

# Transformations

IN NURSING & HEALTH

## HEART HEALTHY *BUCKEYE STRONG*

**Ohio Stadium message beats loudly**

Partnership with Women's Heart Alliance promotes  
healthy lifestyle behaviors



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*“My colleagues and I have been telling everyone how worth it would be for them to attend in the future!”*

This program has been reviewed and meets the criteria for Continuing Education. The Ohio State University College of Nursing (OH-027/9/1/15) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

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# Transformations

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**Cover:** Photograph of The Ohio State University Marching Band by Karen Crockett.



The Ohio State University is now offering

# KySS online mental health fellowship: Child and adolescent

**The Ohio State University is offering a self-paced online mental health program to nurses. Upon completion of the course, participants will be awarded 26.67 hours of continuing nursing education and will receive a certificate of completion.**

**What's the purpose of the program?**

This program teaches nurses to screen, assess, and manage common mental health problems in primary care settings, improving the capacity to meet the needs of people across the life span with mental/behavioral health disorders.

**What is the program structure?**

- 12 self-paced, online modules
- Each module identifies objectives and includes a recorded one-hour lecture by a mental health expert, required readings, and useful resources
- A module typically takes one hour to complete
- A selected number of modules have associated clinical skills-building activities to assist participants with putting into practice what is being learned in the online educational modules
- Upon completion of each module, the participants take a post-test that

assesses learner knowledge of the content covered in the lecture and required readings.

The final clinical skills-building activity will include the submission of a comprehensive write-up of the assessment and evidence-based management of one child or adolescent with a mental health disorder.

Each participant will be assigned a faculty mentor who will provide expert feedback on these activities. This addition will be greatly beneficial to

**Topics covered include:**

- Nuts & bolts of screening, assessment, & evidence-based management of mental health disorders
- Cultural, legal, & ethical considerations
- Mood disorders & suicide
- Psychopharmacology
- Anxiety disorders
- Maximizing reimbursement
- Cognitive behavior skills building
- ADHD
- Bipolar disorder
- Behavior disorders
- Somatic disorders

nurses in building their mental health screening, assessment, accurate identification, and early intervention skills.

**Nurse practitioners who have taken this course have found it to be very beneficial in preparing them to pass the PMHS exam.**

Participants will also receive a copy of "A Practical Guide to Child and Adolescent Mental Health Screening, Early Intervention, and Health Promotion, 2nd Edition" as part of their registration fee.

**How do I register?**

Visit [nursing.osu.edu/kyss](http://nursing.osu.edu/kyss) to register.

For questions about the program, please email [kyss@osu.edu](mailto:kyss@osu.edu).

The Ohio State University College of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.



## DEAN'S MESSAGE

BERNADETTE MAZUREK MELNYK

# American women and heart disease: A fight that requires urgent action

*Finding the way to prevent this disease from taking our mothers, sisters, daughters and friends*

**T**here is a silent killer of American women. It attacks one in two, kills one in three and contributes to more female deaths each year than all cancers combined, including breast cancer, which kills one in 31 women.

Heart disease now takes the life of one woman every 80 seconds. That's more than 400,000 women each year, who are mothers, daughters, sisters, wives and friends.

My mom had a stroke right in front of me and died when I was home alone with her at age 15. She had a history of headaches and saw her family physician one week before she died. My mom was diagnosed with high blood pressure and given a prescription for a high blood pressure medication that my dad found in her purse after she died. As you can imagine, this traumatic event had a major impact and left me suffering from post-traumatic stress for a couple of years. She might have



Bern Melnyk

lived if she had known more about how high blood pressure was a major risk factor for stroke and got her prescription filled. I do not want other daughters to experience the loss of their moms early due to heart disease, which is in large part preventable with healthy lifestyle behaviors.

In an effort to prevent heart disease by enhancing healthy lifestyle behaviors in young women and men, our university

has partnered with the Women's Heart Alliance. In this issue of *Transformations*, you will read more about this strategic partnership and how our wonderful college has been instrumental in promoting heart health and conducting heart checks across campus to ensure a healthier tomorrow for so many young women and men. We are only the second university in the country that the Alliance has chosen as a partner because of our strength in and commitment to improving heart health among our population.

It has been so gratifying to see the dedication to this effort and overall wellness support by President Michael Drake and Provost Bruce McPheron as well as other university leaders. We are taking great strides here at Ohio State toward our goal of becoming the healthiest university on the globe, and this partnership to fight women's heart disease helps ensure we don't skip a beat. The time to invest in your health is now, because how

we live our lives today will affect how we spend our tomorrows.

During this holiday season, let us choose to focus on all of our gifts, including the privilege of being part of our great college and university. Research supports that having an attitude of gratitude on a daily basis leads to a happier, healthier life. I am truly blessed to be able to serve our college and university in my roles, and very grateful to have all of you as part of our wonderful family. Go Bucks!

Warm and well regards,

Bernadette Mazurek Melnyk, PhD, RN, CPNP/PMHNP, FNAAP, FNAP, FAAN  
Associate Vice President for Health Promotion; University Chief Wellness Officer; Dean and Professor, College of Nursing; Professor of Pediatrics & Psychiatry, College of Medicine



## College named **Center of Excellence for Nursing** by US Army

The College of Nursing has been named a "Center of Excellence for Nursing" by the United States Army, which is aiming to steer more cadets into the nursing profession as part of a national push to increase the number of nurses in the military.

The designation, which was given to one school per state, means that the College of Nursing is the **preferred destination for Reserve Officer Training Corps (ROTC) cadets in Ohio interested in nursing.**

"Through this innovative partnership, the College of Nursing and ROTC are going to be able to work today to identify, recruit and train transformational nurse leaders," said Wendy Bowles, PhD, RN, CPNP, assistant professor of clinical nursing and assistant dean for baccalaureate programs. "We'll be counting on the excellent ROTC program to train the cadets in leadership skills and ROTC will be counting on us for our continued excellent clinical and academic preparation."

Typically one to three recruits graduate every year from the College of Nursing with bachelor's degrees. Every recruit admitted to the College of Nursing so far has maintained the G.P.A. requirements, graduated and passed the nursing licensure exam, said Lt. Col. Jim Bunyak, director of the Army ROTC program at Ohio State.

"The College of Nursing is trying to get a well-rounded cohort, and ROTC cadets have all the leadership skills and

competencies that the College of Nursing is looking for," Bunyak said.

"We've got to have quality healthcare providers to take care of the military, the family of that soldier and veterans," Bunyak said.

All recruits admitted to Ohio State are given academic advising, offered tutoring and required to attend a study session every week until graduation.

"We have a support structure and a vested interest in each and every one of our cadets to help them succeed," Bunyak said.



**Lt. Col. James Bunyak, director of the Army ROTC program at Ohio State, pins the nursing corps insignia on Cadet Olivia Wood, a College of Nursing student, at the program's branching ceremony in 2014.**

Courtesy Army ROTC  
Outside of the nursing program at Ohio State, ROTC students at the university also do well academically and as leaders at the university.

A recent ROTC standout is Second Lieutenant Olivia Wood, who was admitted to the College of Nursing in 2012. Having come from a high school in a small, rural town just east of Youngstown, she found the College of Nursing to be

challenging, but the support she received from ROTC helped her excel.

Wood graduated in 2015 from the College of Nursing and was the first in her family to get a college degree. Now a surgical nurse at Walter Reed Army Medical Center in Bethesda, MD, she loves her position and aspires to eventually work in the emergency department.

"I can never be more grateful for the opportunities that I had at Ohio State," said Wood.

## Transformation Day '16 kicks off year



**Faculty and staff participants at the 2016 Transformation Day in August.**

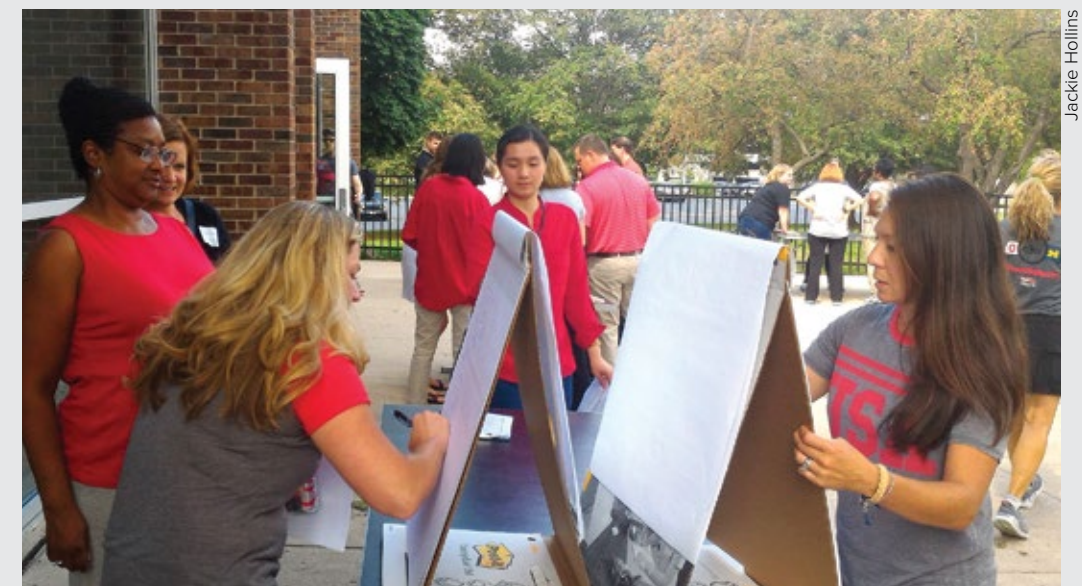
Each year, the College of Nursing kicks off its academic school year with **Transformation Day**, a full-day schedule of activities and presentations for its faculty and staff. This year's event was held on August 18 at the Fawcett Center, with approximately 160 people attending. Events included an Amazing Race competitive activity and a presentation by Tim Kight, president of Focus 3.

In the Amazing Race, teams of six participants competed against each other in stations themed around each of the nine dimensions of wellness. Teams had two

minutes to complete their tasks, and times at which the participants completed

each of the tasks were recorded at each of the stations. Total times were

added up at the end of the event and the fastest three times were awarded prizes.





## STTI assists victims of human trafficking

With its new focus on assisting human trafficking victims, Ohio State's Epsilon Chapter of Sigma Theta Tau International—the international nursing honors society—is expanding its service ambitions. In the past two years, the society's local chapter attracted nearly 300 new members and organized multiple drives to build awareness about and provide assistance to victims of prostitution rings or forced labor networks, as well as other charitable activities.

**Nurses and other healthcare professionals can play a key role in helping victims of human trafficking**, because 88 percent of victims of human trafficking have had contact with a healthcare provider, said Kady Martini, president of STTI, Epsilon and a clinical instructor in the College of Nursing.

"As a healthcare system, we are failing these victims by not recognizing the problem. Just imagine if every single one of us were looking for the red flags. We could make a really big impact on this problem," Martini said.

Human trafficking, which is often thought to be restricted to third world countries, is, in fact, close to home. Ohio is among the states with the highest number of reported sex trafficking cases, and according to a state attorney general's report, 13 is the most common age for Ohio children to become involved.

Last spring, STTI, Epsilon raised money for women

survivors of human trafficking and collected gently used purses and bags and stuffed them with personal care products for distribution at an area shelter. In 2015, the local chapter sold belts, necklaces and scarves made by survivors of human trafficking. Partnered with Big Lots, they used the money to supply 10 women with the furniture and supplies needed for their first apartments.

The society also has collected donations for Star House, a shelter for homeless teenagers in Columbus.

The recent launch of so many new service opportunities has led to the resurgence in the local chapter of STTI, Martini said. To be admitted into the chapter, which currently has 2,890 members, students must have at least a 3.5 G.P.A. and must be in the upper 35 percentile of their class. They also have to have completed at least half of their nursing curriculum. Practicing nurses must have at least a bachelor's degree and demonstrate leadership to be selected.

Service opportunities draw interest in the society because students who pursue nursing often want to help people, Martini said.

"We, as a chapter, got back to the heart of nursing: these service projects," Martini said. "That's what's pulling people back in."



Central Ohio Rescue and Restore Coalition representative Samantha Hudson, LSW, left, with Epsilon President Kady Martini, outside of Big Lots after purchasing enough supplies to start 10 human trafficking survivors off in their first apartment.



## Online programs ranked 4th nationally

The College of Nursing's **online graduate program has been ranked fourth in the U.S. News & World Report 2016 rankings**, up from sixth in 2015. The ranking is based on three of the college's master's degree online specialties: Neonatal, Psychiatric Mental Health and Family Nurse Practitioner.

"I think the biggest misconception about online learning is that people think that if they're a distance student that they're distant from the faculty. Our approach to online education breaks that myth really quickly," said Alice Teall, director of the Online Family Nurse Practitioner program.

Graduate students in the College of Nursing's online programs feel connected to each other as well as to the faculty because along with lectures, real-time online classes require involvement from each student, incorporate team-based learning and allow participation through innovative use of technology, Teall said.

Clinical exams of patients are done through webcams which allow for interaction between the practitioner and the patients. Online students learn to coach about health and wellness, first by coaching each other, then other Ohio State University graduate students as well as the patients and families that they encounter in their jobs.

"At the College of Nursing, our online students receive the same top-notch education from our world renowned faculty as students on campus," said Dean Bernadette Melnyk.

"This recognition from *U.S. News* reinforces that our faculty, staff and curricula are among the nation's best. We prepare students to deliver evidence-based healthcare to improve health and wellness outcomes of people across the nation and world."

The College of Nursing just launched an additional online graduate degree, the new Master of Healthcare Innovation, that will provide the skills to lead innovative change in the rapidly evolving world of healthcare (see page 35).

Online programs were ranked by *U.S. News & World Report* based on a number of factors, including student engagement, faculty credentials and student services and technology. Only degree-granting programs at regionally accredited institutions that are offered predominantly online were considered.

Ohio State offers 13 online degree programs and is dedicated to building an eLearning portfolio that makes the university a national leader.

"These rankings affirm the hard work of our faculty to build programs that provide a powerful learning experience while addressing the issues of access and affordability that challenge today's students," said Mike Hofherr, vice president and chief information officer at The Ohio State University. "We are proud that our online offerings address the complex needs of students without compromising quality."

## College receives 2016 HEED Award

The College of Nursing received the 2016 Higher Education Excellence in Diversity (HEED) Award, which recognizes colleges' and universities' commitment to diversity and inclusion. The college was among 31 health professions schools across the U.S. to receive the award, issued by INSIGHT Into Diversity, an online and print publication that focuses on the role of diversity in higher education.

