an 85 percent diversity rate and will be graduating students who have parents who lack a high school education.

## Interprofessional collaboration

Health providers must work together across disciplines to improve care. Studies have demonstrated how effective coordination and communication among health professionals can enhance the quality and safety of patient care. Health professionals working collaboratively as integrated teams draw on individual and collective skills and experience across disciplines. Integration of health service delivery better leverages the assets of health care and public health professionals. They seek input and respect the contributions of everyone involved, allowing everyone to practice at a higher level and resulting in better health outcomes.

RWJF and four other foundations are supporting the Health Resources and Services Administration's new national Center for Interprofessional Education and Collaborative Practice. We have collectively committed up to \$8.6 million over five years for the new

*Continued on page 43*

# CENTENNIAL

SANFORD MEISEL

# Website connects 100 years of college history to today

*Alumni Transformer profiles, galleries of photographs, videos, student recollections, and much more are on the College of Nursing Centennial website at [nursing100.osu.edu](http://nursing100.osu.edu).*

One nursing alumna recalls missing an appointment with School of Nursing Director Mildred Newton and was "mortified" to have forgotten it. Another alumna, a stu-

dent in the early 1950s, was required to get her mother's written permission to share a room with a classmate of a different race. Several graduates fondly remember the "tearing of the blues"—a not-quite ceremonial end-of-school-year ripping up of students' nursing uniforms.

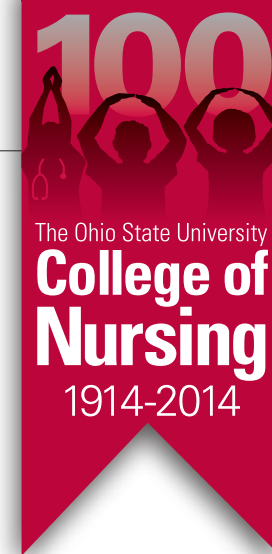
These recollections—along with galleries of historical photographs, profiles of 100 Alumni transformers, a Centennial video, almost 100 class composite photographs, a Centennial Timeline, hundreds of images from the March Centennial Gala and Alumni Reception, and much

more—are available on the College of Nursing's special Centennial website.

In the early planning for the Centennial observation of the college, it was proposed that a dedicated website would be developed to showcase the nursing program's rich 100-year history, as well



Pages from the Centennial website: front: Home page; left: sample decade from Gallery of Images; right: Class Photographs







From the Centennial website: The Centennial Timeline

as promote all the special events of the year. The site was launched in early January and has been updated with new content on a regular basis. Following is an overview of the site's current content:

**Message from the Dean—**Bernadette Melnyk welcomes visitors

**The Centennial Timeline—**A database-driven visual view of key historical events, from the program's founding in 1914 until today

**The Centennial Gala—**A brief description of the celebration, with a link to the college's Flickr site housing hundreds of downloadable photographs from the March 29 event

**Our Gala Sponsors—**Recognition of the generous sponsors

who made the Centennial Gala possible

**100 Alumni Transformers in Nursing & Healthcare—**A compilation of selected distinguished alumni with their profiles and photographs

**The Centennial Videos—**View "100 years of transforming health and transforming lives" as well as videos from the Centennial Gala featuring Gabrielle Giffords and Mark Kelly

**Centennial Alumni Reception—**Dozens of downloadable photographs of the gathering of college alumni the evening before the Gala

**Special Events—**Upcoming events celebrating the Centennial

**Gallery of Images—**Histori-



From the Centennial website: 100 Years of Leadership lists all of the nursing program's top leaders since its founding in 1914

cal photographs by decade of students, faculty, and activities spanning from the 1900s to the 2000s

**Class photographs—**A comprehensive collection of downloadable class composite photos from 1917 to 2007, after which they were no longer produced.

**Remember When?—**A collection of reminiscences from

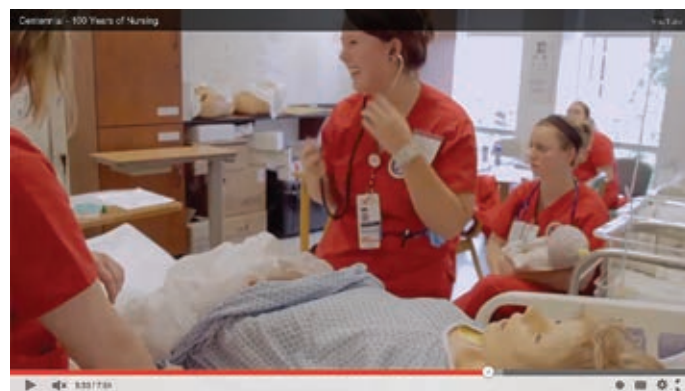
college alumni recounted their student days

**Paying Forward—**Ways in which college alumni and friends can provide generosity through gifts, volunteering, and precepting

**Stay in Touch—**Here are a number of ways that Buckeye Nurses can stay connected with their alma mater and with one another



Stills from the Centennial video, "100 years of transforming health and transforming lives," viewable at [nursing100.osu.edu/centennial-video](http://nursing100.osu.edu/centennial-video)



## Remember when? Two alumnae, two generations

Besides marrying men named Charles Johnson, my mother-in-law and I have something else in common—we are both proud graduates of the Ohio State University College of Nursing. Martha Jean Shaffer Johnson (Class of 1948) and I reminisced about our careers recently and found several similarities. We were both inspired to become nurses by our favorite aunts. Jean's aunt was caring and responsible; mine was facing breast cancer.

We both intended to study at Grant School of Nursing. Jean made an appointment to register there in 1944 but admits not wanting to wear black stockings as a student. After being awarded a \$1,000 scholarship from Urbana High School, she decided to attend Ohio State. The award covered tuition, room and board. My guidance counselor advised my parents that I would eventually need a bachelor of science degree and recommended that I attend Ohio State, which I did, beginning in 1973. I also received a \$1,000 Scholastic Award, but from Marietta Senior High School. Annual fees for room and meals at OSU at that time were \$1,335.

Jean lived on campus year-round with classes scheduled across four quarters. Breaks between quarters lasted one week. I had only three quarters so I took statistics during the summer (it was easier!) and worked as a student nursing assistant to help cover tuition costs. Jean remembers wearing snow pants under her uniform and shedding them in the cloakroom; I was grateful that we had a pants uniform. Jean loved her obstetrics rotation and I survived mine. We both suffered through embarrassing experiences in the operating room and decided that was not to be our calling.



Martha Jean Shaffer (top) and daughter-in-law Linda Burnworth Johnson

Jean's dorm was for girls only; mine was co-ed. We both had gal pals with whom we shared clinical stories and made lifetime memories. Jean's beloved classmates were Lois, Perk, Norma, and June; my best friends from the class of 1977 prefer to remain anonymous. Both generations loved Buckeye football. Jean remembers fun dances and late curfews. We played football under the lights in The Shoe and pounded the intramural basketball courts as the Round Ball Raiders. We even enjoyed a celebratory beer now and then!

