General Education Program Structure*

Bachelor of Science in Health and Wellness

Launch Seminar 1 hour

Themes 8-12 hours combined (4-6 hours each)

- Citizenship for a Diverse and Just World
- Lived Environments
- Origins and Evolution
- Traditions, Cultures and Transformations
- Health and Well-being
- Migration, Mobility and Immobility
- Sustainability
- Number, Nature, Mind
- + more in development*

Choose one:

- Lived Environments
- Traditions, Cultures and Transformations
- Health and Well-being
- Migration, Mobility and Immobility
- Sustainability
- Number, Nature, Mind
- + more in development*

Foundations 22-25 hours combined (3-5 hours each)

- Race, Ethnicity and Gender Diversity
- Social and Behavioral Sciences Sociology 1101^
- Historical and Cultural Studies
- Writing and Information Literacy English 1110^
- Literary, Visual and Performing Arts
- Natural Sciences Select from: Biology 1101^, 1110^, or 1113^
- Mathematical and Quantitative Reasoning

Reflection Seminar 1 hour

*For students entering Ohio State AU'22 or later
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Course fulfills GE Foundations requirement and degree or pre-requisite requirement
#For a complete list of themes, refer to oaa.osu.edu