Among the College of Nursing's efforts to promote diversity include two annual programs to encourage

high school students to pursue the profession: The Summer Institute for Discovering Nursing and Future Nurse. Both programs are geared toward students from underrepresented populations in nursing.

The College of Nursing also offers the "Diversity and Inclusion in Healthcare Certificate" that faculty, staff, and all students are eligible to receive by completing community service as well as attending several events throughout the school year including lectures, clinics, diversity related recruitment and outreach events.



# HEART HEALTHY BUCKEYE STRONG

Teaching students—and a very large crowd—about heart health

By Melissa L. Weber

**A**t Ohio State, if you want someone to notice your efforts, there is no better way than to tie your program to the biggest thing happening at the university in the fall: Buckeye football.

On October 29, hearts that naturally pound for Ohio State football also pounded in recognition of heart health as the stadium turned scarlet—well, more scarlet than usual—and multiple in-game activities featured Ohio State's partnership with the Women's Heart Alliance (WHA), and the university's effort to become the healthiest campus in the world. From special features in the football program to on-field salutes, even the Ohio State Marching Band promoted awareness and prevention of heart disease and stroke.

"We are proud to leverage football at Ohio State to launch our efforts to educate

more women—and men—about how to prevent heart attacks and strokes," said Bernadette Melnyk, PhD, RN, CPNP/PMHNP, FNAP, FAAN, associate vice president for health promotion, chief wellness officer, and dean, College of Nursing. "And educating young women is the first step in reducing the incidence of cardiovascular disease."

## Game day activities

The Best Damn Band in the Land (TBDBITL) featured a special heart formation during their pre-game show in honor of Ohio State's partnership with the Women's Heart Alliance (WHA).

Dave Carwile, long-time announcer for The Ohio State University Marching Band shared this announcement with the stadium:

"Ohio State President Michael Drake, Chief Wellness Officer Bern Melnyk and Laurel Van Dromme [co-lead of the Office

of Innovation and Strategic Partnerships] welcome our new partners from the Women's Heart Alliance on the field. Heart disease remains the leading cause of death in America. Heart attacks and strokes kill more women than all cancers combined.

"Did you know that heart disease is 80 percent preventable with healthy behaviors: eat healthy, be active, avoid tobacco, and manage stress? As your heart pounds with excitement here in Ohio Stadium as we cheer our Buckeyes to victory, make a commitment to be heart healthy and Buckeye strong! Go Bucks!"

Fans who purchased programs for the Northwestern game received more information about heart health. As part of the campus-wide partnership, university communications contributed a special two-page feature, and the College of Nursing contributed an insert that included heart healthy tips and whom to call with concerns about follow-up care.



Ken May



Ken May

**Top:** Thirty faculty, staff and administrators are recognized in the north end zone for efforts promoting a culture of wellness on campus. **Bottom:** University President Michael Drake; Wendy Heistad Carter, vice president, Women's Heart Alliance; British Robinson, CEO, Women's Heart Alliance; Chief Wellness Officer Bernadette Melnyk; and Laurel Van Dromme, chief of strategic partnerships.



During the first quarter of the game, about 30 faculty and staff—either members of the One University Health & Wellness Council or Wellness Innovators who promote a culture of health across campus—joined Dean Melnyk and Senior Vice President of Student Life Javaune Adams-Gaston in the north end zone for a special recognition of the work being done with WHA to establish Ohio State as the healthiest campus in the world. Faculty, staff and students volunteer their time to implement programs and encourage colleagues to be heart healthy and Buckeye strong all year long. A 30-second video showcased the partnership and reminded people about four heart-healthy behaviors. It can be viewed online at [heartcheck.osu.edu](http://heartcheck.osu.edu). In addition, two 90-second videos that feature student interviews are available there as well.

Even Brutus Buckeye was involved: fans were invited to participate in a contest to win a Fitbit by guessing the number of steps he took on game day. Columbus resident Jerry Shardy won the Fitbit with a guess of 22,000 steps. The Fitbit worn by Brutus throughout the day recorded a total of 22,118 steps—over 10 miles!

### Heart checks for students

The game day celebrations had a serious side: how to prevent heart disease and strokes, especially in women, by starting with awareness and heart health prevention information for college-aged women. Experience with the Million Hearts® initiative provided a foundation for creating heart check screening events for students on campus. The second screening event was held on Friday, October 28. Nearly 200 students stood in line, and nearly all agreed to participate in the study accompanying the checks.

Marketing efforts to attract students to participate included advertisements in *The Lantern*, the Ohio State student newspaper, campus-wide e-mail newsletters, Twitter posts and other social media, signage in the heart check locations, which reminded students of free T-shirts and other items, and even chalk messages on sidewalks near the Recreation and Physical Activities Center. Students in the Buckeye Wellness organization—known as the “BWells”—and members of Alpha Phi assisted with the chalking. A similar campaign was undertaken for the heart check that took place the following week at the Ohio Union, and more than 200 students attended that event. Students defi-



**Wellness Innovators and officials joined together during the Heart Healthy Weekend. Shown here, kneeling: Laurel Van Dromme, chief of strategic partnerships; Adam Warren, advancement program assistant; back row: Wendy Heistad Carter, vice president, Women’s Heart Alliance; British Robinson, CEO, Women’s Heart Alliance; Madison Nye, president, Alpha Phi chapter and senior, marketing major; Bernadette Melnyk, university chief wellness officer; David Trajkovski, sophomore, biology and political science double major; Millie Silvestri, sophomore, nursing major; Gabrielle Benton, president, BWell (Buckeye Wellness); Paisley Parks, member, BWell; and Audra Hanners, RN, Family NP graduate student, Buckeyes for Wellness.**

nately appreciated the high-quality items in their “swag bag,” including a water bottle, hot/cold compress, reusable lunch bowl (with lid!) and heart-shaped stress ball.

A heart check takes about 15 minutes and includes the following biometric measurements:

1. height
2. weight
3. body mass index calculation
4. heart rate measurement
5. blood pressure measurement

In addition, students completed a health assessment questionnaire, and, depending on risk factors, some of them received a cholesterol check (which included a finger stick).

The heart checks were organized by Kate Gawlik, DNP, RN, ANP-BC, FNP-BC, assistant professor of clinical practice and Brenda Stickney MS, RN, clinical instructor of practice, along with all the members of the Wellness Program team. Gawlik wrote the health study and had it approved by the university’s Internal Review Board. Nursing students—both advanced undergraduates and graduate students—also participated

and gained community practice experience. More heart checks will be scheduled for spring semester next year.

### Ongoing partnership

The WHA is itself a collaboration between two medical institutions—the Barbra Streisand Women’s Heart Center at Cedars-Sinai Heart Institute and the Ronald O. Perelman Heart Institute at New York-Presbyterian Hospital/Weill Cornell Medical Center—and two major philanthropists and leaders in business and entertainment, Barbra Streisand and Ronald O. Perelman. WHA was formed to raise awareness, encourage action and drive new research to fight women’s heart disease.

Their campaign, “Fight the Lady Killer,” is designed to increase awareness of the risks of cardiovascular disease (CVD) in all women, with a focus on reducing those risks by educating young women about healthy heart habits. Their goals include helping women identify risk factors through early screening and providing information about heart-healthy behaviors that women

can adopt to prevent cardiovascular disease from developing.

The unique collaboration between Ohio State and WHA will provide a focus on educating young women about heart disease and its risk factors, as well as its toll and undue burden on women, while encouraging healthy behaviors and annual heart screenings. Risk factors for heart disease and stroke are increasing the fastest among young women, and death rates from heart disease and stroke have also risen in recent years among this population. “Ohio State and WHA aim to help prevent 80 percent of cardiovascular disease by educating students that healthy lives now lead to healthy lives later,” said Laurel Van Dromme, MA, chief of strategic partnerships.

Groups from across campus led by Van Dromme have worked together since February to plan and promote the fall activities to promote heart health awareness and the WHA partnership. Organizations that shared information with student groups to encourage participation in the heart checks included Student Life, Greek Life, Ohio State Athletics and the Ross Heart Hospital in the Wexner Medical Center, along with the other six health science colleges.

“The Women’s Heart Alliance is proud to collaborate with Ohio State, which has a strong foundation of wide-ranging efforts to promote health and wellness among students, faculty and staff,” said WHA Chief Executive Officer British A. Robinson. “We want to empower women to take their heart health into their own hands—especially younger women and minorities. Together with Ohio State, we are fighting this epidemic for all of the women in our lives.”

WHA and Ohio State’s campus education activities are part of their commitments to the Million Hearts® initiative, a joint effort of the Centers for Disease Control and Prevention and the U.S. Department of Health and Human Services, with an ambitious goal to prevent one million heart attacks and strokes by 2017. U.S. Representative Joyce Beatty (Ohio-03) is also a supporter of the collaboration.

Future awareness activities are being planned for February to coincide with national heart month and heart-health awareness that takes place around Valentine’s Day. ■

*Melissa L. Weber is director of special projects in marketing and strategic communications for the College of Nursing.*

## Getting the word out on heart health



# A spectacular finish for college's 'But for Ohio State' campaign

When Ohio State's seven-year campaign concluded, the College of Nursing's goal of \$7 million was more than tripled to an amazing \$23.8 million.

By Katy Trombitas and Alayna DeMartini



Celebrating the hugely successful But for Ohio State campaign conclusion at the College of Nursing's Homecoming Weekend are, from left: Katy Trombitas, director of development; Dean Bernadette Melnyk; Connie Hahn Sharpe; Jim Hamilton; Mary Hamilton and Christina Gamble. Gamble painted a view of Mirror Lake to commemorate the end of the campaign. Committee members not pictured: FloAnn and C. John Easton; Gary Sharpe; Jennifer and Ralph Watts.

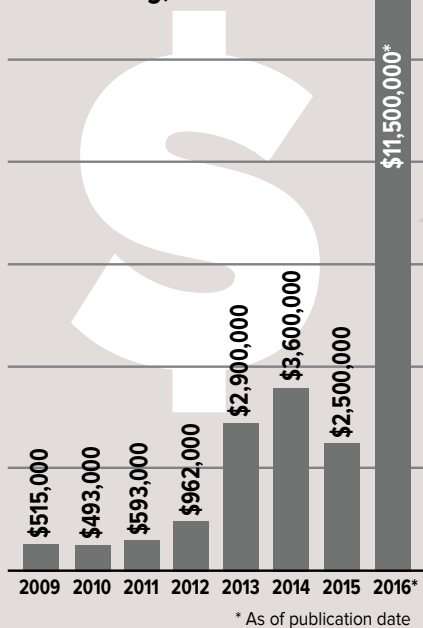
This fall, The Ohio State University celebrated the end of its seven-year But for Ohio State comprehensive fundraising campaign. The campaign focused on placing students first, elevating faculty, creating modern learning environments, emboldening the research agenda and driving high-impact innovation. With the help of thousands of generous friends and alumni, the College of Nursing achieved some incredible things during the record-setting campaign. Through the power of philanthropy, the lives of students and the people they serve in our communities are transformed, across the country and around the world.

"We are incredibly grateful to the entire campaign committee for what they have done," Dean Bernadette Melnyk said. As a visible sign of that gratitude, Melnyk unveiled a watercolor painting commissioned by the College of Nursing. "Mirror Lake" was painted by College of Nursing alumna Christina Gamble, '65. The painting is displayed in the lobby of Newton Hall as a permanent thank you to all the college's donors. Framed prints of the painting were also presented to committee members Gary and Connie Hahn Sharpe, '69, John and FloAnn Sours Easton, '62, Jim and Mary Wiedle Hamilton, '64 and Ralph and Jennifer Roberts Watts, '74 in recognition of their ongoing generosity and support.

## Campaign by the numbers

Original goal **\$7 million**      Amount raised **\$23,785,905**

### Total annual College of Nursing fundraising, 2009-2016



### Increase in scholarship endowments

**\$5.7 million** in 2009 to more than **\$13.6 million** (139% increase) in 2016

### Number of donors during campaign

**5,711**

College of Nursing alumni are among Ohio State University's most dedicated. They rank among the best on campus in the percentage of alumni who give back to the university and college.

### Number of new donor-funded scholarships created since 2009

**33**

### Campaign milestones

2009	March 2014	August 2014	June 2015	June 2016	August 2016	September 2016
The College kicks off the But for Ohio State campaign with major gifts supporting the renovation of the Technology Learning Complex.	The College of Nursing celebrates its Centennial; annual giving increases dramatically as alumni become re-engaged.	The FloAnn Sours Easton Endowed Professorship in Child and Adolescent Health is established, the college's first fully endowed professorship.	Campaign goal of \$7 million met, college is the first unit on campus to meet its campaign goal.	The College receives its largest gift ever: a \$6.5 million contribution from the Helene Fuld Health Trust.	Campaign goal is officially tripled.	Campaign closes. Final total raised: <b>\$23,785,905</b>



But for Ohio State campaign

# Ahijevychs endow scholarship for first generation nursing students

As the College of Nursing's associate dean of academic affairs, Karen Ahijevych felt uneasy every year when it came time to award student scholarships. Inevitably, she and her committee had to make difficult decisions, offering less money than they had hoped to fewer students than needed it.

They compiled a spreadsheet listing all the students needing financial aid and came up with a daunting total. "We felt helpless in a way," Ahijevych said.

What made it so difficult was that she could empathize with students struggling to finance a nursing degree. Decades earlier, she had been one of those students. Ahijevych's parents didn't go to college, and they had a limited budget. So after graduating high school in Ohio's rural Holmes County, Ahijevych pursued a three-year RN program in Illinois because it was far cheaper than getting a bachelor's degree, and a local scholarship helped pay for some of the program.

In 1968, after working a few years as a nurse on a post-operative surgical team, Ahijevych accepted financial assistance from Ohio State's then School of Nursing to enroll in a bachelor's degree program, the start of an academic career that would culminate with her position as associate dean.

At the time Ahijevych enrolled in the nursing program, she was newly married and her husband, Andy, was just finishing a master of business administration degree from Ohio State. In 1962, Andy Ahijevych helped lead his high school basketball team to the state tournament finals before enrolling at Ohio State, which would not have been possible had he not received a four-year basketball scholarship.

Inspired by a deep sense of gratitude for the opportunities that Ohio State gave them, the Ahijevychs have made a gift to the College of Nursing to permanently endow the Karen and Andy Ahijevych Nursing Scholarship for first-generation students. For the Ahijevychs, both first-generation college students themselves, this is a way to support the ambitions of other first-



Andy and Karen Ahijevych

generation college students and help them find and pursue careers they love, just as the Ahijevychs did.

"I want to honor those students who may not have a strong financial background and give them a chance," Karen Ahijevych said. "If we can do that in some small way, that's a start."

The start that Andy Ahijevych never expected to get was a full basketball scholarship to Ohio State. His family, originally from Belarus, immigrated to the United States from Europe to settle in Holmes County when he was six. His father built the family a home, and they had enough for basics, but college was considered a luxury. So Andy Ahijevych didn't expect a full scholarship from Ohio State. But then a coach and the team captain came to visit tiny Hiland High School, specifically to see Andy.

"What a privilege to have even been considered for a scholarship. And to have been offered one, it was unheard of," he said.

Traveling with the Ohio State basketball team was the first time he had been in an airplane and the first he had traveled much outside of Holmes County—apart from his first trip to the United States from

Europe where he was born. After finishing an undergraduate degree in accounting, Andy Ahijevych went on to pursue an MBA at Ohio State, a degree that was also supported through a graduate assistant position. He then worked as a certified public accountant before joining Battelle in June of 1973 as manager of internal auditing.

Even as their lives moved further and further away from financial struggle, the Ahijevychs never lost their sensitivity for those in need. During her time as associate dean, Karen Ahijevych set aside some college scholarship money every year for emergency funds for students who, during the course of the school year, had an unexpected financial need due to a crisis.

For most of her career, she taught and mentored students from undergraduate honors students to doctoral students. Named a clinical instructor in 1980, she received full professor rank in 2006, having received her BSN, master's and doctorate from the College of Nursing. For the last eight years of her 34-year career at the College of Nursing, Ahijevych worked as associate dean of academic affairs until retiring in 2014.

As an emerita faculty member, she continues her research on nicotine dependence, collaborating with other Ohio State faculty. Ahijevych became interested in nicotine dependence while pursuing her PhD. Ahijevych saw the anger and anxiety of patients whose smoking left them struggling to breathe, and wanted to help.

"I thought people were going to say, 'You never smoked, so how would you know what I am going through?' But they didn't find me to be unapproachable or insensitive. It worked out."

It may have worked out for the same reason that students, faculty and staff so often sought out Ahijevych.

"I don't care how busy she was. A student or anyone would ask her, 'Hey you've got five minutes to talk?' And she would act like you were the only person in the world," recalled Linda Daley, a retired College of Nursing assistant dean who worked closely

with Ahijevych for about eight years.

Ahijevych's work often required days that began before sunrise and ended many hours after dark. When Ahijevych retired, she began taking advantage of stretches of weeks to travel with her husband, who retired in 2010. Their adventures have taken them abroad and out West in an RV that Andy jokes "parties eight and sleeps two. It's not rough camping by any means."

Now the Ahijevychs, who have been married for 48 years, have more time to

spend with their children and grandchildren who recently moved to the area from South Carolina.

Though not on campus as frequently as they used to be, the Ahijevychs hold a fondness for Ohio State, which they consider their starting point for finding careers in which they thrived.

"The whole family has been blessed by events in our lives that have been very positive," Andy Ahijevych pointed out. "I really think about that a lot." —*Alayna DeMartini*

But for Ohio State campaign

# Sharpe gift cultivates innovative thinking

Connie Hahn Sharpe, '69, is no stranger to innovation. After all, she and her husband, Gary, built a healthcare product empire by thinking outside the box. Their company, Health Care Logistics, Inc., is an established international leader in unique and hard-to-find products because they go where other manufacturers won't—or can't.

"Innovation is not just about the product; it's a way of thinking," Connie says.

It is a way of thinking the Sharpes employ when developing creative solutions for their customers and one they hope to cultivate at the College of Nursing through a significant gift to support interprofessional innovation in healthcare. Along with annual research grants, their gift establishes a mobile innovation unit that teams of faculty, staff, and students from across campus can use to create new devices, therapies or workflows that improve patient care.



Connie Sharpe

"Our college cultivates a culture of dreaming and innovation with faculty, staff and students as we believe it is necessary for continuous improvement, scientific advancement and high quality care that improves outcomes for all people. Through interprofessional collaboration, we will solve some of the most pressing healthcare problems with innovative solutions to transform healthcare and transform lives," shares Dean Bernadette Melnyk. "We are so grateful to Connie and Gary for sharing our vision, and we look forward to celebrating the outcomes made possible through their generosity."

Led by the college's chief innovation officer, Tim Raderstorf, RN, and the chief of strategic partnerships, Laurel Van Dromme, the new program will serve to guide and support teams from ideation to commercialization because the Sharpes know that when it comes to new innovations, the best way isn't always the easiest way.

"Nurses have always been innovators," Connie points out. "We want to help them take their ideas to the next level."

Providing students with tools and strategies to think differently about problems that arise in a healthcare setting not only empowers them to deliver the highest caliber of care to their patients, but also allows them to contribute to the industry in new and creative ways. Thanks to the generosity and foresight of the Sharpes, Buckeye Nurses will continue to dream, discover and deliver the impossible. —*Katy Trombitas* ■

*Katy Trombitas is director of development for the College of Nursing. Alayna DeMartini is a freelance writer in Columbus.*

## But for Ohio State...





# Innovative research by nursing faculty helps children, the elderly and smokers

*A wide and exciting range of studies is being conducted by College of Nursing researchers*

By Misti Crane and Alayna DeMartini

**A**pproximately one-third of the College of Nursing's faculty members are engaged in active research and innovation projects, responding to the need for better ways to prevent and treat illnesses. Among them are faculty members Lorraine Mion, who is studying how a robot may encourage despondent elderly patients to interact, Christine Fortney, who seeks more effective ways to provide palliative and end of life care for infants and Sonia Duffy, who has shown, through her research, how crucial nurses can be in convinc-

ing patients to quit smoking after their discharge from the hospital. Plans are underway to engage even more College of Nursing faculty in research and innovation, in part through the college's increasing collaborations with health science colleges at Ohio State, other colleges of nursing and health sciences, and industry. One key development, a memorandum of understanding with Nationwide Children's Hospital, paves the way for the College of Nursing faculty to have easier access to pediatric patients and collaborate with the hospital's staff. Through this and other partnerships, the College of Nursing faculty are striving to make lasting differences in healthcare.

## A talk with a nurse can persuade patients to quit smoking

*Quit rates triple after short consultation, access to quit aids*

A short talk with a knowledgeable nurse could be the difference between a smoker stopping for cigarettes or stopping for nicotine gum on her way home from the hospital.

New research shows that self-reported quit rates among hospital patients doubled

when nurses and other staff were trained to coach patients on how to stop smoking and to make sure they got the help they needed to make it happen, whether that meant counseling, patches, gum or prescription medication.

"They were armed with everything

they needed when they left—medication, behavioral tactics, a manual to help them stay on track," said Sonia Duffy, PhD, RN, FAAN, professor of nursing at the College of Nursing and lead author of the study, which appears in the *American Journal of Preventive Medicine*.





“Hospitalization is the perfect time to help people quit. They’re more motivated and nurses can explain how smoking harms their health, including slowing healing,” said Duffy, who also works for the Department of Veterans Affairs Ann Arbor Healthcare System.

The study of 1,528 patients in five Trinity Health community hospitals in Michigan looked at self-reported and lab-confirmed quit rates six months after discharge. Those who had been treated at three of the hospitals met at least once, but perhaps more, with a nurse who had undergone a one-hour training on how to help people quit smoking.

Six months after release, 16.5 percent of the smokers from the intervention hospitals said they’d quit, compared to 5.7 percent from the other hospitals. The researchers also looked at lab-confirmed quit rates based on urine tests and found a two-fold difference among patients from intervention hospitals, but those data were not considered statistically significant.

Smoking cessation techniques are not routinely taught in nursing schools and counseling on quitting smoking is spotty in U.S. hospitals, Duffy said.

Those smokers who do get counseling don’t always hear about it from a nurse and are often referred to the Tobacco Quit Line, which can be effective but often used by those already highly motivated, Duffy said.

Many smokers, even those who plan to quit, pick smoking right back up the minute they leave the hospital, she said. Getting them started with a quitting plan and tools while they’re still admitted boosts their chances of success, Duffy said.

“I hope hospital administrators will look beyond telephone quit lines to help people. They work for a select group of people and the rest are falling through the cracks. We have to use a multitude of different approaches to reach people,” she said.

“Nurses have the greatest access to patients, they have relationships with patients and they can relate the benefits of quitting to the patient’s medical condition.”

The program called “Tobacco Tactics” was designed to meet the standards of the Joint Commission, an independent nonprofit organization that accredits U.S. hospitals. The smoking cessation standards are currently voluntary, but are expected to become mandatory, Duffy said.



Sonia Duffy

The nurse-patient interactions at the Tobacco Tactics hospitals lasted about nine minutes on average, Duffy said. At the other two hospitals, nurses and other staff didn’t change their normal approach to caring for patients.

If smokers in Tobacco Tactics hospitals agreed to try, the nurse worked with a doctor to make sure they had whatever tools were best suited to their addiction. In many cases, that means nicotine replacement therapy. In other cases, smokers quit with the help of an antidepressant or Chantix., a prescription smoking-cessation medication.

Nurses and other staff who went through Tobacco Tactics training were taught strategies that help smokers quit, including identifying triggers and planning strategies to manage cravings (munching on carrots, brushing teeth or

going for a walk, for instance.)

Nurses carried a pocket card with reminders on how to help smokers. They learned which quit-smoking aids, including pharmaceutical drugs, were likely to help which type of smoker based on their addiction and past attempts at kicking the habit.

They also supplied patients with brochures on quitting, at minimum. Those who expressed interest could watch a 20-minute DVD, or read the Tobacco Tactics manual, an easy-to-read magazine with information about tobacco and health and tips on quitting. They also received a card with the 1-800-QUIT-NOW Tobacco Quit Line number. Physicians in the hospitals were reminded to give patients brief advice and to check in and offer support.

Quit rates in the Tobacco Tactics hospitals and in the control hospitals were slightly lower than quit rates seen in other similar studies. That could be because this study used bedside nurses and not research nurses whose only job is to do smoking cessation, Duffy said. Her work also was different than much of the previous hospital intervention research because this study included smokers who were in the hospital for all kinds of reasons – not a select group, such as heart patients.

This study, which ran from 2010 to 2013 within Michigan’s Trinity Health System, did not include a cost-effectiveness analysis, but that will come next, Duffy said.

The research was supported by the National Heart, Lung and Blood Institute.

—Misti Crane

## Robot engages older adults

A two-foot tall robot named Billy just might have enough charm to nudge an apathetic elderly person to respond.

Wait...a robot?

Possibly. The theory is being tested in a university lab where the reactions of adults over seventy are being watched as they interact with Billy’s programmed antics. When two people walk into the lab, they sit down at a table facing Billy, who looks kind of like your son or grandson’s robot toy with its plastic body and eyes that light up. Billy waves and introduces himself, then

he might ask a series of questions to try to figure what state the people are from, play a math game or Simon Says, to get them talking. And like an encouraging teacher, Billy will praise and offer gentle correction.

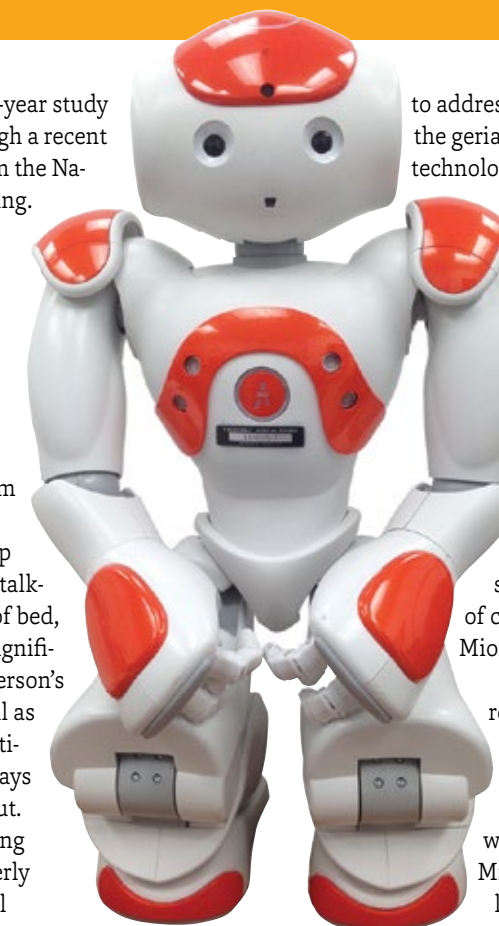
The same robot, officially named NAO by the French company that built him, has been proven to help some autistic children learn to engage. College of Nursing Professor Lorraine Mion and Vanderbilt University engineering Professor Nilanjan Sarkar are studying whether the robot can offer similar benefits to elderly people with dementia or

depression. Their two-year study is being funded through a recent grant of \$432,000 from the National Institute on Aging.

If their theory proves correct, that a machine can charm a despondent elderly adult or adult with dementia to interact, then they might help solve an increasingly common problem among the elderly. Severe apathy can stop a person from eating, talking, even getting out of bed, and that can lead to significant declines in the person’s physical health as well as cognitive abilities. Antidepressants don’t always work, Mion pointed out.

In addition, finding caregivers for the elderly has long been and will continue to be challenging, particularly in the face of an expected upcoming surge in the elderly population worldwide. Already, technology in the home can assist aging individuals with medication reminders and carpet and floor mats that detect if someone has fallen.

“We don’t have the people who are able



Billy is programmed to interact with older adults dealing with apathy.

to address all the needs of the geriatric population so technology is a nice supplement or aid for

family caregivers as well as healthcare workers,” Mion said.

Even if the robot is successful in working with the elderly, it is not intended to replace human contact, which is still a crucial aspect of caring for people, Mion said.

“It’s helping to relieve some of the time crunch that goes with trying to address someone with severe apathy,” Mion said. “They really put a lot of stress on the caregiver.”

Mion got interested in the prospect of using

robots with patients while she was a professor at Vanderbilt University. There, a robot was being tested to do the initial screening of emergency room patients suspected of having the flu.

The \$14,000 robot that Mion and Sarkar are working with will be brought into a senior living facility for testing during the second year of the study. For now, Billy stays in the Vanderbilt University lab where he is being programmed and reprogrammed to try to respond appropriately to whatever is said to him. Trial and error sometimes comes with humor. Just as humans can misinterpret what someone says, so can robots, particularly a robot trying to decipher a thick southern accent.

Sometimes when Billy guesses which state a person is from by asking a series of questions ( “Is it east or west of the Mississippi?” “Is it on a coast?” ), he gets it wrong.

“Montana,” the robot once called out, raising its plastic coated arms in victory.

“Uh,no,” the person responded.

“We were laughing so hard with that one,” Mion said.

—Alayna DeMartini

## Study to follow NICU babies

In the neonatal intensive care unit (NICU) where Christine Fortney, PhD, RN, worked as a nurse for nine years, she saw how parents struggled, trying to interpret the sometimes misleading signs of whether their babies were suffering.

At times, parents as well as medical staff have little to go on when they make crucial decisions about how to treat symptoms a critically ill infant experiences, especially at the end of a baby’s life. A sleeping or still baby could be comfortable, or so overwhelmed with pain that the baby is unable to respond. And an agitated or crying baby may not necessarily be in pain, but hungry instead.

“We owe it to these babies to figure out what they’re trying to tell us,” said Fortney, an assistant professor in the College of Nursing.

Fortney and her team recently received a \$400,000 grant from the National Institute of Health to study infants and their families in the NICU at Nationwide Children’s Hospital. Her research focuses on finding a better way to determine what babies in the NICU experience and how their symptoms change over time, as well as how to manage those symptoms.

Fortney’s study will examine how parents make decisions for their infant’s care based on their perception of the child’s condition, and how that perception also affects their ability to cope with the distress of having a critically ill son or daughter.

“Once we determine what the babies are experiencing, we can better assist their parents to make informed decisions about treatment options, including end-of-life decisions,” Fortney said.

Many parents will opt to discontinue treatment if they believe their baby is suffering, but how they discern if their child is in pain differs. They may consider their infant to be suffering if he or she is connected to a breathing machine, if the child is consistently restless or if the parents just have a gut feeling their son or daughter is in anguish, Fortney pointed out. And though medical staff can use a pain scale, it’s unclear how



Lorraine Mion





Sanford Meisel

incomplete information.” Over the course of the three-year study, 100 families will be enrolled and followed in the NICU for up to three months. Fortney will observe their babies and interview the parents and nurses about their perceptions of the baby’s condition. For the babies in the NICU, Fortney hopes her findings will lead to more effective assessment techniques and interventions, and for their families, less distress and more accurate information to help them make better medical decisions. The anguish parents experience in the NICU can have lasting effects on their physical and mental health, particularly when they confront death so early in their baby’s life. “In the end,” Fortney said, “we know that we can’t make these situations easier for families, but if we can provide them with better information and improved care that will be protective for them going forward with their lives, we absolutely want to do that.” —Alayna DeMartini

Chris Fortney

accurate that scale is for dying babies. “Parents want to give every available chance to the infant to survive,” Fortney said. “As healthcare providers, we want the

same thing. It’s left to the subjective opinion of the care team or the parents to make a decision for that infant, and often times we’re making those decisions based on

## Agreement with Nationwide Children’s Hospital spurs nursing research

A recent agreement between the College of Nursing and Nationwide Children’s Hospital is expected to foster nursing research, giving university nursing faculty easier access to patients and their records.

Staff from Nationwide Children’s Hospital and the College of Nursing have signed a memorandum of understanding (MOU) allowing faculty from the College of Nursing to access patient records and recruit pediatric and adolescent patients and their families at Nationwide Children’s Hospital and neo-natal units across Columbus.

Before the agreement was in place, it was up to each College of Nursing faculty member to make inroads at Nationwide Children’s Hospital to interview patients and families. Those connections were sometimes time-consuming and difficult to make, said Karen Patricia Williams, PhD, director of the Center for Women, Children and Youth in the College of Nursing.

“We need to have access to patients. This is a direct link to the parents and to the chil-

dren who are in the hospital,” Williams said.

Ideally, this MOU will spur more nursing-related research, which can ultimately help improve patient care, said Linda Stoverock, DNP, RN, NEA-BC, Nationwide Children’s senior vice president and chief nursing officer.

“We (at Nationwide Children’s) were doing very minimal nursing research. This will hopefully move that faster to improve the outcomes for our patients,” Stoverock said.

Under the agreement, College of Nursing faculty can now be principal investigators on any research projects they are conducting, which can help in getting grants approved, Williams said. Previously, College of Nursing faculty had to list a Nationwide Children’s Hospital staff member as the principal investigator.

Christine Fortney, PhD, RN, assistant professor at the College of Nursing, is grateful that both institutions were able to work together to bring about the MOU. She anticipates the agreement will make a significant

difference in her research on palliative and end-of-life care for infants in the neonatal intensive care unit.

“It’s crucial,” Fortney said. “This MOU gives me the necessary access to patients and families admitted to any of the Nationwide Children’s neonatal intensive care units for recruiting and collecting data.”

Also, the new agreement will save a lot of time in her research.

“When you’re doing research, it’s hard enough to write the grants and get funding and to do the work without having administrative barriers. To have those barriers removed makes things so much more efficient and will give me more time to spend on the important work that I hope to do, which is to help critically-ill infants and their families.”

—Alayna DeMartini

*Misti Crane is an editor in research communications at Ohio State. Alayna DeMartini is a freelance writer in Columbus.*

# The State of the College of Nursing



“The charge was to dream big: really, really big...” —Dean Bernadette Melnyk

## By Susan Neale and Alayna DeMartini

In her State of the College address to alumni visiting the College of Nursing for Homecoming Weekend, Dean Bernadette Melnyk warmly greeted generations of alumni before presenting an inspir-

ing overview of how far the College of Nursing has come in the past five years, as well as some of its strategic goals for the future. Wearing a bright scarlet blazer, Melnyk radiated energy and enthusiasm. “When I left sunny Arizona five years ago to come to Ohio State, the charge was to dream big: really, really big,” she began.

The results are impressive. In five years, the college has launched the Center for Women, Children & Youth, the Center of Excellence in Critical and Complex Care, and the Center for Transdisciplinary Evidence-based Practice (CTEP), as well as two nurse-practitioner led transdisciplinary health centers. The college’s budget has grown from under \$13 million to a projected \$29 million for 2017, and the student body has grown from 1,300 to nearly 1,900 students.

Meanwhile, the college’s rankings for national excellence are on the rise. *U. S. News and World Report* rates its online BSN program #7 in the nation, its traditional graduate programs #21 (up from #32 in 2010), and its online graduate programs #4 (up from #32 in 2010). The college has risen to #4 in the nation for online graduate

programs as rated by *U.S. News and World Report*. “I take great pride in saying that Duke and Johns Hopkins are five and six behind us in on-line graduate education,” Melnyk said, and her audience cheered. There’s been a substantial increase in faculty receiving national awards and recognition, as well as grant funding for research: the college’s faculty garnered an impressive \$61 million in grant applications and brought in over \$4 million in grant funding this year, more than quadrupling the amount of grant funds five years ago.

Melnyk also revealed some points of the college’s new, bold 2016-2021 strategic plan. In the next five years, she hopes to differentiate the College of Nursing as a national and international leader in interprofessional education, intervention and translational research, evidence-based practice, wellness, innovation and entrepreneurship, community engagement, and global impact.

Many new projects are already under way: Students have enrolled this year in two new non-nursing degrees: a bachelor’s degree program in healthcare innovation as well as a new master’s degree in healthcare innovation. The new Office of Community Outreach and Engagement is already at work on local health care projects, while the Office of Global Innovations is hosting its first international visiting scholars.

It’s clear that the Ohio State University College of Nursing alumni are people of passion, vision, and generosity. When the “But for Ohio State” fundraising campaign began, the goal for the



College of Nursing was \$7 million. Its alumni donors and friends more than tripled that amount, raising a total of \$23,785,905. That means vital support for students, faculty, and the future of the college, including a dramatic increase in scholarship funds, a fully endowed new professorship, improvements for the Technology Learning Center, and, thanks to one \$6.5 million grant, the endowment of the Helene Fuld Trust National Institute for Evidence-based Practice in Nursing and Healthcare. The Fuld Institute, already planning its first National Summit in 2017, will establish the institute for evidence-based practice education, research and practice.

With close to 600 new students and 121 new faculty and staff, Melnyk's vision for the future includes hopes for expanded new space. "We have totally outgrown our space," she said. Space is a precious commodity at The Ohio State University, and a design team's estimate for the cost of a new building for the college is \$39 million.



**Attendees of Dean Bernadette Melnyk's State of the College address during Homecoming Weekend.**

"Here's our new vision: We want to be the world's leader in thinking and achieving the impossible to transform health and improve lives," she said. The college's mission statement for the next five years: We exist to dream, discover and deliver a healthier world. "Students relate to that, too," Melnyk said. "What resonates the most with the

an alumna, Melnyk replied, "I always tell my students, if you do what you love and you're passionate about it, you'll never feel like you've worked one day in your life."

Following are descriptions of the three most recent offices created within the College of Nursing.

## Office of Community Outreach and Engagement

The Ohio State University College of Nursing has launched the Office of Community Outreach and Engagement with a vision of helping communities attain their full health potential. Established in April 2016, the office has already partnered with more than 40 community organizations. With a mission to connect local resources and cultivate partnerships, the office plans to be a catalyst for outreach, research and scholarship. The office is directed by Associate Professor Laureen Smith, PhD, RN, FAAN.

Initially, a \$7,500, 12-month pilot project will be awarded to enable faculty to form or strengthen community-academic partnerships that serve health needs identified in the community. While research often takes place in a clinical setting, the office is bringing about noticeable change by working with populations face to face, understanding differing demographic sets and the needs and afflictions in a specific area. The office is focusing on narrowing health inequalities in underserved populations who don't have access to adequate healthcare and suffer from poor overall health. Based on insight from ongoing research, the



**Laureen Smith**

office will assist in connecting partners and those they serve with appropriate resources.

Exciting community-academic partnerships are forming between the college faculty and community health departments, Ohio State University Extension offices, non-profit organizations and local school districts. One such success story, the Million Hearts initiative, is dedicated to preventing heart attacks and improving heart health. The initiative provides community heart screenings at state and county fairs and local community centers. Participants benefit from free health screenings (height, weight, blood pressure, blood glucose, mental health) and free health education.

Working with community partners on the Near East Side, Making A Difference, Inc. is living out its mission. Ask a Buckeye Nurse, one of the initiatives of the non-profit community program, recruits clinical faculty volunteers. To date, they've funded nine community agencies and more than 500 people have benefitted from services and the accessibility to good healthcare. The program is making positive changes and addressing

students is that we think and do the impossible." Market research shows that students coming to college today have a heightened sense of vision and of their role in making a difference in the world's future. She encourages them to dream big. Melnyk poses this question to students before graduation: "What will you do in the next five to ten years if you know you cannot fail?" and asks them to write the answer on an index card. Students trade their "dream cards" for their diplomas at graduation, and Melnyk says, "I walk away with a big bag of dreams." One of the best simply said, "Bern, I want your job!"

Thanked for her work by



**Ask a Buckeye Nurse is a community program with volunteers from the College of Nursing. Faculty members Barbara Warren (left) and Deborah Dawson are shown above.**

## Office of Innovation and Strategic Partnerships

Entrepreneurship and innovation have not traditionally been the focus of nursing academia, but the College of Nursing hopes to change that with its new Office of Innovation and Strategic Partnerships.

The College of Nursing aims to encourage students, faculty, staff and the community to turn healthcare ideas into new products, therapies or workflows. The office also seeks to provide these prospective inventors with new opportunities, through strategic partnerships, to elevate their involvement in health and wellness issues on the state, regional or national level. Innovation and the importance of interprofessional collaboration are key focus areas for the office. Starting first with students, faculty and staff from across campus, the office will generate opportunities for individuals from different disciplines to collaborate on new healthcare and wellness ideas, create prototypes and mature their solutions.

"The most impactful way to reach patients is by taking your idea or research and developing it into a real-world solution that can be adopted by hospitals, health systems or businesses," said Tim Raderstorf, chief innovation officer for the College of Nursing.

The development of strategic partnerships with national nonprofits and corporations that promote health will be integral to the success of the new office. Many healthcare organizations are seeking people who want to improve on healthcare methods or devices, and "we can't partner with these organizations if we're not on the cutting edge of technology and providing the companies with opportunities to create new value," Raderstorf said.

health disparities in an underserved Near East Side neighborhood of Columbus. Since 2015, Ask a Buckeye Nurse has been funded out of grant dollars awarded by the College of Nursing.

Without Ask a Buckeye Nurse, many would not have access to any medical care or services. Building on a longstanding partnership between the College of Nursing and New Life United Methodist Church Wellness Center, health services have been provided for thousands of homeless and underserved community members.

\* \* \*

*Alumni and college supporters are being sought to engage and meet with students working in the field with underserved populations. The greatest needs for outreach are in the Southern Ohio and Eastern Ohio regions. Alumni are also needed to contribute to the office's voucher and grant programs, and to help open doors regionally for the college with community partners and key stakeholders. To help in community outreach, contact Laureen Smith at the Office of Outreach and Engagement, (614) 292-4578 or smith.5764@osu.edu.*

The goal of these partnerships and innovations is to raise the national awareness for Ohio State and the College of Nursing as a leader in healthcare, and to help the college expand its role in affecting health and wellness, said Laurel Van Dromme, chief of strategic partnerships. "It's really about engaging the university and the college at the national level for health and wellness," Van Dromme said.



**Laurel Van Dromme, chief of strategic partnerships and Tim Raderstorf, chief innovation officer for the College of Nursing.**

Through innovative relationships established with both Midmark in Dayton and IL & FS Education, an India-based company, faculty from the College of Nursing are developing customized nursing and pre-nursing curricula to be taught to nurses in India.

Ohio State is also partnering with the Women's Heart Alliance to teach college-aged women and men about reducing their risks for cardiovascular disease. Students are surprised to learn that they can reduce the risk up to 80 percent through four healthy behaviors: eating healthy, being

active, managing stress and avoiding tobacco. In particular, College of Nursing faculty and senior students are conducting heart checks (three each semester beginning autumn 2016) to screen students ages 18-40. Participants can then choose to be enrolled in a longitudinal research study to learn about their baseline knowledge of heart health, their behaviors and beliefs, and whether their behaviors and beliefs change over time after they complete online heart health education modules. (Read more about the Women's Heart Alliance kickoff events on page 10.)

Additional key partnerships for the university and the college include other national non-profit organizations such as American Heart Association Million Hearts® Collaborative, Partnership to



Fight Chronic Disease and Strategies to Overcome and Prevent Obesity Alliance.

