

Bachelor of Science in Health and Wellness (HW)

Sample four-year curriculum

Year 1 Fall Semester		Year 1 Spring Semester	Coursework
3	GE Course	3	English 1110 Writing and Information Literacy*
4	Biology 1101 Introduction to Biology, 1110 Biology for the Health Sciences or 1113 Biological Sciences: Energy Transfer and Development*	4	Anatomy 2300, 3300 or EEOB 2510 Human Anatomy*
		3	EEOB 2520 or PHYSIO 3200 Human Physiology*
3	SOCIOL 1101 Introduction to Sociology*	4-6	GE Course
3	HDFS 2400 Human Development	14-16	Semester Total
1	Survey Course (Ohio State Freshmen only)		
14	Semester Total		

Year 2 Fall Semester	Coursework	Year 2 Spring Semester	Coursework
3	HW 2102 Evidence-based Strategies to Optimize Health, Happiness and Well-being	3	HW 2200 Introduction to Health Literacy
3	HW 2210 Dimensions of Wellness and Resilience	3	HW 2780 Scholarship for Evidence-based Practice
4	HW 2220 Wellness in Chronic Conditions	3	SOCIOL 3306 Sociology of Poverty
3	PUBHHBP 3510 or PUBHLTH 2010 Intro to Global Public Health	3	BUSMHR 2500 Business Management
3	HUMNNTR 2310 or 2410 Science of Human Nutrition	2	NUR 4150 Epidemiology Concepts in Nursing and Global Healthcare
		3	GE Course
16	Semester Total	17	Semester Total

Year 3 Fall Semester	Coursework	Year 3 Spring Semester	Coursework
3	Psychology 2303 Positive Psychology	3	HW 3230 Coaching for Health Improvement
3	HW 3430 Integrating Culture in Healthcare	3	HW 3220 Health Promotion Strategies for People with Chronic Conditions
3	HW 3240 Health Program Planning & Evaluation	3	HW 3490 Technology-based Health Promotion Strategies
4-6	GE Course	3	HW elective
3	GE Course	3	HW elective
16-18	Semester Total	15	Semester Total

Year 4 Fall Semester	Coursework	Year 4 Spring Semester	Coursework
5	HW 4300.01 Practicum I	5	HW 4300.02 Practicum II
3	Race Ethnic and Gender Diversity	3	SOCIOL 5629 Health Disparities
3	HW elective	3	GE Course
3	HW elective	3	GE Course
14	Semester Total	1	GE Course
		15	Semester Total

*Required prerequisite course. These courses must be completed with a C or better in order to be considered for admission.

GE requirement (Natural science is Anatomy and EEOB; Social and behavioral science is SOCIOL 1101)

*To achieve 120 credit hours, students will need to take an additional elective course offered by Ohio State.

If the English 1110 requirement is fulfilled with transfer credit equivalent to XXX 2367, students may be required to take additional elective hours to meet the credit hour requirement for graduation

FOR MORE INFORMATION: Visit us at: nursing.osu.edu/hw | E-mail: nursing@osu.edu | Call: 614-292-4041



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