After working for the Veterans Administration and the United States Public Health Service, Jean pursued a distinguished career as a school nurse in the Columbus Public Schools. Though my passion for oncology nursing blossomed at the University of Arizona Health Sciences Center, I have served for over thirty years at The James at The Ohio State University Wexner Medical Center. Jean is an original member of the NIH-funded Nurses Health Study that has enrolled more than 120,000 nurses and produced hundreds of research papers on health and wellbeing over the past thirty-five years. We are both grateful to have received a wonderful education at the College of Nursing that prepared us to Transform Health and Transform Lives! ■

*Editor's note: This "Remember when?" article will join previous submissions at [nursing100.osu.edu](http://nursing100.osu.edu).*

*Linda Burnworth Johnson, received a BSN from the College of Nursing in 1977 and an MS in 1981. She is president of the College of Nursing Alumni Society.*

**1-0-0 Photos—**College of Nursing students and alumni from around the world create the Centennial "1-0-0" configuration as a spin-off of the famous and beloved O-H-I-O group pose

**100 Years of Leadership—**A comprehensive listing of Ohio State's nursing program leaders as their titles evolved from chief nurse to principal, superintendent, director, and finally, dean



View photos from the Centennial Alumni reception on the College of Nursing's Flickr site at [http://go.osu.edu/cent\\_alumni\\_recept](http://go.osu.edu/cent_alumni_recept). Photos from the Centennial Gala are at [go.osu.edu/cent\\_gala](http://go.osu.edu/cent_gala).

**Contact Us—**An easy way to get in touch with Centen-

nial planning leadership with your questions, comments, or

sharing your own "Remember When?" recollections

The college plans for the Centennial website to remain active well into the future as an online archive of its history. Visit the site for its rich content and celebration of the college's excellence—and feel free to download photos of friends and classmates. ■

*Sanford Meisel is director of marketing and communications for the College of Nursing.*



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For information, contact Lynn Ellingsworth, program manager, at (614) 688-1175 or [ellingsworth.1@osu.edu](mailto:ellingsworth.1@osu.edu)



# Student organization NSPIRE reaches out to the community

*Nursing students volunteer to help underserved populations; create successful race to raise funds*

According to National Health Care for the Homeless Council, “Homelessness often begins with illness and escalates into problems with money, employment, and housing.” Additionally, individuals experiencing homelessness die 30

years younger than their counterparts with homes. Nursing students passionate about offering services to individuals experiencing homelessness and working to achieve health equity, formed Nursing Students Promoting Initiatives to Reinforce Equality (NSPIRE). NSPIRE raises public awareness and provides education about healthcare disparities

while providing valuable educational experiences and community service.

In the past six years, NSPIRE has grown from a handful of committed nursing students to a student organization with more than 110 active members who are not only impacting their community but are also increasing their ability to provide patient-centered,

culturally sensitive care.

Co-president Jennifer Lawson explains, “NSPIRE has taught me how crucial working in the community is to promoting health and wellness in the population. Working with underserved populations who encounter systemic barriers and have complex needs is a learned skill, and our members are well prepared for this



NSPIRE's Race to Heal, held on April 12, 2014.

Race to Heal photographs by Joshua Orack, Ohio Union





Jennifer Lawson

Members of the student organization NSPIRE provide Million Hearts healthcare screenings at a community festival

aspect of nursing.”

NSPIRE’s largest community service initiative is organizing monthly clinics at St. Sophia’s Orthodox Church for individuals who are currently experiencing homelessness. NSPIRE faculty advisors Professor Pamela Salsberry, PhD, FAAN, and Clinical Instructor Alexis Downing, MS, guide undergraduate and graduate nursing students as they monitor blood pressure, heart rates, and blood glucose; perform diabetic foot inspection; and conduct emotional assessments for 25-35 individuals each month. Beyond the assessments, volunteers teach individuals about chronic conditions such as hypertension and diabetes. Community members gain a better understanding of their medication and how to make the best possible food choices, which is challenging since

they have limited control over their own diet. Students learn to adapt their teaching to the circumstances at hand, and they learn to assess without the luxury of lab values and x-rays. NSPIRE members identify critical hypertension values and symptoms, diabetic emergencies, pneumonias, and wounds that are becoming dangerously infected, and then urge people to seek urgent care using language that is appropriate and sensitive to each individual’s situation. Students often return each month to a vastly improved person who embraces them and thanks them for their care and attention.

Regular visits

by NSPIRE members have created a safe space and trusting environment, and NSPIRE continually assesses what more they can do to help. Members now refer to agencies in the community for pa-



At NSPIRE’s Race to Heal

trons to receive follow-up care such as prescription refills and mental health services. NSPIRE provides hygiene packages and seasonal items (coats, socks, hats, sunscreen, insect repellent, etc.).

NSPIRE Co-president Meg Kane states, “It is overwhelming to witness the fellowship and congenial relationships between the members of the mission and OSU students, who get no class credit for their time and hard work. Everyone is there to help and support each other, because they want to make their community a better, stronger, healthier place.”

In addition to monthly clinics, NSPIRE engages in other community outreach and hosts film discussions to enrich students’ understanding of the multifaceted barriers facing the distinct populations that NSPIRE serves.

NSPIRE organizes educational “Mom and Baby” classes at the YWCA Family Center, sharing milestones and teaching moms about car seat and crib safety, nutrition, and immunizations. To reinforce their efforts, members designed and donated hygiene posters to decorate the lobby of the YWCA Family Center. NSPIRE has also provided monthly education classes to Columbus Collegiate Academy on nutrition, personal fitness, infection prevention, and sex education. They have created and presented calendars and pillowcases to children at Nationwide Children’s Hospital. NSPIRE members also offer primary prevention through education at community health fairs. Kane asserts, “By exposing our nurses-in-training to populations that are consistently going without, and encouraging the students to use their skills and training to help those in need, NSPIRE is putting the metanarratives established in the classroom into practice. In short, the students are both talking the



NSPIRE co-presidents (from left) Meg Kane and Jenn Lawson, and Race to Heal co-chairs Lindsay Meggas and David Persinger

talk and walking the walk.”

NSPIRE members walk the walk figuratively and literally. On April 12, NSPIRE hosted its second annual 5k Race to Heal, a family friendly wellness event to raise funds for NSPIRE initiatives and Ohio State Total Health and Wellness at University Hospital East. Race co-chair David Persinger explains, “NSPIRE seeks to eliminate health disparities through our community outreach activities. We also strive to raise public awareness of these disparities through events like the

Race to Heal in order to build public support for more broad-based policies that can effectively address them. In order to build support for these policies, we must make certain that our community is aware of the complex barriers that medically underserved people face.”

\* \* \*

At dusk, 228 participants gathered with their friends, partners, children, and pets to participate in the 5k Glow in the Dark Walk/Run at Ohio State’s Fred Beekman Park. Dean Bern Melnyk, Associate

Dean for Advanced Practice and Community Partnership Margaret Graham, and Director of The Ohio State Total Health and Wellness Clinic, Kristie Flamm, enthusiastically greeted participants and joined in the race. NSPIRE’s Race to Heal committee demonstrated tremendous leadership planning of the event as they mobilized more than 45 race day volunteers, solicited donations, generated enthusiasm, and encouraged peers to participate. Race co-chair Lindsay Meggas reflected, “After all of the hard work and behind-the-scenes planning that went into co-chairing the Race to Heal, it was even more inspiring to see so many people of all fitness levels participating with children in strollers and their dogs to help improve their overall wellness.” In total, NSPIRE raised \$7,500 for their outreach efforts.

The Race to Heal may be over, but NSPIRE members’ race to achieve health equity is constant. NSPIRE members continue to galvanize their nursing peers and mentor pre-nursing students to provide needed services in our community. As freshman pre-nursing student Brittney Pike explains, “Being involved with NSPIRE this year has helped me prove to myself that I am capable of making big impacts in small ways every day. NSPIRE members truly believe in Gandhi’s quote, ‘The best way to find yourself is to lose yourself in the service of others,’ and we persuade others to develop this mindset and way of life as well.” ■

*Jen Robb is program manager of the College of Nursing’s Office of Diversity and Inclusion and staff advisor to NSPIRE.*



The Race to Heal welcomed runners, walkers, strollers, wheelchairs, and pets.





## The Ohio State University is now offering **KySS online mental health fellowship: Child and adolescent**

**The Ohio State University is offering a self-paced online mental health program to nurses.**

### **What's the purpose of the program?**

This program teaches nurses to screen, assess, and manage common mental health problems in primary care settings, improving the capacity to meet the needs of people across the life span with mental/behavioral health disorders.

### **What is the program structure?**

- 12 self-paced, online modules
- Each module identifies objectives and includes a recorded one-hour lecture by a mental health expert, required readings, and useful resources
- A module typically takes one hour to complete
- A selected number of modules have associated clinical skills-building activities to assist participants with putting into practice what is being learned in the online educational modules
- Upon completion of each module, the participants take a post-test that assesses learner knowledge of the



content covered in the lecture and required readings.

The final clinical skills-building activity will include the submission of a comprehensive write-up of the assessment and evidence-based management of one child or adolescent with a mental health disorder.

Each participant will be assigned a faculty mentor who will provide expert

### **Topics covered include:**

- Nuts & bolts of screening, assessment, & evidence-based management of mental health disorders
- Cultural, legal, & ethical considerations
- Depressive disorders & suicide
- Psychopharmacology
- Anxiety disorders
- Maximizing reimbursement
- Cognitive behavior skills building
- ADHD
- Bipolar disorder
- Behavior disorders
- Somatic disorders

feedback on these activities. This addition will be greatly beneficial to nurses in building their mental health screening, assessment, accurate identification, and early intervention skills. Upon completion of the training program, participants will receive a certificate of completion.

Participants will also receive a copy of "A Practical Guide to Child and Adolescent Mental Health Screening, Early Intervention, and Health Promotion, 2nd Edition" as part of their registration fee.

### **How do I register?**

For questions on the program, please e-mail [slevin.8@osu.edu](mailto:slevin.8@osu.edu), attention: Caitlin Slevin, program coordinator.



**THE OHIO STATE  
UNIVERSITY**

## GIVING

DELFINA DELISLE

# Sylvia Anderson Price: "Makes it all worthwhile"

*Alumna, author, helps students focus their time and energy on studying*

**F**ulfilling the educational goals of future nursing students is high on Sylvia Price's priority list. She invested herself deeply in

her profession as a staff nurse, supervisor, and faculty member. Her professional success, along with her book royalties, has allowed her to establish the Dr. Sylvia Anderson Price Scholarship Fund to provide need-based scholarships to students enrolled in the College of Nursing.

During her sophomore year at Ohio State, Sylvia interviewed with Frieda Stewart Shirk, assistant director at the then School of Nursing. "Her questions were thought-provoking and compelled me to consider the pros and cons of a nursing career," said Price. "After that interview, I was convinced nursing would be my professional career." She formed strong bonds with her close-knit group of fellow nursing students and has maintained a close relationship with her first roommate in nursing, Marilyn Bean Haver. They correspond and visit each other, and even roomed together at their 25th and 50th reunions.



**Sylvia Anderson Price**

Early in her career, Sylvia taught a pathophysiology course for undergraduate nursing students at the University of Michigan. At that time, there was not a pathophysiology textbook available in nursing and allied health. Along with her colleague, Lorraine Wilson, she submitted a proposal to McGraw-Hill and signed the contract for the book, "Pathophysiology:

Clinical Concepts of Disease Processes." It was published in 1978 and is now in its sixth edition.

In her role as a faculty member at the University of Michigan, she taught and conducted research in nursing administration, while also co-authoring four textbooks and several journal articles. After she retired to Holmes Beach, Florida, she accepted a posi-

tion as an associate professor at the College of Nursing at the University of Tennessee in Memphis. "It was an exciting time for me because I had the chance to mentor and collaborate with several students in their writing endeavors, some of whom are now published authors," said Price.

A nursing fellowship allowed Price to follow her passion for nursing and complete her advanced degrees. The opportunities she experienced motivated her to give back to Ohio State. She supports the College of Nursing through current use gifts and a charitable gift annuity, which provides a fixed annuity payment for life in exchange for a gift of cash or appreciated securities.

She was honored for her commitment to the college and was invited as the guest speaker for the sixth annual scholarship reception. "It was time to give back to Ohio State because it gave so much to me and was the foundation for many successes in my professional career," said Price. "I take great satisfaction in knowing future students can be relieved from the financial pressures of paying for college and can focus their time and energy on studying and



## Student Spotlight

*Through annual support of scholarships, fellowships, professorships and more, we can ensure that nursing students will be poised to deliver excellence in education and research, evidence-based practice and healthcare innovation.*

Natalie Maxey, an undergraduate student from Defiance, OH, plans to graduate in May 2015 with her BSN. Natalie is the recipient of the The Helen A. Freyman Scholarship in Nursing which was established March 6, 1998. Income from this scholarship provides undergraduate/graduate nursing scholarships, with preference to students from Williams, Defiance, Fulton and Henry Counties.

Natalie is involved in several groups: RealLife, a Christian ministry where she leads a small group Bible study for freshman girls; NSPIRE (Nursing Students Promoting Initiatives to Reinforce Equality)—a College of Nursing student organization; and Be The Match, which helps raise awareness for bone marrow transplant on campus. Upon graduation, Natalie would like to work in the NICU or in oncology.

### How has this scholarship made an impact in your life?

This scholarship has been a huge blessing, taking away much of the financial burden and allowing me to focus on my

## Natalie Maxey



Natalie Maxey

studies and activities in which I'm involved. It has given me even more drive to do my best knowing there are people who are behind me and supporting my journey. The scholarship I received has instilled in me a desire to pay it forward and to help others.

### What is an interesting fact about you that most people would find surprising or unexpected?

I was born with a birth defect known as Gastroschisis which kept me in the NICU for exactly the first 100 days of my life.

### What is your advice to students interested in studying nursing at Ohio State?

Get involved on campus in activities and get to know the nursing faculty and professors. They are very caring and generous people whose main goal is to help you and support you.

*For more information on funding scholarships to support students like Natalie, please contact Pamela Lowe, director of development, at [lowe.360@osu.edu](mailto:lowe.360@osu.edu) or (614) 688-1086.*

## Professorship gifts announced at Centennial Gala

Adding to the excitement of the March 29 Centennial Gala celebration, Dean Bernadette Melnyk announced two special gifts.

### The FloAnn Sours Easton Professor of Child and Adolescent Health

This professorship is a gift from FloAnn and John Easton. FloAnn is a 1962 graduate of the College of Nursing and both FloAnn and John serve as volunteers on the College of Nursing's "But For Ohio State" capital campaign committee. As a campaign priority, this gift to support an endowed professorship will be the first of its kind for the "But For Ohio State" campaign within the College of Nursing. This professorship will enable Dean



FloAnn Easton

improving themselves."

Recently, a scholarship recipient from Central America wrote Price to express her gratitude. The scholarship

has had a tremendous impact and allows her to focus on her education and learning. Additionally, it will enable her to visit her mother whom she

Melnyk to recruit a highly distinguished nationally renowned researcher/scholar who will conduct research to improve the health of children and/or adolescents and be an expert in pediatric nursing. As an endowed gift, this fund will continue in perpetuity, thus extending the impact of this professorship for generations to come.

### Centennial Professor of Nursing

The Centennial Professor of Nursing is a designated professorship to promote and enhance both nursing and transdisciplinary research activities at the college, preferably in a substantive area aligned with either one of two centers of research excellence in the college: the Center for Women, Children & Youth or the Center of Excellence in Critical and Complex Care. Funds for this professorship are made possible by our donors to the OSU Fund for the College of Nursing (303492).

has not seen in more than four years. "Her letter of acknowledgment of the funding was so gratifying to me on a personal level," said Price. "Letters like

this make it all worthwhile!" ■

*Delfina Delisle is marketing manager for the Ohio State University Foundation.*

## ALUMNI

MEGAN DENISON

# Alumni kick off Centennial Gala weekend at welcome reception

*Alumni and friends reminisce, tour Newton Hall, and mingle with students wearing uniforms of bygone eras*

The College of Nursing Alumni Society kicked off the Centennial Gala Weekend on Friday, March 28 with a welcome reception in the renovated lobby of Newton Hall. More than 240 alumni, many of whom had not been back to Newton Hall since their own student days, took the opportunity to reconnect with former classmates, browse through old yearbooks, and took tours of the college's Tech-

nology Learning Complex. A highlight of the evening came from student participation: thirteen nursing students, from all levels and nursing programs, dressed in past and present nursing student uniforms to mix and mingle with guests throughout the event.

As the evening progressed, Dean Bernadette Melnyk and Linda Johnson (BSN 1977, MS 1981), president of the Nursing Alumni Society, greeted everyone and recognized significant activities and



Alumni check out the yearbooks from the 1960s at the Centennial Gala Weekend welcome reception.



Linda Johnson, president of the Nursing Alumni Society, greets the attendees of the Centennial Gala Weekend welcome reception.



*The Centennial Welcome Reception was a delight to attend! Visiting with former instructors and classmates, seeing the newly furbished lobby of Newton Hall and skills labs, and admiring our historical student nurse uniforms was so much fun! I experienced true Buckeye Pride that evening!*

—Patricia Lause Weisenbach, BSN 1981



**Alumnae from the Class of 1964, who will be recognized during this autumn’s Reunion-Homecoming Weekend as a 50-year class.**

honors of College of Nursing alumni. Such accomplishments include raising \$1 million for student scholarships by the college’s Centennial, as well as the Nursing Alumni Society’s recognition as an Outstanding Alumni Society by The Ohio State University Alumni Association, Inc., an

award they had not received since 1995.

\* \* \*

If you are interested in getting involved with the Nursing Alumni Society, please email [nursingalumni@osu.edu](mailto:nursingalumni@osu.edu) or contact Megan Denison, alumni & donor relations coordinator, at [denison.22@osu.edu](mailto:denison.22@osu.edu).

edu or (614) 292-2658.

\* \* \*

**Save the date for future alumni events!**

**8th Annual Nursing Alumni Society Wine Tasting  
August 6, 2014**

The evening will feature wines of the Mediterranean and



**Kitty Kisker, 1966, MS 1967 and Centennial honorary co-chair, with student Leah Jackson, who wore Kisker’s own nursing uniform from 1966.**

an exciting silent auction! Proceeds benefit the College of Nursing Scholarship Fund (#645280).

**Reunion-Homecoming Weekend  
October 17-19, 2014**

The weekend will feature a special luncheon of the Class of 1964, a casual All-Class Social on the Homecoming Parade route, and a spirited tailgate before the Buckeyes take on Rutgers. It is sure to be a week-



end you won’t want to miss! To learn more, visit [go.osu.edu/nursingalumnievents](http://go.osu.edu/nursingalumnievents).

*Megan Denison is alumni and donor relations coordinator for the College of Nursing.*

**Current College of Nursing students wore uniforms past and present for the evening. Students and their uniforms eras: seated, left to right: Katelyn Mehl and Leah Jackson (dress w/apron 1930s-1960s), Nneka Ariguzo (light blue pantsuit 1970s), Jodie Campbell and Joyce Perry (light dress 1970s); standing, left to right: Chelsea Cochrane (jumper 1980s), Elizabeth Kress (polyester dress 1980s), Kayla Yeckley (polyester pantsuit 1980s), Andre Nixon (male uniform 1980s), Maeve Kessler (white scrubs 1990s), Anelise Zamarripa-Zoucha (white scrubs 1990s), Marissa Mittelman and John Curfman (red scrubs 2002-present).**

**Viewpoints**  
*Continued from page 43*

Center, whose mission will be to accelerate teamwork and collaboration among nurses, doctors and other health professionals. At the state level, Indiana succeeded in getting the medical and nursing schools at Indiana and Purdue Universities to adopt an interprofessional collaboration curriculum. Rhode Island developed an interprofessional curriculum that includes

doctors, nurses, pharmacists and social workers.

We are proud of the progress that the Campaign for Action has achieved to date, but significant work remains to be done to fully unleash the potential of nurses to lead change and improve care. It is my hope that Ohio State’s 12,000 alumni, including deans and directors of nursing schools across the country, donors and other community members will join the Future of Nursing: Campaign

for Action if you are not yet involved. Go to our website, [campaignforaction.org](http://campaignforaction.org), to sign up and join. We need your voices, as well as your time and talents to succeed—we need your help to improve health and health care in Ohio and our country. It is every nurse’s individual and collective responsibility to support the report and to help advance it. Health transformation is underway, and the future of nursing is now.

We cannot transform

healthcare without transforming nursing—our health system can only be successful if nurses are better prepared and able to practice and lead to the full extent of their education and training. Together, let us create a health system that provides accessible, affordable and quality care to everyone in America. ■

*Susan B. Hassmiller, PhD, RN, FAAN, is senior advisor for nursing at Robert Wood Johnson Foundation.*



**Nursing Alumni Society board members Eric Yap, Heather Brom, past president Danette Birkhimer, current president Linda Johnson, and Patricia Weisenbach.**



**College alumna Sally Hull Jones, '51 (center) with current students Leah Jackson and Katelyn Mehl. Jones was featured in the Centennial video premiering at the following evening’s Gala.**



# Become a Million Hearts Fellow

Register today for the free online course

National Interprofessional Education  
and Practice Consortium to  
**Advance Million Hearts**



The National Interprofessional Education and Practice Consortium has launched the Million Hearts interprofessional educational module as part of the National Interprofessional Education and Practice Consortium to Advance Million Hearts. Million Hearts™ is a national initiative launched by the Department of Health and Human Services in September 2011 to prevent one million heart attacks and strokes in five years.

Health professions colleges across the country are participating by having their students complete the module, which takes approximately three to four hours. Students learn about how they can impact

population health by conducting an accurate and comprehensive Million Hearts screening in their community.

Health professionals and health professions students who complete the free Million Hearts educational module on our web site ([www.millionhearts.osu.edu](http://www.millionhearts.osu.edu)) will be certified as Million Hearts Fellows.

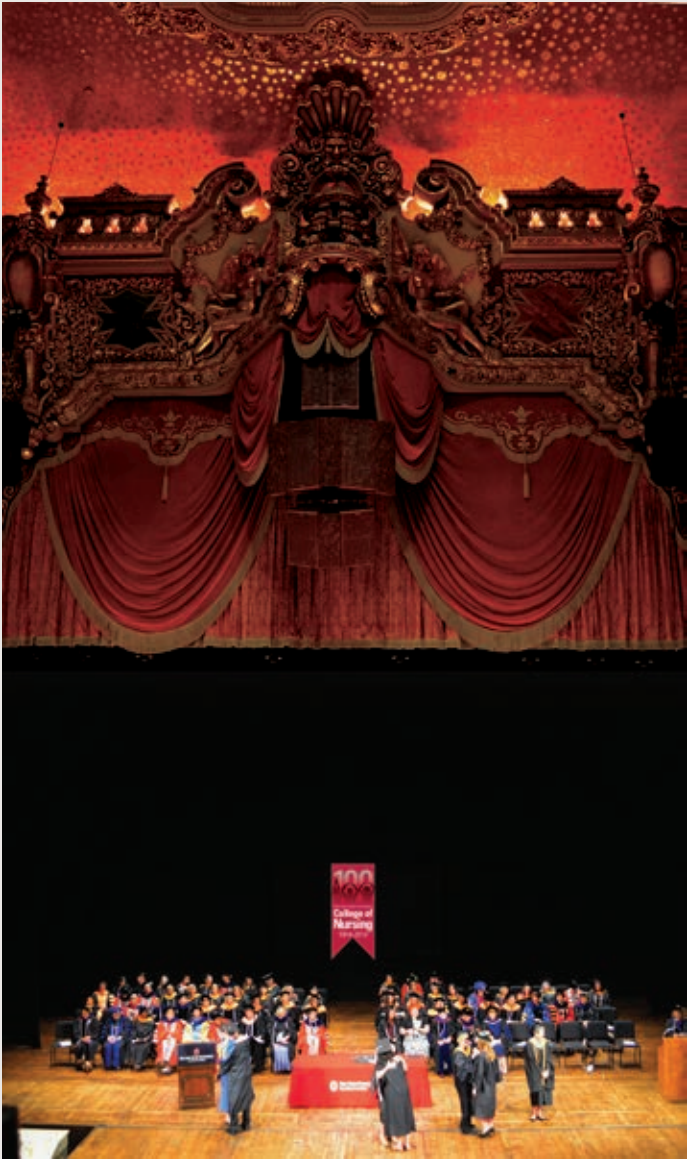
At the end of the module, students and health professionals enter data on the 10 people for whom they conducted Million Hearts screenings and/or education to track the number of people we have reached. This module—designed by Ohio State faculty from medicine, nursing and

pharmacy—is intended to help health professionals and students learn about how they can impact population health through the Million Hearts national initiative.

For instructions on how to use the educational module as well as for access to the free module and tools, please go to [www.millionhearts.osu.edu](http://www.millionhearts.osu.edu).



## College convocation held May 3 at Ohio Theater



The College of Nursing's annual convocation moved to the historic Ohio Theater in downtown Columbus in 2014 after five years at Veteran's Memorial. The imminent closing of Veteran's Memorial, which will be replaced by a new facility without an auditorium, prompted the move this year.

In addition to the presentation of 12 student awards, the May 3 event recognized two PhD candidates, 14 DNP candidates, 134 master's degree candidates and 249 bachelor's degree candidates. Clinical Instructor Diane Sheets was selected Educator of the Year by the student body.



Diane Sheets receives the Educator of the Year award from Leslie Schmidt, student ombudsperson, at the 2014 convocation.



Students gather for the convocation processional

## Melnyk receives Sigma Theta Tau leadership award

Bernadette M. Melnyk, PhD, RN, CPNP/PMHNP, FNAP, FAAN, Ohio State University chief wellness officer, associate vice president for health promotion and dean of the College of Nursing, received Sigma Theta Tau International's Mary Tolle Wright Award for Excellence in Leadership at the organization's 42nd Biennial Convention in November in Indianapolis.

The honor society of nursing presents the recognition as part of its Founders Awards recognizing "extraordinary excellence" and are the highest honors bestowed by STTI.

## College's midwifery program cited

The College of Nursing's nurse midwifery speciality underwent an accreditation visit in February, satisfactorily meeting all criteria. No weaknesses were cited. The site visitors praised the quality of our students, the enthusiasm and motivation of college leadership, and the accessibility and professionalism of staff. They were impressed with how evidence-based practice is being woven through the curriculum. The Technology Learning Complex was identified as a significant asset to the program.

The American Midwifery Certification Board also recognized our 100% certification pass rate for the fourth year in a row.



## Menon selected for induction to the STTI Hall of Fame; also recognized as IU legacy leader

Vice Dean Usha Menon, PhD, RN, FAAN, will be inducted into Sigma Theta Tau International's Research Hall of Fame at the group's 25th International Nursing Research Congress in Hong Kong in July. The congress will include 1,000 nurse researchers, students, clinicians, and leaders to learn from evidence-based research presentations.

In addition, Menon was selected as one of the top alumni legacy leaders by the Indiana University School of Nursing for their centennial year.



## NAP inducts Anderson and Gallagher-Ford

Cindy Anderson, PhD, RN, WHNP-BC, FAAN, and associate dean for academic affairs and educational innovation, and Lynn Gallagher-Ford, PhD, RN, DPNAP, NE-BC, and director of the Center for Transdisciplinary Evidence-based Practice, were inducted in April to the National Academies of Practice. NAP is a non-profit organization founded to advise governmental bodies on our healthcare system. Distinguished practitioners and scholars are elected by their peers from ten different health professions to join this interprofessional group of healthcare practitioners and scholars.



From left: Cindy Anderson, interim dean, WVU College of Nursing; WVU President and former Ohio State President E. Gordon Gee; Melnyk; and John Fahey, chairman, WVU Alumni Association Board of Directors

## Melnik inducted into WVU Academy of Distinguished Alumni

Bernadette Melnyk, PhD, RN, CPNP/PMHNP, FNAP, FAAN, associate vice president of health promotion, chief wellness officer and dean of the College of Nursing, was inducted into her alma mater's Academy of Distinguished Alumni at West Virginia University on February 21. The recognition is considered the highest honor awarded to graduates of the institution.

From left: Elisabeth Shelton, interim dean, WVU College of Nursing; WVU President and former Ohio State President E. Gordon Gee; Melnyk; and John Fahey, chairman, WVU Alumni Association Board of Directors



## College joins National Hartford Centers of Gerontological Nursing Excellence

The College of Nursing has been accepted as a member in the National Hartford Centers of Gerontological Nursing Excellence (NHCGNE). The designation demonstrates the college's commitment to the field of gerontology and to building the next generation of gerontological nurses.

NHCGNE schools possess capacity in gerontological research, practice, education, and/or leadership. The college has 17 clinical and research faculty with gerontological expertise and/or research programs significant to the field of gerontology.

Its inter-professional faculty collaborative in gerontology, the "Buckeye Hartford Scholars," has four College of Nursing faculty and associates: Michele Balas, Janine Overcash, Mary Beth Happ, Margaret Crighton, who are John A. Hartford Building Academic Geriatric Nursing Capacity program alumni and five interdisciplinary faculty who are Hartford Scholar alumni in medicine and social work.

## Three seniors chosen to present at research conference

Three College of Nursing seniors were selected to present their research proposals at the National Conference on Undergraduate Research, held in April at the University of Kentucky.

Valerie Gideon's abstract title is "Association of biological and self-reported stress measures with cardiovascular disease and risk factors among adults with type 2 diabetes."

Margaret von der Embse's title is "Can self-perceived health status predict the level of distress in cancer inpatients?"

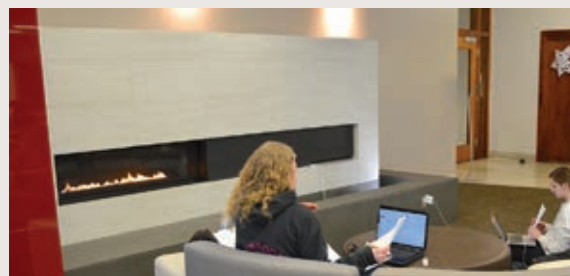
Britain Sample's title is "Perception of asthma control."



From left: Valerie Gideon, Margaret von der Embse and Britain Sample

## Keeping warm on those wintery Columbus days Arcoleo recognized

Two years after the renovation of Newton Hall's lobby, some additional features were recently added. The south wall was reconstructed to contain a gas fireplace and small fountain water feature. During this past cold winter, students enjoyed studying near the warmth of the fireplace. A new donor recognition wall is planned for the space next to the fountain.



Kimberly Arcoleo, PhD, MPH, and associate dean for research and transdisciplinary scholarship, was selected for the 2014 Ohio Nurses Foundation Nurses Choice Award, given to a non-nurse who has made major contributions to the profession of nursing.

## Min receives Ohio State Distinguished Staff Award

Jackie Min, the College of Nursing's graduate outreach manager, was surprised during a meeting by members of the university's human resources office notifying her that she had been selected a recipient

of Ohio State's Distinguished Staff Award. Each year, 12 university staff members are recognized for their outstanding leadership and accomplishments in service to the university.

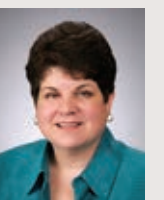
In addition to receiving a crystal trophy, a cash award and an increase in pay, Min attended a luncheon ceremony and will be recognized during halftime at a fall Ohio State football game.



Jackie Min, center, was selected to receive one of the university's Distinguished Staff Awards for 2014. With her are co-workers and members of the human resources office.

## Ryan named MOD nurse of the year

Assistant Professor of Clinical Nursing Sharon Ryan, DNP, was named 2013 Ohio Nurse of the Year in Advanced Practice by the March of Dimes. Erika Birt Koors was named 2013 Ohio Nurse of the Year in the nursing student category.





## Smith receives MNRS award; work gets national exposure

Associate Professor Laureen Smith, PhD, was selected as the recipient of the Midwest Nursing Research Society (MNRS) Adolescent Research Trailblazer Award. This award recognizes the work of a seasoned investigator who has conducted adolescent nursing research that has contributed to the science and practice of nursing.

Smith's "Sodabriety" study on teen obesity in Appalachia and sugary drinks has recently received wide media



**Laureen Smith**

in addition, consumer advocacy websites "Consumer Affairs" and "Yahoo Health" featured articles on the research.

exposure, with live interviews on Sirius XM's "Doctor Radio" program and on Columbus' WTVN 610 radio. In

## "Dancing faces you towards Heaven, whichever direction you turn."

—Terri Guillemets



College of Nursing students in a graduate level pre-licensure community health course were assigned a low-income housing setting for a health fair. Students were to conceptualize and operationalize the fair and research what kinds of

activities would be provided, then meet with faculty at a student-led session to finalize plans. One student suggested ending the fair with an exercise activity and another claimed expertise at swing dancing instruction. Barriers were identified and a solution postulated. Swing dancing was approved by the group.

On the day of the fair the student hung banners, produced handouts and prepared healthy snacks for the participants. Posters displayed in the facility listed dancing as an option. Residents began asking: "What time is that dancing going to happen?," "I am ready for the dancing!," "I'll just sit here 'til the dancing starts!" Residents visited an informational table with topics such as veterans' benefits, therapeutic diets, the FAST test for stroke, and oral health.

After the displays had been visited, most of the residents stayed for the dancing. The students demonstrated the swing dance and then gave a few pertinent pointers. Couples of students and residents grouped on the floor and began to dance.

## Weber receives Board of Trustees Student Recognition Award

Ashley Weber, MS, RN, a doctoral student at the College of Nursing, received an Ohio State University Board of Trustees Student Recognition Award

in April. The award is given to students nominated by the college and dean, who have outstanding academic and service achievements to the

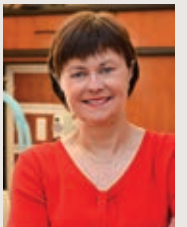
university. Weber is a delegate to the Council of Graduate Students and a GAANN Fellow (Graduate Assistance in Areas of National Need).



From left: Robert Schottenstein, then-chair of the Board of Trustees; Stacie Seger, undergraduate student trustee; Interim President Joseph Alutto; Ashley Weber; College of Nursing Associate Professor Deborah Steward; Dean Bernadette Melnyk; and Tondi Harrison, Nationwide Children's Hospital and co-chair of Weber's dissertation committee

## Chlan abstract recognized

Linda Chlan, PhD, RN, FAAN, distinguished professor of symptom management research was awarded the Intensive and Critical Care Nursing Award for her abstract, "Contributors to fatigue ratings in mechanically ventilated ICU patients," which she presented at the Society of Critical Care Medicine Annual Critical Care Congress in San Francisco in January.



## Wold manuscript selected in top ten

A manuscript by Loren Wold, PhD, FAHA, FAPS, director of biomedical research and associate professor at the College of Nursing, "Cardiovascular remodeling in response to long-term exposure to fine particulate matter air pollution" was selected as one of the most important manuscripts published in 2012 by editors of the journal *Circulation: Heart Failure*.

## Happy Valentine's Day!



Clinical Instructor Cindy Long reacts to a surprise Valentine's Day serenade by the Singing Buckeyes, arranged by her husband John. Long was teaching her class in Newton 172 when the group came in to sing, prompting applause, cheering, and cell phone videos from the students.

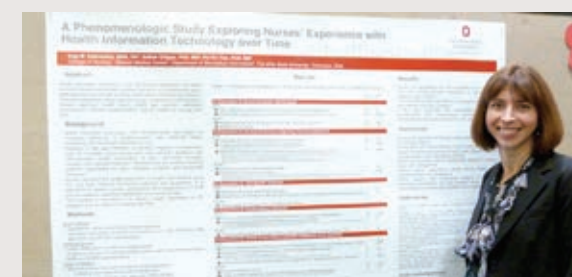
## Barker appointed to expert panel

Elizabeth Barker was appointed to the American Academy of Nursing's Global Health expert panel as well as the International Health Committee of the American Association of Nurse Practitioners.



## PhD student wins best poster

PhD student Inga Zadvinski won the distinguished poster award at the annual meeting of the American Medical Informatics Association (AMIA). She has been working with Clinical Assistant Professor Esther Chipps, PhD, RN and Research Assistant Professor Po-Yin Yen in Biomedical Informatics.



## Connect with the College of Nursing

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### TWITTER

www.twitter.com/osunursing



### FACEBOOK

www.facebook.com/osucollegeofnursing



### YOUTUBE

www.youtube.com/ohiostatenursing



Take the next step to advance your nursing career!

# Graduate nursing programs at Ohio State

At The Ohio State University College of Nursing, our world-renowned faculty prepares students to assume leadership roles in healthcare innovation, conduct innovative research, and engage in evidence-based practice.

In addition to equipping students with the skills needed to revolutionize healthcare, all of our programs place an emphasis on personal health and wellness.