“We want to develop new alliances in a thoughtful, proactive manner, so that any one partnership’s goals align well with the col-

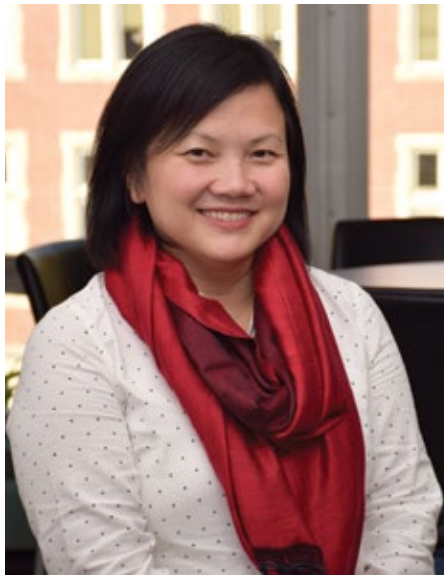
lege’s new five-year strategic plan. We want to leverage our college’s strengths and expertise in evidence-based practice, chronic disease prevention and management, and online education, just to name a few,” said Van Dromme.

## Office of Global Innovations

The new Office of Global Innovations was established to promote the highest levels of health and wellness across the world, with a mission to prepare students to care for people with diverse backgrounds and cultures, and to meet the health challenges of global populations. Once part of the Office of Community Outreach and Engagement, it has been reorganized as a separate, sister office to serve local and global populations through innovative and transformational education, research and clinical practice.

Office of Global Innovations Director Jennifer Kue, PhD, has 20 years of experience working with refugees, immigrants and medically underserved minority populations, with a focus on community health promotion and bridging gaps in healthcare for underserved ethnic minorities. Kue’s research applies the principles of community-engaged research to understanding and addressing cancer health disparities, including cervical cancer prevention, cancer screening and survivorship. She examines the influence of culture, historical and refugee trauma and intergenerational communication on cancer screening and health behavior.

Establishing the office is a commitment coming to fruition by College of Nursing Dean and University Chief



Jennifer Kue

Wellness Officer Bernadette Melnyk, who promised to support the accelerated study of international, graduate-level populations of scholars through the university’s One Health Initiative. Currently through the new office, the College of Nursing is hosting two PhD students visiting from the University of Gondor in Ethiopia.

“We’re helping to build the next generation of PhD nursing scholars in Ethiopia,” Kue said. “There weren’t PhD-trained nurs-

ing faculty teaching in the university, and so the new knowledge and skills that these two scholars will bring back to their country will not only prepare them to be nurse scientists, but will also have a phenomenal impact on their nursing program.”

Several international leaders and scholars are expressing interest in coming to this campus. The college has an active visiting scholars program hosting nurse faculty and researchers from countries around the world for two weeks to six months at a time.

Internationalization is one of the goals set forth by The Ohio State University. The Office of Global Innovations is committed to increasing and strengthening opportunities for nursing students to experience global health locally and globally. Graduate nursing students can enroll in the Graduate Interdisciplinary Specialization in Global Health, a specialization that exposes students to a broad range of interdisciplinary global health topics. A similar option for undergraduate nursing students is in the works. The office also sends the college’s students abroad for a cultural learning experience in countries such as Ethiopia and Nicaragua. By learning nursing practice in low-resource settings and understanding the healthcare needs abroad, nursing students can begin to understand concepts of intercultural healthcare.

Through academic partnerships, college faculty are collaborating with schools of nursing and international scholars on health issues facing our world. Partnerships through Ohio State’s Ethiopia One Health Initiative involves participation in the One Health Summer Institute, e-capacity building, and projects in infectious disease control. The college’s partnership with the University of Chester, England, centers on issues related to mental health, aging, and midwifery, while collaborations in China focus on educating nurses on evidence-based practice. ■

Susan Neale and Kiera McGlone are freelance writers in Columbus.



College of Nursing faculty members Jennifer Kue (second from left) and Tim Landers (far right) with students (from left) Andrew Denton, Brittany Emmerich, Tionna Coley, Emily Sparks, Alicia Hernandez and Kawsu Conteh. Before a week of clinical observations at the University of Gondar, they visited Simien Mountains National Park in Ethiopia—a UNESCO World Heritage site.

# Take the next step to advance your nursing career at your Alma Mater, The Ohio State University College of Nursing!

As a graduate of the College Nursing, you already have a firm foundation. Let our world-renowned faculty prepare you for the next level of your career in health care leadership, innovation, research and practice.

## Our transformational academic doctoral programs:

**Doctor of Nursing Practice (DNP)** is an online program offering doctoral preparation to nurses who want to tailor their careers toward leadership roles in healthcare, nursing administration or health policy. We offer two tracks: **DNP Clinical Expert** and **DNP Nurse Executive**. BSN to DNP option is also available. [nursing.osu.edu/dnp](https://nursing.osu.edu/dnp)

**Doctor of Philosophy in Nursing (PhD)** is a full- or part-time program to prepare nurse scientists and scholars who seek to advance the discipline with skilled research. Fellowships are available for PhD students in the area of child and adolescent health through an NIH training grant. We also offer a BSN to PhD option. [nursing.osu.edu/phd](https://nursing.osu.edu/phd)

## Announcing a new opportunity:

Individuals accepted into the College of Nursing’s PhD program are eligible to apply for a new interdisciplinary training program: **Optimizing Health Development Across Childhood (OH-DAC)** provided by a T32 predoctoral education grant from NIH, NINR. Applicants selected for this opportunity receive full tuition and a living stipend.

The overarching goal of the program is to prepare nurse scientists to understand how biology, behavior, social and environmental factors intersect during childhood to influence health development throughout patients’ lives, and to use this knowledge to develop rigorous interdisciplinary programs of research to optimize health. The focus of this training program is on health development in children, broadly defined to include the period from conception through adolescence.

Further information is available at [nursing.osu.edu/T32](https://nursing.osu.edu/T32).



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[nursing.osu.edu](https://nursing.osu.edu)



# ALUMNI GROUP NAMED SOCIETY OF THE YEAR

*Alumni Society recognized with major awards  
this year*

By Alayna DeMartini

**T**he Alumni Society of the College of Nursing has received three major awards—including being named **Society of the Year** among the 46 Ohio State University alumni societies.

This is the first time the nursing alumni society was named Society of the Year and the fourth year in a row that it was recognized by The Ohio State University Alumni Association as an **Outstanding Alumni Society**.

“We’ve put in a lot of effort to start some projects we feel very passionate about. I think this showcases the passion and the drive our members have,” said Kelsie Miller, president-elect of The Ohio State University College of Nursing Alumni Society.

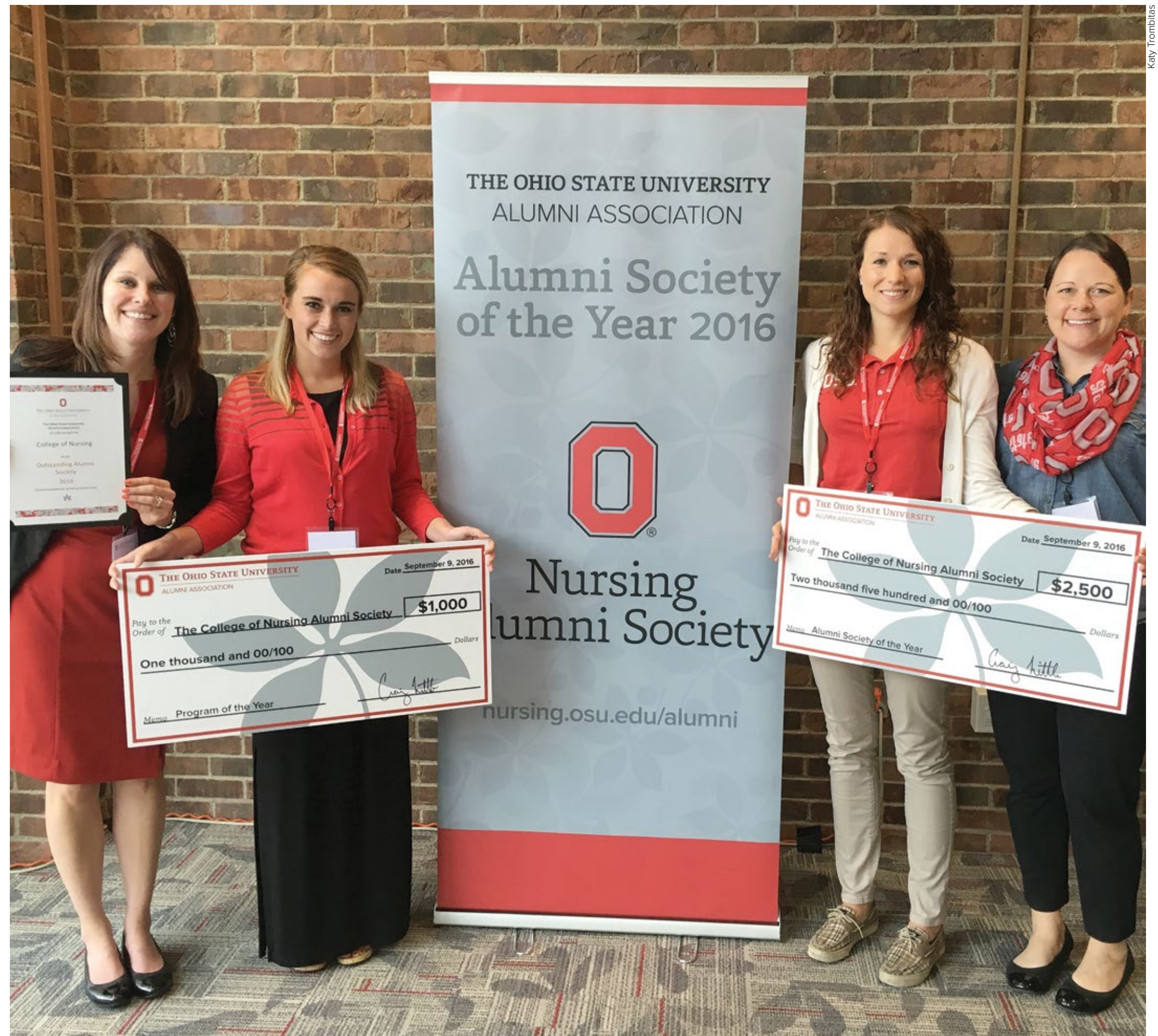
The society has more than 1,600 sustaining and life members, and many committed members participate in events every year, Miller said.

The third award the nursing alumni society received is **Program of the Year** recognizing the society’s largest annual fundraising event, a wine tasting and silent auction held at the Ohio Union. Begun a decade ago, the summer event raised \$13,500 in 2015 and \$18,000 in 2016, all for student scholarships. With those contributions, along with other private support, the College of Nursing awarded scholarships to 135 students in 2015, totaling over \$500,000.

The nursing alumni society was among three Ohio State alumni societies to receive the program award this year. The event has led to increased membership for both the Ohio State University Alumni Association and the College of Nursing Alumni Society.

All three nursing alumni society awards show what can be accomplished with a very

**Celebrating three major alumni society awards are, from left: Colleen Pelasky, assistant director of alumni engagement for the College of Nursing; Kelsie Sharp Miller ’15, president-elect of the Nursing Alumni Society; Stephanie Stelmaschuk Daniels ’10, ’14 MS, president; Susan Brown Lubago ’04, Young Alumni and Student Engagement Committee.**





# College of Nursing alumnus receives university recognition for international service

A graduate of the College of Nursing, who helped fight Ebola in West Africa and treated patients in Haiti, has been awarded for his early career achievements by The Ohio State University Alumni Association.

John Welch was presented with the 2016 William Oxley Thompson Award, given to young alumni who have demonstrated distinctive achievement in a career, civic involvement or both.

“We are so very proud to call him one of our own,” said Colleen Pelasky, assistant director of alumni engagement for the College of Nursing. “He has unwaveringly and selflessly served local and international communities and made important contributions to the world of healthcare along the way. John embodies our college’s vision to achieve what others consider impossible.”

After receiving his bachelor of science degree in nursing from The Ohio State University College of Nursing in 2003, Welch earned a master’s degree from Boston College. He later worked as a pediatric and cardiac critical care nurse in Columbus, California, Washington D.C. and Australia. In 2012, he joined Boston Children’s Hospital as an associate nurse anesthetist before being promoted to senior nurse anesthetist in March 2014, specializing in pediatric cardiac anesthesia.

While working at Boston Children’s, Welch joined the Boston-based healthcare and social justice NGO, Partners in Health (PIH) in 2013. PIH works to address the root causes of illness for many: poverty and marginalization caused by injustice. Welch’s introduction to global health came when PIH opened a 300-bed teaching hospital, University Hospital Mirabalais (UHM) in Haiti’s impoverished rural Central Plateau district.

Welch’s role in Haiti was a combination of anesthesia practice, teaching, mentorship, advocacy, program development, operations management and even as a student. And through a massive amount of time, effort and perseverance, Welch helped UHM improve in a major way. By September 2014, UHM was performing nearly 300 surgeries per month, more than any hospital in Haiti. The anesthesia-related mortality rate declined, surgical schedule efficiency increased and the UHM nurse anesthesia



College of Nursing alumnus John Welch at The Ohio State University Alumni Association’s Alumni Awards presentation.

program he helped guide welcomed its first class of students.

Welch’s lengthy list of career accomplishments might earn him the label of overachiever for a 35-year-old. Yet his drive is not rooted in a desire to gain kudos, rather in a longtime discomfort with inequality. As a high school student, Welch accompanied his church group from Woodville, Ohio, for a week-long trip to Columbus to help set up summer bible school for youth at a Christian church on the city’s South Side.

“A lot of kids would turn up without shoes or would be clearly there for the snack time and it just really struck me that we can sing songs and we can glue macaroni on

paper but what these kids need is for us to stay and to provide something other than just singing songs about God,” he said. “At the end of that week, I was just unsettled by the fact that that was enough for any of us.”

Welch’s ambition to care for the health needs of vulnerable populations led him to West Africa in 2014 to help fight Ebola. After special training in Liberia to work in an Ebola treatment unit, Welch helped PIH roll out treatment units in multiple districts in Liberia.

When transmission of Ebola raged in Sierra Leone, Welch turned his attention there. In the short run, Welch helped the treatment units there improve the quality of care and increase the pipeline of medical supplies; in the long run, he leveraged the work of his PIH teams to improve the Ebola response nationwide. By January 2015, PIH had opened 21 Ebola facilities across six districts. In Welch’s seven months in West Africa, PIH cared for nearly 2,000 suspected Ebola patients.

Being back in the United States for the past year, Welch had a chance to return to a regular sleep schedule, yet that left him yearning for the rigors of his schedule in West Africa and Haiti.

