Conversation Starters for Mentees

For your first conversation, it might be helpful to develop questions based on the information he/she provided. Think about what you want to share with your mentor about your background, Buckeye experience and interests. Below are some sample questions you might want to ask your mentor.

- Have you had mentors/mentees in the past? What did you learn?
- What jobs have you had in the past?
- Tell me about your Buckeye experience and your experience as a nursing student and new graduate. What did you like best about it? What was the most difficult?
- What personal or professional challenges have you faced?
- How have you balanced personal life and career?
- How did you transition from school to the professional world?
- Would you be willing to review my resume, cover letter, or help me practice my interview skills?
- Ask about a current event or issue in your field of interest.
- Schedule a shadow visit, if appropriate.
- Ask to be introduced to colleagues or other contacts that may be useful for you.
Information provided by Stanford Mentoring Program: