Adult Psychiatric Mental Health Nursing

Adult Psychiatric Mental Health Nurses provide mental health services in PMH inpatient or outpatient facilities to people with mental illnesses, substance abuse problems, or dual diagnoses.

The primary goal of the Psychiatric Mental Health Nursing specialty track is to prepare graduates for professional opportunities as psychiatric mental health clinical nurse specialists (PMH CNSs) or nurse practitioners (PMH NPs). Nurses completing the program are qualified for both these areas of specialization and are eligible to take the PMH CNS or PMH NP certification exams.

In addition to the Psychiatric Mental Health specialty, students may complete another Nurse Practitioner specialty program in a time-extended program or as a post-master's certification student. Graduates completing a PMH specialty in addition to a primary care specialty are qualified to take both certifying examinations and are prepared to provide primary mental and physical healthcare. The program meets the nurse practitioner guidelines of the National Organization of Nurse Practitioner Faculties.

As part of the country’s most comprehensive health sciences center, the College of Nursing provides students access to cutting-edge research and knowledge, a diverse selection of elective courses, and interdisciplinary collaboration from among healthcare professionals.

**Essential skills**

Graduates enter the marketplace with the skills and proficiency to:

- provide mental health promotion and primary behavioral healthcare for persons who are at risk for mental health and chemical dependency problems
- put theory and research into practice with individuals, groups, families, and communities
- design, implement, and evaluate behavioral healthcare strategies
- utilize leadership skills to effect positive change in policies
- adapt professionally to the constantly changing healthcare environment
- contribute to the advancement of the profession

**Clinical experience**

Our program provides preceptors in a wide variety of geographic locations and clinical sites throughout Ohio. Students work with clinical specialists, nurse practitioners, psychologists, social workers, and physicians in ambulatory primary care and inpatient settings. Students must complete three hours of seminar and supervision, and 16 hours of clinical work per week during their final year of study.

**Specialty curriculum**

- Nursing 7450 Pathophysiology of Altered Health States
- Nursing 7410 Advanced Health Assessment
- Nursing 7470 Advanced Pharmacology in Nursing
- Nursing 7340 Neuroscience Principles and Concepts Relevant to Psychiatric and Mental Health Nursing
- Nursing 7341 Advanced Psychiatric and Mental Health Nursing: Therapies Across the Lifespan
- Nursing 7348.01 and 7348.02 Adult Advanced Practice Psychiatric and Mental Health Nursing

Additional core coursework will be required. Please visit the web site for details.

**Sample curriculum**

www.nursing.osu.edu/pmhn

**Upcoming changes to Psychiatric nurse program**

www.nursing.osu.edu/pmhn

**Specialty FAQ**

www.nursing.osu.edu/pmhn

**For more information**

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E-mail: nursing@osu.edu
Web: www.nursing.osu.edu

**IMPORTANT WEB LINKS**

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Graduate specialties
Graduate Entry information
Graduate Entry prerequisites
Post-Master’s option
Estimated tuition and fees
Financial aid
Check your application status
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