“I long for the 20-hour days and the seven-day work weeks. When you’re in the field doing the work, you think a lot about being at home. When you’re at home, the only thing you can think about is being out in the field and doing the work.”

Days after receiving his alumni association award, Welch was on a flight to Haiti to work with victims of the most recent hurricane.

committed staff and group of alumni, according to Craig Little, director of alumni societies for The Ohio State University Alumni Association.

“They set themselves up with goals and stuck to those goals, focused their energy

and programming around those goals, and they’re reaping the benefits of their efforts,” Little said.

To learn more about the Alumni Society’s mission, goals, and membership criteria, visit [go.osu.edu/buckeyenursing](http://go.osu.edu/buckeyenursing).

For information about upcoming society and College of Nursing events, visit [go.osu.edu/NursingAlumniEvents](http://go.osu.edu/NursingAlumniEvents). ■

Alayna DeMartini is a freelance writer in Columbus.

## THE OHIO STATE COLLEGE OF NURSING ANNOUNCES A NEW MASTER’S DEGREE:

### THE MASTER OF HEALTHCARE INNOVATION (MHI)

Become part of the future of health care with a Master of Healthcare Innovation. Learn how to implement change to address some of the critical issues affecting healthcare organizations today. Healthcare innovators are pioneers in advancing patient care and best practices. If you are a problem solver seeking a role in transformational leadership, a Master’s of Healthcare Innovation may be right for you.

Find out more at: [mhi.osu.edu](http://mhi.osu.edu)

*Applicants with a bachelor’s degree in any field are welcome to apply.*

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## A New Degree for a New Era in Healthcare: The Bachelor of Science in Health and Wellness Innovation in Healthcare

**The healthcare industry is changing — the focus shifting from treating illness to promoting wellness and prevention. The Bachelor of Science in Health and Wellness Innovation in Healthcare (BS HWIH) will prepare health promotion professionals to support health and wellness across the lifespan, in all states of health.**

This undergraduate, non-nursing major provides a strong academic and practical background for entry into the health promotion field. Coursework involves classroom and laboratory experiences, as well as practicums in worksites, healthcare settings and community-based settings.

To learn more about the Bachelor’s in Health and Wellness Innovation in Healthcare, visit [nursing.osu.edu/hwih](http://nursing.osu.edu/hwih).

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# The Ohio State University College of Nursing

# THE BEST NURSING SCHOOL FOR MEN

*Last won in 2010, this award recognizes, among other criteria, a nursing school or college that has provided significant efforts in recruiting and retaining men in nursing.*

By Kiera McGlone



In Miami, Florida to accept the “Best Nursing School for Men” award from the American Assembly for Men in Nursing at it’s fall conference are, left to right: Ken Sigler, EdD, assistant dean for student affairs, culture and diversity and assistant professor of clinical nursing; Reginald Pryear, DNP student; Evan Reed, BSN student and Buckeye Assembly for Men in Nursing president; Andrew Denton, BSN student; and Grant Fickel, BSN student.

The Ohio State University College of Nursing was recently recognized as one of the best schools for men to pursue their nursing education by the American Assembly for Men in Nursing (AAMN). Four other colleges were also recognized.

The AAMN’s mission is to shape the practice, education, research and leadership for men in nursing and advance men’s health. The association encourages men to become nurses and strengthen and humanize healthcare and to advocate for continued research, education and dissemination of information about men’s health issues, both at a local and national level.

“Ohio State University has met criteria or exceeded the majority of the Best School or College of Nursing criteria. Strategic planning and climate assessment are both examples of exemplary work. The summer institute [for diversity in nursing] is a wonderful example of the commitment to diversity which includes men and offers a pipeline effort to increase diversity,” said the AAMN reviewer.

A team from Ohio State accepted the award at a ceremony held in Miami, Florida on September 22, 2016. In order to receive this award, Ohio State had to provide significant evidence that it recruits and retains men in nursing, that it provides men with a supportive educational environment, that it educates faculty, students and the community about the contributions men have made, and that they continue to make advances in the nursing profession.

“It was an honor to represent The Ohio State University College of Nursing at this year’s AAMN national conference,” said undergraduate student Grant Fickel. “I am so grateful to be a part of a college that is doing so much for the field of nursing, especially for men. This conference was a great opportunity to network with fellow men in nursing from around the country and to learn of new ways to add to the diversity of men in nursing. I can’t wait to see what winning this award will do for our college and the future of men in this profession!”

Winning this award is a great honor as the College of Nursing strongly supports diversity and exists to revolutionize healthcare and promote wellness in diverse individuals. This is done in communities throughout the nation and globe through innovative and transformational education, research and evidence-based clinical practice.

For more information about Ohio State’s chapter of AAMN—the Buckeye Assembly for Men in Nursing—contact BAMN President Evan Reed at [reed.1058@osu.edu](mailto:reed.1058@osu.edu) ■

Kiera McGlone is a freelance writer in Columbus.

## The Buckeye Assembly for Men in Nursing

According to Evan Reed, president of the Buckeye Assembly for Men in Nursing, the organization strives to promote the number of men in the nursing profession. BAMN also seeks to build community among members in the College of Nursing as well as to provide professional development opportunities, service work and advocacy for men’s health.



A BAMN-sponsored pancake breakfast in the Newton Hall lobby.

## A few of the college’s men in nursing

The College of Nursing last year had 208 male students enrolled, which is approximately 14% of the total enrollment of 1,512. Recruiting efforts continue to build this population.



Name: **Jacob Bailey**  
Program: **Undergrad**  
Year: **Junior**  
Future: **Critical care**



Name: **Oliyad Lamu**  
Program: **Undergrad**  
Year: **Junior**  
Future: **Cardiac**





Name: **Evan Reed**  
Program: **Undergrad**  
Year: **Senior**  
Future: **Critical care**



Name: **Dustin Warne**  
Program: **Graduate Entry**  
Year: **Second**  
Future: **Neonatal**



## National Consortium for Building Healthy Academic Communities

### Third National Summit


Harnessing the power of comprehensive, evidence-based approaches to wellness

**April 6-7, 2017**  
**University of Florida**


Announcing the third national summit on best practices in promoting and sustaining wellness in academic settings. We welcome transdisciplinary leaders, faculty, students and staff from academic institutions of all sizes, as well as policy makers from professional organizations and academia who are committed to improving health and wellness outcomes in institutions of higher learning and their surrounding communities.

The deadline for abstract submissions is **Friday, December 16**. For more information and to register, please visit <https://healthyacademics.org/national-bhac-summit-2017>.


Confirmed speakers to date include:




**Ray Fabius, MD**  
Global Physician Executive  
Co-founder of HealthNEXT  
Harvard School of Public Health  
Thomas Jefferson Population Health Academy  
American College of Occupational and Environmental Medicine  
American Assn. of Physician Leadership







**Amishi Jha, PhD**  
Neuroscientist  
Director of Contemplative Neuroscience, Mindfulness Research & Practice Initiative  
Principal Investigator and Associate Professor of Psychology  
University of Miami



**Kathy Dempsey, RN**  
Behavior Change Expert  
Award-Winning Author and Speaker  
President and Founder  
Keep Shedding! Inc.



**Bernadette Melnyk, PhD, RN, CPNP/PMHNP, FNAP, FAAN**  
Associate Vice President for Health Promotion  
Chief Wellness Officer  
Dean, College of Nursing  
The Ohio State University

# New Master of Healthcare Innovation degree announced

*College of Nursing responds to the rapidly changing healthcare environment with new program*

The Ohio State University College of Nursing is introducing the new Master of Healthcare Innovation degree, which will provide the skills to lead innovative change in the rapidly evolving world of healthcare.

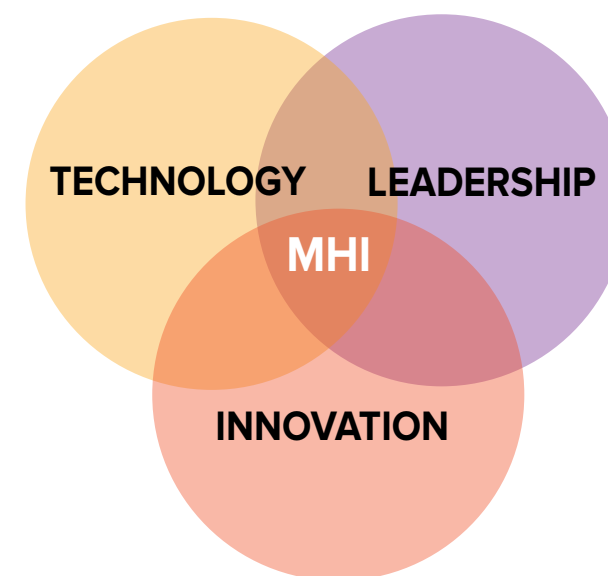
The new, exclusively online degree is expected to draw individuals from a range of fields from medicine to social work. The coursework will emphasize the importance of collaborating across disciplines.

Organizations are increasingly searching for leaders who can navigate the evolving system of healthcare delivery. The MHI program answers this important need through a multidisciplinary leadership degree that builds the capacity for individuals to understand, translate and lead complex healthcare organizations through the application of principles in innovation and change.

"We are educating professionals to lead the healthcare of the future," said Tim Raderstorf, chief innovation officer and clinical instructor in the College of Nursing.

"We teach leaders how to implement change—not just to change something and let it go,

## Master of Healthcare Innovation intersection of career roles



but to continue to evaluate it to see what's working well, what's not working well."

At the completion of the MHI Program, graduates will be prepared to:

- practice innovation leadership skills, integrating and applying knowledge from the sciences with the fields of organizational culture, health policy, and information technology;
- demonstrate leadership skills in health systems to improve the safety and quality of healthcare delivery;
- provide leadership in inter-professional collaborative teams

to improve health outcomes for individuals, populations and systems;

- offer skill in the analysis and shaping of innovation work within health systems; and
- demonstrate skill in the application of innovation leadership and evidence-based frameworks for individuals, populations and systems.

### Career prospects

Graduates can look to healthcare organizations seeking leaders who understand technology and organizational dynamics, and

offer the ability to work across disciplines with innovation to create new models of care. The MHI program will prepare leaders to engage in creating and driving the future direction of healthcare from any position within an organization from direct care to manager, director and top leadership positions.

"I think there will be phenomenal job opportunities," Raderstorf said.

Graduates of the MHI program will be prepared for a variety of leadership roles and will possess skills that provide value to any position needing strong communication, an orientation towards definable outcomes and systems integration, and creativity in seeking new models of healthcare delivery in a changing system.

Positions that MHI graduates will be prepared for include healthcare consultant, innovation lead, project manager, advisor to healthcare device manufacturers, product research and development, healthcare technology positions, and other roles in which technology, leadership, and innovation intersect.

The program is designed to be flexible and conducive to the adult learner at both the mid-career and entry level. This program is ideal for students



“Graduates of the MHI program will be prepared for a variety of leadership roles and will possess skills that provide value to any position...”

who are currently working in a healthcare setting, because they will be able to apply the concepts immediately.

MHI curriculum

The Masters of Healthcare Innovation is a 34-35 credit hour professional master’s degree program designed to be completed as a two- or three-year program of study completed in four semesters. The core program requires 24 credit hours of course work, seven to eight credit hours of capstone, and three elective credit hours.

Core competencies will include coursework in the following areas:

- Innovation
- Organizational Culture and Change

- Communications
- Leadership
- Organizational Operations in Healthcare
- Evidence-based Leadership
- Outcomes Orientation

Course description

- Offered entirely online, and therefore are accessible to students nationally and internationally
- Open to baccalaureate-prepared students with any major
- Multi-disciplinary courses taught by national faculty with demonstrated experience and expertise in innovation leadership including Organizational Operations, Consulting, Management, Policy, and Technology

- Affiliated with one of the largest academic medical campuses in the country with numerous opportunities for innovation/leadership development
- Designed with strong industry relationships with healthcare innovation leaders
- Offered at in-state tuition rates to all students regardless of state or country of residence

Capstone courses

Three capstone courses provide students with the opportunity to apply the principles of program development, implementation and evaluation focused on innovation, leadership and systems content into an innovation project in a healthcare environment. Students will demonstrate comprehension

and application of course content from previous and concurrent courses.

A degree beyond tradition

The American Organization of Nurse Executives, the Robert Wood Johnson Foundation and other leading healthcare organizations have recognized a need for leadership competencies that move beyond the traditional MBA and MHA degrees. The Master’s in Healthcare Innovation will prepare leaders to embrace change and lead innovation in a changing and complex environment. ■

Melissa Weber is director of special projects in marketing and strategic communications for the College of Nursing.

TECHNOLOGY

LISA ROHRIG AND CAROLYN SCHUBERT

Electronic health record system for clinical simulations introduced

New system provides a mechanism for students to document patient assessments and care during clinical simulations

Following years of extensive planning and work behind the scenes, the College of Nursing unveiled its new educational electronic health record (EHR) system, called IHIS LRN (Integrated Health Information Systems Learning). This innovative tool represents cutting-edge technology as well as evidence based practice related to documentation in healthcare. IHIS LRN provides a mechanism for

students to document patient assessments and care during clinical simulations. Electronic documentation is directly tied to quality of nursing care and safe nursing practice.

Nursing students in prelicensure and graduate level clinical courses are participating in the use of IHIS LRN. This electronic health record looks and functions just like the documentation system used in the Ohio State University Wexner Medical

Center. Students see the same electronic charting options and screens in the simulation lab that they see on the medical center computers. To further increase the realism of the experiences, all simulated patient ID bracelets, medications and intravenous products are now barcoded and can be scanned in order to synchronize with the IHIS LRN charts, to mimic exactly what is done in the actual clinical setting. In addition, laboratory

test results and health care provider orders are transmitted into IHIS LRN by the college’s Technology Learning Complex (TLC) staff in real time during simulations.

In June, family nurse practitioner (FNP) students were the first to use IHIS LRN as they documented assessments and care for an asthmatic patient in a simulated clinic setting. In September, junior level medical-surgical students charted in IHIS LRN as they managed the

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70	5.1%
75	5.8%
80	6.8%
85	7.8%

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Due to state regulations, Ohio State cannot offer Charitable Gift Annuities in all states.



A clinical simulation using the new IHIS LRN electronic health record system. Left to right: Maria DiMeo, Meghan Terry, Carolyn Schubert, Lisa Rohrig, Mara Nebraska, Alexandra Philabuam, Stephanie Burlingame (back), Anita Zehala (front), Unchalee Ice (back), Edith Harter (back), Tiffin Barthelmas (front), Katherine Molnar (back), and Molly Goodykoontz (sitting).





