



THE OHIO STATE UNIVERSITY

KySS 3rd Edition Online Child and Adolescent Mental Health Fellowship



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Overview

This nationally renowned child and adolescent mental health fellowship program will help you to enhance your knowledge and skills in accurately assessing and managing common mental/behavioral health problems in children and adolescents using an evidence-based approach. This is an excellent opportunity to prepare health professionals across multiple disciplines to identify and manage common mental health problems. The program is a multi-pronged approach for the ultimate purpose of improving the capacity to meet the needs of children and adolescents with mental/behavioral health disorders, including those on Medicaid and living in underserved areas.

This program is taught by seasoned experts in child and adolescent mental health and recommended by the Pediatric Nursing Certification Board (PNCB) as a preparation course prior to sitting for the national certification test to achieve the Pediatric Mental Health Specialty (PMHS). If you are a PNP, FNP, PMHNP or PMHCNS who is preparing for PMHS certification, there is a 10% discount code available for enrolling in KySS Online Mental Health Fellowship: Child and Adolescent Module. This code is available on the PNCB website under **Online Programs**. Visit pncb.org/pmhs-clinical-resources to find this code and more PMHS clinical practice resources.

The PNCB Pediatric Primary Care Mental Health Specialist (PMHS) certification is Nationally accredited by the National Commission of Certifying Agencies (NCCA).

Visit nursing.osu.edu/kyss to learn more and register.

The PNCB Pediatric Primary Care Mental Health Specialist (PMHS) certification is Nationally accredited by the National Commission of Certifying Agencies (NCCA). This course also offers 40.4 Nursing Contact hours and 5.65 Contact hours are psychopharmacology. The Ohio State University is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC).

The program has **15 required online modules** that are self-paced. Two modules are accompanied by required clinical skills building activities and there is a final capstone activity module designed to enhance your knowledge and skills in child and adolescent mental health screening, assessment and early evidence-based management of common disorders. A very unique component of this online program is that you will receive guided mentorship from a seasoned mental health professional, who will provide you with feedback on your clinical skills building activities.

Methods of Instruction

- Online modules of instruction
- Post-tests and clinical skills building activities
- Mentorship by a mental health expert

Expected Informatics Competencies

- Accesses and uses email for communication and exchanging documents
- Submits quality electronic documents created through the use of word processing
- Engages in all course materials presented within Carmen
- Has access to a high speed internet connection
- Has access to productivity tools (Word, Excel, Adobe PDF Reader)

Description of the Educational Modules

Each module contains objectives, a recorded PowerPoint lecture, required readings, and useful resources. Selected modules contain the instructions for associated clinical skills building activities.

Each module is followed by a post-test that assesses content from the lecture and required readings.

Required Textbook

A Practical Guide to Child and Adolescent Mental Health Screening, Evidence-based Assessment, Intervention, and Health Promotion 3rd Edition 2022 by Bernadette Melnyk, PhD, APRN-CNP, FAANP, FNAP, FAAN (Editor), Pamela Lusk, DNP, RN, PMHNP-BC, FAANP, FAAN (Editor)

- ISBN: 9780826167262
- eBook ISBN: 9780826167279

Methods of Evaluation

A post-test comprised of multiple choice and true/false questions follows each of the educational modules. **An 80% pass rate** on each of the post-tests and satisfactory completion of the clinical skills building activities as evaluated by the faculty mentor is necessary to signify completion. You are allowed **two attempts** to meet the post-test passing requirement.

Clinical Skills Building Activities

A key differentiator of this program is that a selected number of educational modules have associated clinical skills building activities to assist you with putting into practice what is being learned in the online educational modules. The skills building activities are designed to be incorporated into your current clinical practice setting. Instructions for each of the skills building activities will be provided with each educational module. The final clinical skills building activity will include the submission of a comprehensive write-up of the assessment and evidence-based management of one child/adolescent. Another key differentiator of the program is that you will receive expert faculty feedback on these activities, which will be greatly beneficial to you in building your mental health screening, assessment, accurate identification and early intervention skills.

Module Content Outline

Module 1

Topic: Mental Health Screening and Assessment (Parts 1 and 2)

Clinical Skills Building assignment #1: Screen 2 children and or adolescents with the Pediatric Symptom Checklist and submit findings with appropriate clinical action

Assignments / Quizzes: Module 1 Quiz

Module 2

Topic: Cultural Considerations Related to Mental Health Care

Assignments / Quizzes: View AAP video / links, LGBTQ+ Pediatrics, Module 2 Quiz

Module 3

Topic: Mood/Depressive Disorders in Children and Teens (Parts 1, 2 and 3)

Clinical Skills Building assignment #2: Screen 2 children and 2 adolescents for depression using CES-DC and PHQ-9 tools and submit *findings with appropriate clinical action*.

Assignments / Quizzes: Module 3 Quiz

Module 4

Topic: Anxiety Disorders, Trauma and Stress Related Disorders

Assignments / Quizzes: Module 4 Quiz

Module 5

Topic: Assessment and Management of Somatoform Disorders

Assignments / Quizzes: Module 5 Quiz

Module 6

Topic: ADHD

Assignments / Quizzes: Module 6 Quiz

Module Content Outline (cont.)

Module 7

Topic: Autism Spectrum Disorders & Developmental Screening

Assignments / Quizzes: Module 7 Quiz

Module 8

Topic: Sleep Challenges and Feeding/Eating Disorders (Parts 1 and 2)

Assignments / Quizzes: Module 8 Quiz

Module 9

Topic: Disruptive Behaviors in Children and Adolescents

Assignments / Quizzes: Module 9 Quiz

Module 10

Topic: Substance-Related and Addictive Disorders

Assignments / Quizzes: Module 10 Quiz

Module 11

Topic: Child & Adolescent Psychopharmacology I

Assignments / Quizzes: Module 11 Quiz

Module 12

Topic: Child & Adolescent Psychopharmacology II

Clinical Skills Building assignment #6: (Fill out the KySS Comprehensive Evaluation Template as you interview the child/teen you choose)

Assignments / Quizzes: Module 12 Quiz

Module 13

Topic: Maximizing Reimbursement

Assignments / Quizzes: Module 13 Quiz



Module Content Outline (cont.)

Module 14

Topic: CBT with Children and Adolescents

Assignments / Quizzes: Module 14 Quiz

Module 15

Capstone: Pulling it All Together & Final Evaluation

Assignments / Quizzes: Submit KySS Capstone Template: Comprehensive MH Assessment for a child or adolescent you choose to interview

Fellowship Program Completion

Time

The time required to complete each of the KySS Fellowship modules is estimated to be between three (3) to five (5) hours. Modules with associated skills building activities may require additional hours. Ideally, the program is designed for fellows to complete one module per week for 15 weeks.

Certificate of Completion

Upon satisfactory completion of the entire fellowship program (internet-based modules, post-tests and clinical skills building activities, course evaluations), participants will receive a certificate of completion.

Questions?

For questions regarding the **program content**, please contact **Dr. Samantha Ault**, assistant clinical professor at ault.142@osu.edu. Contact **Kate Trinter** at kyss@osu.edu if you have any other questions or concerns.

We assure you that this experience will help you gain more knowledge and enhance your clinical skills in assessing and managing common child and adolescent mental health problems. We also believe that your experience will be rewarding and enjoyable.

KySS Presenters



ADHD in Children: Diagnosis, Management, and Everything In Between

Michelle Byrum, APN

Pediatric Nurse Practitioner, Developmental Behavioral Pediatrics
Nationwide Children's Hospital



Medically Unexplained Symptoms, Functional Somatic Syndromes and Somatoform Disorders

John V. Campo, MD

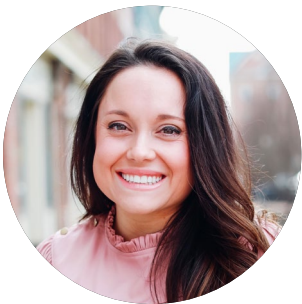
Professor of Psychiatry and Behavioral Science
Johns Hopkins University School of Medicine



Sleep Challenges and Feeding/Eating Disorders

Stephanie Hosley, DNP, APRN-CNP, CNE

Assistant Clinical Professor
Director, Pediatric Nurse Practitioner Specialty Track
The Ohio State University College of Nursing



Child and Adolescent Psychopharmacology Maximizing Reimbursement

Samantha Ault, PhD, APRN-CNOP, PMHNP-BC

Assistant Clinical Professor
Director, KySS Mental Health Fellowship Program
The Ohio State University College of Nursing



Mental Health Screening and Assessment, Depression

Bernadette Mazurek Melnyk, PhD, APRN-CNP, FAANP, FNAP, FAAN
Professor Emeritus

Former VP for Health Promotion, Chief Wellness Officer
and Dean of the College of Nursing
The Ohio State University

KySS Presenters



Evidence-Based Assessment and Management of Pediatric Substance-Related and Addictive Disorders

Amy E. Smith, DNP, MSW, APRN-CNP
Clinical Assistant Professor of Practice
The Ohio State University College of Nursing



Cultural and Family Considerations Related to Child/Adolescent Mental Health Care

Barbara Jones Warren, PhD, APRN-CNS, FNAP, FAAN
Clinical Professor
The Ohio State University College of Nursing



Suicide Screening and Assessment; Anxiety and Stress Disorders, Disruptive Behaviors in Children and Adolescents, Cognitive Behavioral Therapy

Pamela Lusk, DNP, RN, FAANP, FAAN
Clinical Associate Professor of Practice (retired)



Autism Spectrum Disorders and Developmental Screening

Karen Ratliff-Schaub, MD, MBOE
Clinical Professor of Pediatrics
University of South Carolina School of Medicine Greenville

