Clinical Reflection Guide

The Clinical Reflection Guide is a tool for you to utilize after completing each clinical in your program. This guide will help you to reflect upon the experiences you have had. Your reflections will help you identify interest areas in nursing and the corresponding strengths developed. Use this to help write your resume and cover letter, update your career portfolio, and prepare for the interview.

Start and End Date of Clinical:

Clinical Site/Unit:

Number of Hours at Site:

Preceptor/Clinical Instructor Name:

1. Provide a brief description of the unit you were on, as well as the duties you performed. (You may include number of beds, type of patients, specialty training you received, etc.).

2. Describe some of the experiences and observations you had. What was your best? What was your worst? What personal strengths were utilized?

3. Would you have done anything differently during this clinical rotation? What did you learn about yourself during this rotation, personally and professionally?

4. What are areas of professional development, such as potential references or networking opportunities?

5. Explain if you would consider this type of nursing as a career.