Left to right: Baleigh Reed, Matt Maldovan and Laura Forero. Below: METIman patient simulator; scanning the bar code on a virtual patient wristband.

care of a simulated postoperative mastectomy patient with significant pain and blood loss. Both patient cases were complex in terms of critical thinking, assessment, and documentation. Each student group was successful at utilizing IHIS LRN to chart as the scenario unfolded. This success was in large part due to the detailed planning and preparation by the College of Nursing Simulation Workgroup, TLC staff, and the intense efforts of the senior clinical applications analyst, Tiffin Barthelmas, who built the patient cases into IHIS LRN. IHIS LRN is a state-of-the-art technology that translates learning into practice and transfers skills from a simulation setting into an actual patient care area. The major advantage of this system is that students will see no differences between the charts used during simulation and those used on the actual OSU-WMC clinical units. Students are therefore able to practice charting in a safe, controlled setting with an electronic health



record that replicates what they use with actual patients. The goal is to create the most realistic clinical simulations so that students are fully immersed in the scenario and are able to integrate new skills into their

patterns of practice.

Through this innovative technology, students will meet the following objectives:

- Engage in meaningful use of EHR before beginning professional practice

- Navigate technology and document/plan care in a simulated format
- Apply skills, knowledge, and critical thinking through interactions with the EHR
- Recognize link between EHR and quality/safety of patient care
- Demonstrate specific EHR competencies/skills including:
  - access to patient information
  - communication
  - documentation
  - decision support
  - patient education
  - patient monitoring

The College of Nursing plans to expand use of IHIS LRN to all clinical courses and to continue to evaluate the impact that a simulated EHR has on student learning. ■

*Lisa Rohrig is director of the College of Nursing's Technology Learning Complex. Carolyn Schubert is assistant professor of clinical practice and co-chair of the Simulation Workgroup.*



THE HELENE FULD HEALTH TRUST NATIONAL INSTITUTE FOR EVIDENCE-BASED PRACTICE (EBP) IN NURSING & HEALTH CARE ANNOUNCES THE

## FIRST NATIONAL SUMMIT ON TRANSFORMING HEALTH CARE THROUGH EBP

**OCTOBER 18-20, 2017**

Columbus, Ohio, at the Hilton Columbus at Easton

This landmark EBP Summit will launch the Helene Fuld Health Trust National Institute for Evidence-based Practice in Nursing & Health Care. The Fuld Institute seeks to be the national hub for the teaching of best practices to improve health care quality and patient outcomes through EBP. The Institute will work with health care systems to implement and sustain EBP and translate EBP interventions into real-world clinical settings, and with nursing faculty across the nation to integrate EBP throughout curricula to produce the highest caliber evidence-based nursing graduates.

To highlight EBP initiatives across the nation during the Summit, the Fuld Institute announces the following:

### National EBP Challenge

Enter your cutting-edge EBP project or program in the National Challenge by **December 30, 2016**, in one of three categories:

- Improving Health Care Quality and/or Health Outcomes with EBP Change Projects
- Integrating EBP into Academic Programs
- Improving Health Care Quality and/or Health Outcomes through a DNP Capstone Project

A panel of national EBP Experts will review applications and award the three top submissions in each category. Awards include free registrations to the Summit, along with opportunities to present. All submissions for this National Challenge will also be considered for oral or poster presentations at the Summit. Find out more at [go.osu.edu/ebpchallenge](http://go.osu.edu/ebpchallenge).

### Call for Abstracts

Submit an abstract in one of the following categories to be considered by a panel of national experts for a concurrent session or poster presentation:

- EBP Implementation/Evidence-based Quality Improvement Projects
- Integration of EBP into Academic Programs
- Translational Research/Dissemination-Implementation Studies
- System-wide Initiatives to Enhance and Sustain EBP Cultures
- Evidence-based Leadership

The application deadline is **February 17, 2017**. Abstracts must be submitted online using the application form found at [go.osu.edu/ebpsummitabstracts](http://go.osu.edu/ebpsummitabstracts).

For questions about the Summit, the National Challenge, or the call for abstracts, email [ebpnationalsummit@osu.edu](mailto:ebpnationalsummit@osu.edu).



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**HOMECOMING WEEKEND** / Members of the Class of 1966 enjoyed a tour of the Ohio Union before a luncheon honoring their 50th reunion with Dean Bern Melnyk.



**HOMECOMING WEEKEND** / Terry Donahue Smith, '66, then and now.



**HOMECOMING WEEKEND** / Susan Brown Lubago, '04, (left)



**HOMECOMING WEEKEND** / Alumni enjoyed a tailgate brunch in the lobby of Newton Hall before the Homecoming football game.



**WINE TASTING** / Nearly 160 alumni and friends gathered for the 10th annual Wine Tasting, hosted by the College of Nursing Alumni Society. Guests enjoyed an evening of great wine and entertainment, and raised more than \$18,000 to support the college's Scholarship Fund.

Left: Enjoying the wine tasting, from left: Karen Lane, '69, Eric Yap, '95, MS '98 and Carol Baker, '58, MS '72.

Below: Dean Bernadette Melnyk (standing) with alumni and current student scholarship recipients.



**POETRY READING** / Left: Nursing alumni and health science professionals enjoyed a reception and poetry reading by Jeanne Bryner (second from left).



**DINNER FOR 12 BUCKEYES /** Six alumni and six nursing students enjoyed dinner hosted by The Ohio State University Alumni Association.



**GRADUATION CELEBRATION /** Above: Graduates Wendy Mayer '16, Holly Matesick '16 and Alee Sribanditmongkol '16 attended a reception for graduates and their families hosted by the College of Nursing Alumni Society.



**NURSING ALUMNI SOCIETY BOARD APPRECIATION DINNER /** Below: Nursing Alumni Society Board members enjoyed dinner with Dean Bern Melnyk.



**MENTORSHIP PROGRAM KICK OFF MEETING /** Left: Alumni and students met in September learn more about the Nursing Alumni Society Mentorship Program



**DEAN VISITS AREA ALUMNI GROUPS /** Above: Dayton area alumni and current students gathered at a local restaurant to reconnect with classmates and to hear key strategies for achieving optimal health and wellness; Right: Akron and Canton area alumni gathered to network with fellow classmates and to hear college updates from Dean Bern Melnyk.



**2016 COLLEGE OF MEDICINE ART SHOW /** Left: Joan Rigal, '56, The Neighbor Lady, College of Nursing Dean's Award; Right: Christina Gamble, '65, Alley Spring Mill, Missouri, Ozarks, College of Pharmacy Dean's Award.





## Nursing Alumni Society 2016 award recipients

Four alumni of The Ohio State University College of Nursing have received awards from the nursing college's alumni society for their outstanding contributions locally and abroad. For more information about the alumni society award recipients, visit: [go.osu.edu/NursingAwardRecipients](http://go.osu.edu/NursingAwardRecipients)

### Distinguished Alumna Award Pamela K. Greene, 1976

Pamela K. Greene's research and career have focused on suicide prevention. As a psychiatric nurse for more than 40 years, Pamela K. Greene has worked in various positions ranging from a captain in the U.S. Air Force Nurse Corps to the chief nursing officer and senior vice president of The Menninger

Clinic, a Houston psychiatric hospital. She now works as an associate professor at Texas A&M University in Corpus Christi.

### Community Service Award Kristine Weiss Adams, 1992

Kristine Weiss Adams is a certified nurse practitioner at the Cleveland Clinic, where she has spent the majority of her 24-year career. After graduating from the College of Nursing, her career navigated through different specialty areas including intensive care and post-anesthesia care units, medical-surgical nursing and home health care. Practicing in these varied areas gave Adams a view of healthcare that led her in 2008 to a magnet coordinator position for

the Cleveland Clinic Fairview Hospital.

### Distinguished Recent Alumnus Award Sarah R. Meyer, 2007

Sarah R. Meyer, a pediatric nurse practitioner, has focused on pediatric emergency medicine in Level I trauma centers. She currently divides her time between Haiti and Los Angeles, working as the pediatric ICU nurse educator at a hospital in Haiti and as an acute care pediatric nurse practitioner at Children's Hospital Los Angeles' Level 1 Trauma pediatric emergency department.

### Mildred E. Newton Distinguished Educator Award

### Susan K. Frazier, 1972, 1996 MS, 1990 PhD

Susan K. Frazier earned BSN, MS and PhD degrees in nursing from the College of Nursing, where she also taught for 10 years. In 2015, she accepted a position as an associate professor at the University of Kentucky. Before pursuing her graduate degrees, Frazier practiced as a certified critical care nurse for nearly 20 years. During that time, she was instrumental in establishing and managing the intensive care unit of the local hospital, Holzer Medical Center in southeastern Ohio.



At the September 30 Alumni Awards ceremony, left to right: Vice Dean Margaret Graham, winners Pamela Greene, Susan Frazier, Sarah Meyer and Kristine Weiss Adams.

## In memoriam

*Remembering our classmates, colleagues and friends*

Jean Allyn Abels 1956  
Elsie Bodey Anaple 1955  
Sharon Rohr Austin 1961  
Helene Basehart 1981  
Teresa Bechdolt 1978, MS 1987  
Nelda Orth Boeshaar 1936  
Eleanor Brown 1967, MS 1971  
Patricia Helms Buess 1956  
Nida Stroup Butz 1961  
Victor Campbell 1975, MS 1978  
Anne Connolly 1966  
Janet Marbaugh Cornish 1957

Reva Weimer Davies 1942  
Rhoda Jean Kreidler Donohoo 1948  
Linda McClellan Drake 1972  
Mooie Wong Eng 1941  
Shirley Guesman Fleming 1956  
Linda Harris 1963  
Katherine Karges Hill 1971  
Margaret Stedwill Hubble 1948  
Jean Erf Irwin 1951  
Pauline Kaufman Jacobson 1976  
Margaret Quinn Krach 1974, MS 1975

Janet Kratzer 1959  
Jean Kokoruda Larabee 1950  
Alice Shelton Leach 1947  
Kathryn Andrick McKinley 1953  
Janet Delguidice Meier 1966  
Rita Colicchia Patton 1960  
Louise Watters Pflaum 1996  
Martha Seares Pitzer 1974, MS 1976  
Gayle Niswonger Rheinscheld 1956  
Carolyn Davis Rogers 1943

Antoinette Berinato Singleton 1948  
Marie Diener Sinsabaugh 1949, MS 1987  
Barbara Hedge Stough 1948  
Elaine Swank 1953  
Annabelle Junkermann Taylor 1945  
Jean Trabue Tefft 1943  
Eva Shepard Thompson 1945  
Carolyn Trimble 1972  
Carolyn Pitt Vaughn 1960  
Patrick Wrencher 1991  
Justine Allen Zimmer 1975

## Melnyk named 'Champion of Healthcare'

College of Nursing Dean Bernadette M. Melnyk was named 2016 Columbus Business First Champion of Healthcare in the category of healthcare educator and advocate. Melnyk was one of 17 healthcare professionals honored this year.

In 2015, *U.S. News & World Report* named Ohio State University's master's program in nursing among the nation's top 25 and designated the College of Nursing one of America's top 10 for master's and undergraduate online education.

"Much of that is because of the leadership of Dean Bernadette Melnyk, who has more than 25 years of research and teaching in the field of healthcare systems and colleges of nursing," wrote Dr. Sheldon Retchin,



The front page of *Columbus Business First*.

executive vice president of health sciences and CEO of Ohio State's Wexner Medical Center. Retchin nominated Melnyk for the position.

"As a leading healthcare educator and advocate in

Central Ohio, Dr. Melnyk's work at Ohio State, with the creation of online modules for health sciences for students and professionals, has been groundbreaking," wrote U.S. Rep. Joyce Beatty. "She's also a star within the national Million Hearts initiative, which aims to prevent heart attacks and strokes by improving access to effective care."

The healthcare professionals honored by *Columbus Business First*, an online and print magazine, represent clinicians, educators, researchers, primary care docs, surgeons and nurses—people who have challenged the medical status quo to advance patient care, and others who have spent their careers making sure vulnerable populations get the attention they need.

## Infectious disease PSA recorded at Newton Hall

A video crew came to the Technology Learning Center at Newton Hall in September to record a public service announcement about the university's cross-campus

antibiotic resistance initiatives and the Infectious Disease Discovery Theme. The PSA was developed by an interdisciplinary group of researchers in conjunction

with a group of faculty who specialize in narrative storytelling. View video here: [discovery.osu.edu/focus-areas/infectious-diseases/programmatic-areas/amr.html](http://discovery.osu.edu/focus-areas/infectious-diseases/programmatic-areas/amr.html)

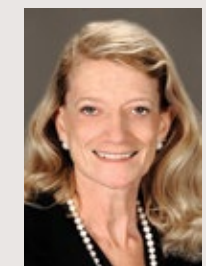


## Fitzpatrick honored as a Living Legend

Joyce Fitzpatrick, PhD, MBA, FAAN, FNAP, an alumna of the College of Nursing, was named one of the 2016 "Living Legend" honorees by the American Academy of Nursing for her contributions to the field.

Fitzpatrick was one of five selected by the academy in recognition for the multiple contributions they made to nursing and society.

Fitzpatrick received her master's degree in psychiatric mental health nursing from



Joyce Fitzpatrick

Ohio State's College of Nursing in 1967. She is the Elizabeth Brooks Ford Professor of Nursing at the Frances Payne Bolton School of Nursing at Case Western Reserve University, where she also led the school as dean. She has received the American Journal of Nursing Book of the Year Award 18 times.

With more than 300 publications, Fitzpatrick's research focuses on nurses' work life as related to satisfaction, turnover and empowerment. She founded and led the Bolton School of Nursing's World Health Organization Collaborating Centre for Nursing (1993–1997). She also served as the first president of the Midwest Nursing Research Society (1980–1981) and the president of the American Academy of Nursing (1997–1999). She currently is vice chair of the board of trustees of the American Nurses Foundation.

Other College of Nursing Living Legends are Ellen B. Rudy ('58) in 2006 and Grayce Sills in 1999.



## Daley retires; Bowles named assistant dean

Linda Daley, PhD, RN, ANEF, retired from the College of Nursing in August after three decades of service.

She served as assistant dean for prelicensure programs for nearly 10 years and was a professor of clinical nursing. She also led the Community Health Worker Program and helped develop the Institute for Teaching and Learning. Daley was a fellow in the National League for Nursing Academy of Nursing Education.

As an assistant dean, Daley was responsible for maintaining clinical education for both the traditional baccalaureate and graduate entry or second degree program students. In that capacity, Daley assisted with obtaining agency contracts, assuring agency compliance for faculty and students and maintaining staffing for clinical and laboratory supervision.