**Traditional Master of Science** program for licensed RNs who hold a bachelor's degree. Visit [nursing.osu.edu/ms](http://nursing.osu.edu/ms)

**Graduate Entry option** is an accelerated pathway to licensure for students who hold a degree in a non-nursing field. Visit [nursing.osu.edu/ge](http://nursing.osu.edu/ge)

**Doctor of Philosophy in Nursing (PhD)** is a full- or part-time program to prepare nurse scientists and scholars who are skilled researchers and seek to advance the discipline. Visit [nursing.osu.edu/phd](http://nursing.osu.edu/phd)

**Graduate specialties** are available with an MS or post-master's certification, such as a family nurse practitioner (FNP) or a psychiatric mental health nurse practitioner (PMHNP), as well as in a variety of specialty tracks in advanced practice nursing, such as adult gerontology, women's health and pediatric NPs, with certification as either a nurse practitioner (NP) or clinical nurse specialist (CNS). Visit [nursing.osu.edu/specialties](http://nursing.osu.edu/specialties)

**Doctor of Nursing Practice (DNP)** is an online program offering doctoral preparation to nurses who want to tailor their careers toward leadership roles in healthcare, nursing administration or health policy. Visit [nursing.osu.edu/dnp](http://nursing.osu.edu/dnp)

**Our out-of-state online students now receive the same high-quality education at the same tuition rate as our in-state students!** The DNP program, Family Nurse Practitioner and Psychiatric Mental Health specialties are offered only online.



**THE OHIO STATE UNIVERSITY**  
COLLEGE OF NURSING  
[nursing.osu.edu](http://nursing.osu.edu)

## CLASSNotes

Compiled by Megan Denison

Share your professional accomplishments with your fellow alumni. Send your updates to Megan Denison at [nursingalumni@osu.edu](mailto:nursingalumni@osu.edu).

### 1940s

**1948 Joyce Clinger Loepprich** went on to receive her MS in Library Science at Case Western Reserve University and then worked at the University of California, Irvine. She is now retired.

### 1960s

**1966 Joan Doyle Stanton** spent most of her career in homecare until retirement in 2006.

### 1970s

**1975, 1976 MS Jeri Boylan Milstead** received the Local Nursing Legend Award from the Ohio State Medical Heritage Center's Friends of Nursing History Steering Committee in 2013.

**1978 Marcy Toelle Conti** was the first female and nurse to receive the Norman O. Rothermich Pioneer in Medicine Award from the Arthritis Foundation.

**1978 MS Pamela Dickerson** was inducted as a Fellow in the American Academy of Nursing in October, 2013. Dickerson is the director of continuing education for the Montana Nurses Association, a noted Ohio nurse entrepreneur, and chair of the American Nurses Credentialing Center's Commission on Accreditation.

**1978 Lorraine Long Donner** went on to received her MSN from Yale University and worked in Colorado, Connecticut and Illinois for many years. Lorraine has returned to Ohio as a psychiatric-mental health nurse practitioner at the Cleveland Clinic.

**1978 MS Christine Wynd** will become the second president and dean of Mount Carmel College of Nursing (MCCN) effective July 2014. Wynd comes to MCCN from the

Breen School of Nursing at Ursuline College in Pepper Pike, Ohio, where she has served as dean and Strawbridge Professor since 2007. Her experience in nursing education and leadership is extensive and includes directing the PhD in Nursing program at the University of Akron and teaching at both The Ohio State University and Case Western Reserve University. Wynd retired from the US Army Reserve Nurse Corps at the rank of colonel in 2001. Her military experience includes serving as chief nurse for two separate combat support hospitals and as the Reserve representative to the office of the assistant chief, Army Nurse Corps.

### 1980s

**1983 Lynda Wheatley Noll** wrote an article for the October 2013 Journal of Hospice and Palliative Nursing. The article is entitled "Management of Constipation in Parkinson's Disease."

**1985 Colonel Rachel Czerniak Armstrong, PhD, MSN, MBA, MSS,** is the regional nurse executive and deputy assistant chief of staff for clinical operations for the US Army Northern Regional Medical Command, providing clinical oversight to seven military treatment facilities and their subordinate clinics across a 20-state region. She was recognized as a 2013 Robert Wood Johnson Executive Nurse Fellow and she has received multiple military medals.

**1987 MS Cynthia Saver's** second edition of "Anatomy of Writing for Publication for Nurses" was published in April 2014 by Sigma Theta Tau International.

### 1990s

**1994 MS Karen Marshall Thompson** was elected to a second term on the National Association

## In memoriam

*Remembering our classmates, colleagues and friends*

Betty F. Bonnell 1937  
Nancy G. Chaney 1957  
Nancy A. Drake 1973  
Carol C. Drumm 1966  
Erika P. Gerke 1962  
Virginia L. Grover 1950  
Bonita C. Heuerman 1968  
Marilyn B. Hingst 1951  
Robert Johnson 1951  
Nancy N. Kincaid MS 1963

Janet S. Menkel 1960  
Shannon L. Riedel 2001  
Ruth H. Rose 1940  
Ruth C. Smailes 1961  
Mary A. Snodgrass 1951  
Jane C. Speelman 1943  
Betty D. Ventling 1947  
Joyce S. Warren 1958  
Margaret N. Wenner 1944

for Home Care Board of Directors 2014-15. Thompson also co-led the Southern Ohio Medical Center Magnet Journey to successful redesignation in 2013. She is currently working at the Director of Home Health Services and the Wound Healing Center.

**1995, 1998 MS Eric Yap** has held several leadership positions in the area of rehabilitation in nursing and healthcare and is currently chief executive officer of OhioHealth Rehabilitation Hospital.

**1996 Brian Garrett, DNP, MSN, RN, CRNA,** received his doctorate of nursing practice from Otterbein University and is working as the interim program director for the Otterbein/Grant Nurse Anesthesia Program.

### 2000s

**2001, 2005 MS Aaron Begue** recently transitioned to the director of advanced practice for The Ohio State University Health System.

**2002 MS Heather Brom** is now serving as the Advanced Practice Educator for The Ohio State University Comprehensive Cancer Center—Arthur G. James Hospital and Richard J. Solove Research Institute.

**2006 MS, 2013 DNP Angela Alston** is currently working as nurse practitioner coordinator at OhioHealth Riverside Methodist Hospital, where she is the only nurse with a doctor of nursing practice degree.

### 2010s

**2013 MS Steven Ross** is working as a pediatric nurse practitioner for a primary care office in Hastings, Michigan.

8th Annual  
Nursing  
Alumni  
Society  
Wine  
Tasting

Save the date!  
**August 6, 2014**

The evening will feature wines of the Mediterranean and an exciting silent auction!



Nursing  
Alumni Society



## ACTIVE FACULTY GRANTS (2013-2014)\*

**Ahijevych, Karen** (Co-I). OSU Center of Excellence in Regulatory Tobacco Science (OSU-CERTS). National Cancer Institute, \$78K, 2013-14.

**Arcoleo, Kimberly** (PI). Asthma disparities in Latino children: Acculturation, illness representations & CAM. National Center of Complementary and Alternative Medicine, \$2.37M, 2009-2014.

**Barker, Elizabeth** (Co-PI), **Von Sadowsky, Victoria** (Co-PI). Effectiveness & benefit of two STI prevention delivery methods for military women. Uniformed Services University of the Health Sciences, \$660,959, 2011-2015.

**Chlan, Linda** (PI). Testing the feasibility of patient-controlled sedation in ventilated ICU patients. National Institute of Nursing Research, \$24K, 2013-14.

**Ford, Jodi** (Co-I). Linking biological and social pathways to adolescent health. National Institute of Child Health and Human Development, \$41K, 2013-14

**Ford, Jodi** (PI); **Szalacha, Laura** (Co-I). Linking biological and social pathways to adolescent health and well-being. National Institute Drug Abuse, \$255K, 2013-14.

**Graham, Margaret** (PI), **Ahijevych, Karen** (Co-PI). Web-based smoking cessation for women: a pilot study. Pfizer Inc., \$85K, 2009-14.

**Graham, Margaret** (PI). Advanced education nursing grants. Health Resources & Services Administration, \$894K, 2010-2014.

**Graham, Margaret** (PI); **Melnik, Bernadette** (Co-I); **Szalacha, Laura** (Co-I). Nurse education, practice, quality, and retention—interprofessional collaborative practice. Health Resources & Services Administration, \$1.5M, 2012-15.

**Happ, Mary Elizabeth** (PI); **Szalacha, Laura** (Biostatistician). Management of distraction and interruption during nursing care in the ICU. National Patient Safety Foundation, \$85K, 2012-14.

**Happ, Mary Elizabeth** (PI); **Szalacha, Laura** (Co-I). Improving outcomes for mechanically ventilated patients with the digital EZ board. National Institute of Nursing Research, \$91K, 2012-14.

**Happ, Mary Elizabeth** (Co-I). A trial to improve surrogate decision-making for critically ill older adults. National Institute on Aging, \$14K, 2013-14.

**Kue, Jennifer** (PI); **Menon, Usha** (Co-I) **Happ, Mary Elizabeth** (Co-I), **Szalacha, Laura** (Co-I). Southeast Asian women's health project. National Cancer Institute, \$77K, 2014-15.

**Kue, Jennifer** (PI). Southeast Asian women's health project. Coca-Cola Critical Difference for Women Grant for Research on Women, Gender, and Gender Equity. \$3.5K, 2013-14.

**Landers, Timothy** (PI). Impact of pet ownership on SA/MRSA colonization in children & families. National Institutes of Child Health and Human Development, \$145K, 2012-14.

**Landers, Timothy** (PI). Nurse Faculty Scholars Program. Funded by Robert Wood Johnson Foundation, \$350K, 2012-2016.

**Landers, Timothy** (Co-I). A Systematic Oral Care Program in post-mechanically ventilated post-intensive care patients. Medline Industries, Inc., \$80K, 2010-2014.

**McDaniel, Jodi** (PI). Testing fish oil-derivatives in healing of chronic venous leg ulcers. National Institute of Nursing Research, \$405K, 2012-2015.

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**Melnik, Bernadette** (PI); **Barker, Elizabeth** (Co-I); **Daley, Linda** (Co-I); **Gottesman, Mary Margaret** (Co-I); **Graham, Margaret** (Co-I); **Momeyer, Mary Alice** (Co-I); **Szalacha, Laura** (Co-I); **Warren, Barbara** (Co-I). Ohio State University MEDTAPP Health Care Access Initiative, Ohio Department of Medicaid, \$840K, 2013-14.

**Menon, Usha** (PI), **Szalacha, Laura** (Co-I). Navigation from community to clinic to promote CRC screening in underserved populations. National Cancer Institute. \$256K, 2012-14.

**Menon, Usha** (PI); **Smith, Laureen** (Co-I). CCTS Community Engagement. National Center for Advancing Translational Science. \$118K, 2013-14.

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**Wills, Celia** (Co-I). Home healthcare hazard training through simulation. CDC, \$116.3K, 2013-2014.

**Wold, Loren** (PI). Muscle function and depression-like behavior in a mouse model of cancer fatigue. National Institute of Nursing Research, \$1.2M, 2012-14.

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\* Award dollars have been rounded to the closest thousand or hundred dollars, depending on total funding amounts



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## AWARDS AND HONORS

**Ahijevych, Karen**, 100 Alumni Transformer in Nursing & Healthcare, The Ohio State University College of Nursing Centennial.

**Anderson, Cindy**. Distinguished Scholar Fellow, National Academies of Practice.

**Arcoleo, Kimberly**. Member, NICHD T32 Review Panel.

**Balas, Michele**. Co-chair, Society of Critical Care Medicine ICU Liberation and Animation Conference.

**Barker, Elizabeth**. Member, The Ohio State University Committee on Faculty Rewards.

**Barker, Elizabeth**. Member, Peer Review Committee for the International Journal of Nursing Science.

**Brion, John**. Member, *Journal of the Association of Nurses in AIDS Care*, Editorial Board.

**Brion, John**. Member-at-Large, Board of Directors, American Assembly for Men in Nursing.

**Chipps, Esther**, 100 Alumni Transformer in Nursing & Healthcare, The Ohio State University College of Nursing Centennial.

**Chlan, Linda**. Intensive and Critical Care Nursing Abstract Award, Society of Critical Care Medicine Meeting.

**Daley, Linda**. 2013 Fellow, Academy of Nursing Education.

**Daley, Linda**. 100 Alumni Transformer in Nursing & Healthcare, The Ohio State University College of Nursing Centennial.

**Fennessy, Michelle**. Member, Joint American College of Cardiology/American Heart Association Task Force on Performance Measures.

**Happ, Mary Beth**. Fellow, Gerontological Society of America, Health Sciences Section.

**Happ, Mary Beth**. Co-Chair, AAN Expert Panel on Acute and Critical Care.

**Landers, Tim**. Appointed to Editorial Board, *American Journal of Infection Control*.

**Landers, Tim**. Vice Chair, APIC Research Committee.

**Mansfield, Jerry**. 100 Alumni Transformer in Nursing & Healthcare, The Ohio State University College of Nursing Centennial.

**McDaniel, Jodi**. 100 Alumni Transformer in Nursing & Healthcare, The Ohio State University College of Nursing Centennial.

**Melnyk, Bernadette**. Founder and chair, Building Healthy Academic Communities National Consortium, comprising US institutions of higher learning.

**Melnyk, Bernadette**. 2013 Founders Award, Mary Tolle Wright Award for Excellence in Leadership, Sigma Theta Tau International.

**Melnyk, Bernadette**. 2013 Inaugural American Association of Colleges of Nursing Exemplary Academic-Practice Partnership Award.

**Melnyk, Bernadette**. 2013 Lifetime Achievement Award, National Organization of Nurse Practitioner Faculties.

**Melnyk, Bernadette**. 2013-2017 Member, National Institutes of Health, National Advisory Council for Nursing Research.

**Menke, Edna**. 100 Alumni Transformer in Nursing & Healthcare, The Ohio State University College of Nursing Centennial.

**Menon, Usha**. Co-chair, AAN Expert Panel on Community Engagement.

**Menon, Usha**. 2013 International Researcher Hall of Fame, Sigma Tau Theta.

**Menon, Usha**. President and Provost's Leadership Institute, The Ohio State University.

**Pittman, Oralea**. 100 Alumni Transformer in Nursing & Healthcare, The Ohio State University College of Nursing Centennial.

**Salsberry, Pamela**. 100 Alumni Transformer in Nursing & Healthcare, The Ohio State University College of Nursing Centennial.

**Schubert, Carolyn**. 2013 Mentor of the Year, The Ohio State University College of Nursing.

**Schubert, Carolyn**. 2013 Quality Matters Award for design and implementation of College of Nursing course.

**Schubert, Carolyn**. Member, Ohio State University Wexner Medical Center Feasibility Committee.

**Sheets, Diane**. 100 Alumni Transformer in Nursing & Healthcare, The Ohio State University College of Nursing Centennial.



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Interested in learning more about how Ohio State is leading the way?

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