Daley's recent

presentations have focused on promoting interdisciplinary education in order to improve patient care. Funding has enabled course faculty and students to assign interdisciplinary teams of students to work to meet the needs of vulnerable populations at various outreach and community centers across Columbus.



Linda Daley

\* \* \* Wendy Bowles, PhD, RN, CPNP, has been named assistant dean for baccalaureate programs, including the traditional BSN, RN-BSN and the Bachelor's in Health and Wellness Innovation program.

Bowles has been a nurse since 1994 and a pediatric nurse practitioner since 1998. In addition to a career in nursing, she began her journey in nursing education in 2005. She is committed to advancing the science of evidence-based pedagogies of teaching and learning in nursing education.

Her research includes extensive work with alternative pedagogies, curricular development and student engagement. She has presented her work both nationally and internationally.

Bowles is currently funded to implement a collaborative model for seamless academic

progression between the associate degree and RN-to-BSN programs in Ohio. This model will serve as a resource for academic institutions both statewide and nationally and will assist in the efforts to meet the recommendation from the Institute of Medicine that 80 percent of nurses are baccalaureate prepared by 2020.



Wendy Bowles

## DNP program accredited

The Doctor of Nursing Practice (DNP) program at Ohio State University has received full reaccreditation by the Commission on Collegiate Nursing Education (CCNE).

The accreditation, which has a 10-year term, was awarded following a rigorous process that included a site visit as well as a review of the College of Nursing's DNP nursing curriculum.

Accreditation is a nongovernmental peer review process that evaluates each program's mission, goals, and expected outcomes and assesses the performance of the program in achieving the

mission and goals.

"Accreditation demonstrates that our approach, which combines evidence-based practice with comprehensive clinical experience, will produce graduates who are well prepared to fulfill their roles in patient care

and leadership," said Joyce Zurmehly, director of the doctor of nursing practice program for the College of Nursing and associate professor of clinical nursing.

An autonomous branch of



The Doctor of Nursing Practice program at The Ohio State University College of Nursing is accredited by the Commission on Collegiate Nursing Education, One Dupont Circle, NW, Suite 530, Washington, DC 20036, 202-887-6791.

the American Association of Colleges of Nursing, CCNE is the foremost accrediting body for nursing schools that offer baccalaureate and graduate degrees, according to the association's website. Officially recognized by the U.S.

Secretary of Education as a national accreditation agency, it is the only accrediting body devoted exclusively to the evaluation of baccalaureate and graduate nursing degree programs, the website states.

CCNE aims to ensure the quality and integrity of baccalaureate and graduate education programs preparing effective nurses. As a voluntary, self-regulatory process, CCNE accreditation supports and encourages continuing self-assessment by nursing education programs and the continuing growth and improvement of collegiate professional education.

## Browning and Rinehart selected as Fellows of AANP

Kristine Browning, PhD, CNP, FAANP, and Candy Rinehart, DNP, FNP, ADM-BC, FAANP, have been selected to become Fellows of the American Association of Nurse Practitioners (FAANP).

Browning is an assistant clinical professor and director of the Master of Science in Nursing program. Rinehart is



Browning

Total Health & Wellness.

executive director of Advanced Practice and Community Partnerships and director of Ohio State



Rinehart

new FAANP members in June.

Browning and Rinehart were among 88 nurse practitioners nationally who became

The FAANP program was established in 2000 to recognize nurse practitioner leaders who have made outstanding contributions to healthcare through clinical practice, research, education or policy. Fellows of AANP hold an annual think tank to strategize about the future of nurse practitioners and health care.

## Warren recognized with two major awards

Barbara Jones Warren, PhD, RN, PMHCNS-BC, FNAP, FAAN, has been selected by the American Psychiatric Nurses Association (APNA) as its 2016 Psychiatric Nurse of the Year.

The award recognizes an APNA member who demonstrates vision, perseverance, dedication, initiative and facilitation in the delivery of mental health services to individuals, families and their communities.

Warren also received the American Nurses' Association 2016 Hildegard Peplau Award, which was established in 1990 to honor a nurse who has made significant contributions to nursing practice over a lifetime through scholarly activities, clinical practice and policy development, specifically directed towards the psychosocial and psychiatric aspects of nursing care delivery. Hildegard Peplau was a major force within the profession and discipline of nursing for more than three decades.

Warren is a professor of clinical nursing at the College of Nursing and director of its Psychiatric Mental Health Nursing across



the Lifespan Specialty. Her research interests include the interrelated perspectives of mental health, wellness and illness in the context of systems and organizational structures. Her work focuses

on these perspectives in the context of culture, inclusion and healthcare disparities in relation to individuals, communities and populations.

"I stand on the shoulders of those who have come

before me, both personally and professionally," said Warren, upon being named 2016 Psychiatric Nurse of the Year. "These include my parents, grandparents and other family elders. Then there is Dr. Peplau, Dr. Sills and Dr. Clement who helped me grow and develop as a psychiatric nurse, academician and clinician."

Warren was selected by the APNA for meeting the following award criteria: Demonstrates vision in providing creative solutions, exhibits and encourages risk taking, challenges traditional roles and perspectives of psychiatric-mental health nursing, champions the facilitation of mental health services for individuals/families/communities, disseminates psychiatric-mental health nursing knowledge (published paper or oral presentation), is recognized as a leader committed to assisting other nurses in their development as psychiatric-mental health nurses.

She also received the APNA Service Award in 2012 and an Excellence in Leadership Award in 2005.



## Summer programs offered to high school students

As part of an ongoing effort to increase diversity in the College of Nursing, the college hosted two events last summer for high school students interested in the nursing profession.

Held annually, the Summer Institute for Discovering (formerly Diversity in) Nursing (SIDN) involves high school students in a four-day hands-on experience of lectures, round table discussions, skills labs and tours of The James Cancer Hospital as well as labs across campus. Students were equipped with scrubs, a stethoscope and a blood pressure cuff and interacted with life-like patient simulators to get a feel for the profession. The institute was held in June.

A second program—Future Nurse—an annual one-day exploration into nursing, was hosted by the College of Nursing in August. Participants explored different nursing career opportunities, learned about nursing research, practiced proper hygiene and completed hands-on learning in the Technology Learning Complex. Students also enjoyed informal discussions with College of Nursing students, faculty and staff and received information about admission to Ohio State and the College of Nursing.

Both SIDN and Future Nurse aim to increase the number of students who have historically been underrepresented in nursing, which include, but are not limited to, students who are black/African American, male, Native American, Asian, Hispanic, first generation college students, students with disabilities and students from the LGBTQ populations.



High school students in last summer's Future Nurse program.

"It is important that we are reaching out to diverse students before they get to college so that we can plant the seeds about pursuing nursing early," said Natasha Elliott-Stouffer, the college's coordinator for equity and inclusion.

Diversity in nursing is

important because "in order to provide the highest level of patient care, our health professional workforce must be prepared to provide culturally-relevant healthcare to our growingly diverse population," Elliott-Stouffer said.

In her senior year of high school, Adrianna McCoy

attended SIDN, an experience she credits with having solidified her decision to pursue nursing.

"Each day I learned something new and valuable," said McCoy, now an Ohio State freshman, who will be pursuing entrance into the college.



Students in the college's Summer Institute for Discovering Nursing program.

## Take the next step to advance your nursing career!

At The Ohio State University College of Nursing, our world-renowned faculty prepares students to assume leadership roles in healthcare innovation, conduct innovative research and engage in evidence-based practice.

### Our transformational academic and continuing education programs:

- **Bachelor of Science in Health and Wellness Innovation in Healthcare** will prepare health professionals to support health and wellness across the lifespan, in all states of health. The undergraduate major at the College of Nursing provides a strong academic and practical background for entry into the health promotion field. [nursing.osu.edu/bsn](https://nursing.osu.edu/bsn)
- **RN to BSN** option is an integrative approach to baccalaureate nursing education for registered nurses (RNs) who are graduates of associate degree or diploma nursing programs. The goal of this option is to foster the development of the RN's career. [nursing.osu.edu/rn-bsn](https://nursing.osu.edu/rn-bsn)
- **Traditional Master of Science** program for licensed RNs who hold a bachelor's degree. [nursing.osu.edu/ms](https://nursing.osu.edu/ms)
- **Graduate Entry** option is an accelerated pathway to licensure for students who hold a degree in a non-nursing field. [nursing.osu.edu/ge](https://nursing.osu.edu/ge)
- **Graduate specialties** are available with an MS or post-master's certification, such as a family nurse practitioner (FNP) or a psychiatric mental health nurse practitioner (PMHNP), as well as in a variety of specialty tracks in advanced practice nursing, such as gerontology, women's health and pediatric NPs, with certification as either a nurse practitioner (NP) or clinical nurse specialist (CNS). [nursing.osu.edu/specialties](https://nursing.osu.edu/specialties)
- **Doctor of Philosophy in Nursing (PhD)** is a full- or part-time program to prepare nurse scientists and scholars who are skilled researchers and seek to advance the discipline. [nursing.osu.edu/phd](https://nursing.osu.edu/phd)
- **Doctor of Nursing Practice (DNP)** is an online program offering doctoral preparation to nurses who want to tailor their careers toward leadership roles in healthcare, nursing administration or health policy. [nursing.osu.edu/dnp](https://nursing.osu.edu/dnp)
- **NIH T32 Grant** – Optimizing Health Development Across Childhood is the only training grant awarded by NINR that focuses on pediatrics. [nursing.osu.edu/T32](https://nursing.osu.edu/T32)
- **Post-doctoral fellowship program** provides opportunities for nurses with a PhD to gain further skills as a researcher.



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## AWARDS AND HONORS

**Anderson, Cindy.** Selected to serve on the National Advisory Committee for the Robert Wood Johnson Foundation Harold Amos Medical Faculty Development program.

**Bauldoff, Gerene.** American Association of Cardiovascular and Pulmonary Rehabilitation Presidential Recognition Award.

**Browning, Kristine.** Inducted as a member of the American Academy of Nurse Practitioners 2016 class of Fellows.

**Chang, Mei-Wei.** Inducted as a Fellow of the American Academy of Nursing.

**Duffy, Sonia.** Inducted into the Sigma Theta Tau International Nurse Researcher Hall of Fame.

**Gawlik, Kate.** Received the Clinical Track Innovative Scholarship Award (2016-2017) for the College of Nursing.

**Gillespie, Shannon.** Received the Sigma Theta Tau International (Epsilon Chapter) Graduate Student Award (2016).

**Gillespie, Shannon.** Received the Midwest Nursing Research Society Women's Health & Transitions in Childbearing Graduate Research Award (2016).

**Gillespie, Shannon.** Selected to represent

the Midwest Nursing Research Society at the Council for the Advancement of Nursing Science conference.

**Graham, Margaret.** Recognized as an Ohio State Glass Breaker by the President and Provost's Council on Women for establishing Ohio State Total Health & Wellness at University Hospital East, a nurse practitioner-led clinic on the east side of Columbus.

**Hrabe, David.** Selected as a Commission on Collegiate Nursing Education site evaluator.

**Jenkusky, Lucia.** Selected as 2016 Outstanding Nurse Preceptor by the American College of Nurse-Midwives.

**Jones, Carolynn.** Selected as an external reviewer of Campbell University's masters and undergraduate clinical research academic curricula by Campbell University. Appointed as a member of the Task Force of the Global Standards of Excellence Working Party, within the training and site personnel domain for Alliance for Clinical Research Excellence and Safety.

**Kue, Jennifer.** Selected to be on the Board of Directors for the Asian & Pacific Islander Caucus for Public Health, a caucus of the American Public Health Association. She will be serving on this

national committee as secretary for a two-year term.

**Kue, Jennifer.** Received the Connections Program Award from the Robert Wood Johnson Foundation for her study entitled: "Breast and cervical cancer screening interventions among Southeast Asian American women: A systematic review." Jodi Ford and Karen Patricia Williams are the co-mentors on the project.

**Kue, Jennifer.** Received the Healthcare Leadership Award from the Asian American Commerce Group of Columbus.

**Landers, Timothy.** Inducted as a Fellow of the American Academy of Nursing.

**Loversidge, Jacqueline M.** Elected to serve on the Board of Directors of the Ohio League for Nursing for a three-year term, 2016-2019.

**Melnyk, Bernadette.** Selected as 2016 Champions of Health Care Awards Program honoree in Health Care Education and Advocacy by Columbus *Business First* in July 2016.

**Pickler, Rita.** Selected for induction into the Sigma Theta Tau International Researcher Hall of Fame.

**Pickler, Rita.** Selected to serve on the

National Advisory Council of Nursing Research at the National Institutes of Health.

**Rinehart, Candy.** Inducted as a member of the American Academy of Nurse Practitioners 2016 class of Fellows.

**Teall, Alice.** Received the College of Nursing Graduate Educator of the Year Award 2016.

**Warren, Barbara.** Received the American Psychiatric Nurses Association Nurse of the Year Award.

**Warren, Barbara.** Received the Hildegard Peplau Award from the American Nurses Association.

**Wold, Loren E.** Appointed to the Leadership Committee of the American Heart Association Basic Cardiovascular Sciences.

**Zehala, Anita.** Appointed to National League for Nursing Commission for Nursing Education Accreditation as on-site evaluator.

**Zurmehly, Joyce.** Selected as a Commission on Collegiate Nursing Education site evaluator.

**Zellefrow, Cindy.** Received National Association of School Nurses 2016 Distinguished Service Award.



## Keep Your Buckeye Pride Strong...Join Ohio State and Help Make the BEST Even BETTER!



From the Emergency Department and acute care settings, to the operating room, nurses at Ohio State are applying the art and science of nursing to research, education and evidence-based care that is delivered with a strong commitment to quality and safety.

Interested in a nursing career at Ohio State?

Visit [wexnermedical.osu.edu/careers/nursing](http://wexnermedical.osu.edu/careers/nursing) to learn more or email [Nursing.Opportunities@osumc.edu](mailto:Nursing.Opportunities@osumc.edu).

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# COMING SOON!

Details about our 3<sup>rd</sup> Annual  
**Innovation and Entrepreneur Workshop**  
scheduled for Fall 2017

**At this event, attendees will learn how they can use their healthcare skills to:**

- Start a new business
- Own an independent practice
- Turn an innovative idea into a real-world solution
- Become a more innovative leader

Watch for more information soon and how you can register to participate!

### **Questions about the workshop?**

Contact Tim Raderstorf, Chief Innovation Officer, at [raderstorf.3@osu.edu](mailto:raderstorf.3@osu.edu)



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